



‘Where the biggies leave off...’

# Hill & Lake Press

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Photo and caption: Michael Wilson.

Traffic gridlocked in both directions, stretching way into St. Louis Park, is the late-afternoon norm on West Lake St. and Excelsior Blvd (here seen from atop the Lake Street bridge). City planners' goal of reducing our vehicle use is hobbled by the fact that Met Council, not the city, controls transit. Few of these folks could use Southwest LRT because it is slated to go through parkland and an urban forest, not into Uptown where huge numbers of people actually live, work, shop and play.

**City planners want your input on transportation issues. Here's your chance to let them know.**

By Jeanette Colby

When the Minneapolis 2040 draft comprehensive plan was presented this past spring, many Hill and Lake residents noted a lack of real-life solutions to current and future transportation issues.

The draft comprehensive plan “disincentivizes” driving and seeks to promote walking, biking, and transit. In a city that sees snowy winters and steamy summers, distant workplaces and busy lives, people wondered how planners’ preferred transportation alternatives could ever attract a majority of residents?

The Minneapolis Public Works department may be taking that question seriously. They’re work-ing on a Transportation Action Plan, and say they want your input — they’ve posted a survey at [minneapolismn.gov/publicworks/gompls/index.htm](http://minneapolismn.gov/publicworks/gompls/index.htm). It takes about 15 minutes to complete.

This is your opportunity to share ideas about what might improve transportation around the city. The survey asks how you get around now, and how you would prefer to travel. If you’d like to bike, walk, bus or scooter more often, what might make it easier? You can weigh in on self-driving cars and Amazon deliveries.

And for anyone following the \$2 billion Southwest LRT saga or other issues, there’s a final question that asks, “If there is anything else you would like us to consider when developing the Transportation Action Plan, please tell us below.”

The plan will guide Minneapolis’ policies and priorities over the next 10 years. In addition to complementing the Minneapolis 2040 plan, “work on the Transportation Action Plan will also support the City’s Complete Streets Policy, Vision Zero Commitment, Climate Action Policy goals, and its commitment to equity,” according to the City.

So take the survey and express your thoughts on transportation in Minneapolis. You have valuable information and ideas, and you could even win \$25 (if you provide your contact information).

Minneapolis this time chose to go way beyond the requirements of state law and tackle some persistent issues, most notably the pervasive shortage of affordable housing. This rewrite, called Minneapolis 2040 because of the 20-year span of the data set prepared by Met Council, is “the first Comp Plan to use an equity lens, to think about how to give greater access and agency to residents who have been marginalized or ignored in previous plans,” Paul Mogush, principal project coordinator in the city’s long-range planning division, told Hill & Lake Press in May.

“It also seeks to remedy policy, planning, and other regulatory instruments that have perpetuated disparities, driven disinvestment, or treated particular groups (based on race, income, or geographic locations) differently because of historic practices such as redlining, racially restrictive covenants, and other racially-based policies,” Mogush said.

That’s a goal with which most can agree. The issue is, how do we get there?

As it quickly became clear when Minneapolis 2040 was publicly unveiled in March, planners want to

**Comp Plan 2040 to page four**

**As revised Comp Plan nears release, city pays PR firm \$80,000 to sell it to critical citizenry**

By Michael Wilson

What would you do if you devised a top-secret plan to remake the face of the entire city -- 265 pages comprising 14 goals, 11 topics, and 97 policies -- and parts of it met with withering criticism from broad segments of the citizenry when you rolled it out for comment?

You might conclude that top-down policy-making wasn’t an effective way to gain citizen buy-in, call a halt to the process, and truly engage the city’s residents with something more than just Post-It notes.

Or, if you were Minneapolis long-range planners or top city officials determined to create their own version of an urban metropolis, you’d spend \$80,000 (plus \$20,000 in “expenses”) on a public relations firm to help you “reframe the narrative” and ram the plan through to adoption.

And emblematic of the secrecy and dissimulation that had characterized the whole process, you would flat-out deny that you were hiring a PR firm after the contract with that firm had already been signed.

What’s going on here, of course, is the rewrite of the city’s Comprehensive Plan, required of all Minnesota municipalities every ten years. In the seven-county metro area, the Met Council is charged with furnishing the 283 municipalities with 20-year projections for population growth and data on a whole host of planning categories. The municipalities must respond with updates to their comp plans for accommodating the projected changes over the next ten years. St. Paul, Edina, St. Louis Park -- everyone’s rewriting their comp plans.

**First to use equity lens.**



Former City Council Member Lisa McDonald, co-founder of Minneapolis for Everyone, spoke on September 18 at a press conference in the Loring Park neighborhood. The text of McDonald’s comments is on page 6.

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**Lunch with Lisa**  
**September 26 noon.**  
 Come early to get your lunch and a good seat.  
**RSVP 612-673-2207**  
**St.Thomas downtown**

You are invited to volunteer in Thomas Lowry Park from 10am to 12 noon October 13. Friends of Thomas Lowry Park. Gloves, small tools, and treats are supplied.

**Park Siding Park Gardening**  
 Saturday, October 13 8:00-10:00 a.m.  
 Park Siding Park, 3113 W 28th St  
 Join CIDNA's volunteer gardening team. No gardening experience necessary. Tools provided.

**CIDNA Fall Festival**  
 Sunday, October 14  
 1:00-4:00 p.m.  
 Park Siding Park, 3113 W 28th St  
 Join us for the fun and festivities!

**Hennepin and Lake Community Wine Tasting** Thursday, October 11  
 6:00-9:00 a.m.  
 St. Mary's Greek Orthodox Church, 3450 Irving Ave S  
 Purchase your ticket to support your neighborhood organization! See the ad on page 13 and go to [HandLWine.eventbrite.com](http://HandLWine.eventbrite.com).

**Special Events at Plymouth Church—**

On Sept. 30, at 4 p.m., special concert to celebrate Philip Brunelle's 50th year as Organist-Choirmaster at Plymouth Congregational Church in Minneapolis begin. The concerts are free admission, and most are offered on Sundays. Everyone is invited to these special events at Plymouth Church!

Sept. 30, 2018 4 p.m., Philip Brunelle offers an organ recital featuring works by Gigout, Messiaen, Dupré and Argento, along with a hymn sing. A festive reception follows the concert.

Nov. 18, 2018 2 p.m., King David by Arthur Honegger: Plymouth Choir, St. Mark's Cathedral Choir, soloists, orchestra and actors combine for a special production.

Jan. 31, 2019, 7:30 p.m., internationally known pianist Angela Hewitt in an all-Bach concert.

Feb. 10, 2019 4 p.m., Daniel Roth, head organist at St. Sulpice in Paris, is known for his thrilling improvisations.

April 7, 2019 4 p.m., Recital by Plymouth soloists Maria Jette and Jenny French, sopranos; Lisa Drew, alto; Dan Dressen, tenor; and James Bohn, bass. Piano accompaniment by Philip Brunelle and Sonja Thompson.

**Isles Studio**

We are pleased to present our second Minnesota exhibit of paintings by Owen Brown. Brown, who was based in San Francisco for many years, moved to Minneapolis in 2016. He has exhibited nationally, and his works are in collections in this country, Asia and Europe.

Join us Thursday, September 20th from 5:30-8:00 pm for the opening reception. Isles Studio is located at 1311 West 25th Street in Minneapolis.

**HAPPENINGS IN THE NEIGHBORHOOD**

September 26, noon, Lunch with Lisa  
 Sept. 30, 4pm Philip Brunelle organ recital  
 October 13 Park Siding Gardening  
 October 13 Thomas Lowry Park Gardening  
 October 14 CIDNA Fall Festival  
 Wine Tasting See page 15  
 September 30, 20m Isles Ensemble

**Neighborhood monthly meetings**

**CIDNA:** 2nd Wednesday 6pm Jones-Harrison  
**EIRA:** 2nd Tuesday 7pm Grace Community Church  
**KIAA:** 1st Monday 7pm Kenwood Rec Center  
**LHNA:** 1st Tuesday 7pm Kenwood Rec Center



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**2020 W. Lake of the Isles Parkway**

**Sunday, September 30th -- 2 pm**  
 Caroline Shaw  
 Brahms - Schubert

**Sunday, November 11th -- 2 pm**  
 Bruch - Haydn  
 Shostakovich

**Sunday, February 24th -- 2 pm**  
 Pärt - Mozart  
 Tchaikovsky

**Sunday, May 5th -- 2 pm**  
 Reinaldo Moya - Brahms  
 Beethoven - Rachmaninoff

For more information: [islesensemble.org](http://islesensemble.org)

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## Meet your Neighbor Andrea Siegel

Craig Wilson interviews Andrea Siegel about her passions for the environment, eliminating litter, and working towards zero waste.

**Where did you grow up?** I grew up just north of the Twin Cities in Forest Lake, living in a little town called Scandia.

**What made you chose to live in Minneapolis?** I couldn't wait to move to the city, so I chose to start my college career at the University of MN. I traveled overseas for a year, transferred to UW – River Falls to finish my art degree when I returned, and then moved back to Minneapolis as soon as I graduated. I love the mix of people, cultures, food, arts, the parks—all of it.

**When did you start taking actions to care for the environment?** I love animals and being in nature, and I've always cared about human impact on habitat and natural resources for as long as I can remember. I've been a vegetarian since I was 3 my mom would say, when apparently, I told a server that "I don't eat things that walk." I guess that was my first action.

**Are you passionate about picking up litter?** As far as litter goes, I've always picked it up if there was somewhere easy to dispose of it. I think it makes people feel better about their environment. It's only in the last year, as I've become more aware of the problem that plastic pollution is creating in our environment, that I've been intentionally picking it up even when there isn't an easy place to dispose of it nearby. The pockets inside the doors of my car are often stuffed with litter I've grabbed in a parking lot or on the side of the road. My bike basket often contains to-go cups, plastic lids, and straws.

**What is "zero waste"?** Zero waste living aims to send nothing to an incinerator or landfill by reducing, reusing, repairing, and recycling (this includes organics recycling, or composting).

**Are you able to achieve zero waste at home?** As far as zero waste, it's not easy, and it is a big goal to work towards. I have a long way to go. My family and I live low-waste, producing one 4-5 lb. bag of garbage per month, which easily fits in a standard 13-gallon size bag with room to spare. Yes, I weigh it. The rest of our waste is recycling and compost. According to 2013 numbers from the EPA, the average American produces 4.4 lbs. of waste per day! I'm always looking for ways to produce less, but the way products and our food system are designed makes it tough. There is so much packaging. In our house, we are working to undo years of bad habits.

**What is "Litter Be Gone" and what role do you play?** Litter Be Gone is a citywide litter cleanup event-taking place October 4-13, 2018 across Minneapolis. Neighborhoods, businesses, schools, and residents are coming together with pride for their community to clean up litter on their sidewalks, boulevards, streets, storm drains, alleys—wherever litter accumulates in



their neighborhoods. We want to bring awareness to the negative impact litter has on our waterways, wildlife, neighborhood pride, and businesses. I am on the planning, PR, and outreach team for the city-wide event, and am also the volunteer organizer for my neighborhood's cleanup. Residents can learn more and sign up to participate at [www.litterbegone.org](http://www.litterbegone.org).

**Where does our waste in Minneapolis go?** Waste from single-family homes like mine goes to three different places, depending on how residents choose to sort. Recycling goes to Eureka Recycling, which is a zero-waste nonprofit organization. Trash goes to the city incinerator. Organics goes to an industrial compost site.

**How can Hill Lake Area residents make a difference in eliminating litter and waste?** As far as litter goes, lead by example and pick it up. Maybe some-

one will see you doing it and start doing it, too. This doesn't stop littering, but helps discourage it and stop it from polluting our waterways and environment. The ways to eliminate waste are endless. I started out by focusing on the following: Saying no to single-use. A good place to start is eliminating single-use and switching to reusable shopping and produce bags, water bottles, coffee cups, straws (or simply skip them), silverware, plates, and to-go containers, like those for lunchboxes. I keep a little kit in my backpack and my car.

**Eliminating food waste.** Another important step is eliminating food waste. The USDA estimates that American's waste between 30-40% of our food supply. Plus, the resources that went into growing and preparing our food are wasted, too, when we throw food out. So, please eat up those leftovers, only buy what you need, share with a neighbor, and freeze stuff for later. I'm a big fan of the "garbage smoothie." I throw any fruits and veggies that are getting past their prime into my blender, add ice, and voilà! A healthy meal + food waste prevented. Any food scraps you do have leftover can be composted through the city's curbside organics recycling program or a park drop-off site.

**Evaluate packaging.** Another action is to choose products with little to no packaging. For example, buy the broccoli that isn't wrapped in plastic and the apples that are loose vs. in a plastic net bag. I was listening to the co-Presidents of Eureka Recycling speak in a global dialogue on waste and they said that something like 70-75% of recyclables they process in Minneapolis have a

Neighbor continued on page 4

**Antiques Bel Air**  
PURVEYORS OF FINE ANTIQUES IN LOWRY HILL



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## Cedar Lake South Beach, for generations a place of tranquility and fun



Young Paul Wallof III stands near today's South Beach in this 1896 image made by his uncle, photographer William Wallof. The George F. Warner mansion stands in the background on what is now Burnham Road. It would be another twenty years before the Kenilworth Channel was completed, lowering the level of Cedar Lake by five feet. Young Paul and his parents, Paul Jr. and Mattie, and uncle William all lived in brother Edward's new mansion at 2200 Sheridan in Kenwood, along with Edward's wife Ida and their three children. Google "HCL Digital Collections," click, and scroll down (fourth from bottom) to view 350 more of William Wallof's photos. (Photo: HCL Special Collections. Caption: Michael Wilson, with assistance from Cedar Lake historian Neil Trembley.)

### ISALAH to Host Hennepin County-Wide Candidate Forum

'Power, Pain, Politics and the Polls' to feature candidates running for county sheriff, attorney, commissioners for all three contested districts

WHAT: ISALAH, the faith-based community organizing coalition, is hosting a Hennepin County-Wide Candidate forum. This forum will include candidates for county sheriff, attorney and commissioners. Attendees are invited to learn about their candidates in order to make informed decisions in the voting booth in November.

Hennepin County residents have a lot of power through their vote when it comes to creating a just, caring and safe community in Hennepin County for everyone - regardless of race and class. They also have the power to ensure that their elected officials are supportive and welcoming to Black and brown immigrants in Hennepin County.

WHEN: Sunday, September 23, 2018 2:00 PM - 4:45 PM

WHERE: New Creation Church, 1922 25th Ave N, Minneapolis, MN 55411

WHO: Invited candidates:

Hennepin County Sheriff: Dave Hutch and Rich Stanek

Hennepin County Attorney: Mike Freeman and Mark Haase

County Commissioner District 2: Irene Fernando and Blong Yang

County Commissioner District 3: Marion Greene and LaDonna Redmond

County Commissioner District 4: Angela Conley and Peter McLaughlin

WHY: Two major focuses of this forum will be 1. Putting justice and community into the criminal justice system where Black and brown people will no longer be criminalized through mass incarceration and disparity; and 2. Getting ICE out of Hennepin County as this has increasingly become a rogue institution that impedes on the county's clear priorities of keeping all of Hennepin families safe and together.

We can create a Hennepin county that works for all of us, white, Black, Brown, Indigenous, etc. This will only happen through transparent, accountable and inclusive involvement and relationships by all Hennepin County residents and our elected representatives.

ISALAH is a multi-faith, multi-racial, state-wide and nonpartisan faith-based community organizing coalition in Minnesota. Our 200 member and partner congregations and mosques create racial and economically equitable communities through intentional, intensive leadership development; collective, faith-based actions; and deep partnerships with grassroots organizations and public servants.

### Meet your Neighbor from page 3

local market, like paper and glass. If package-free isn't an option, choose to buy products that are packaged in recyclable containers. If you need sugar, and you don't have the option to buy it in bulk using your own container, the next best thing might be to choose the sugar in the recyclable paper bag vs. the non-recyclable plastic bag. Or, a personal example, if my daughter wants applesauce for her lunches, I buy the large glass jar and put a single serving in a reusable container vs. buying individual, non-recyclable plastic squeeze pouches.

Also, when possible, shop local to avoid extra packaging from shipping.

**Is it difficult and time consuming to be mindful of waste?** I'm grateful that I have the ability to take these actions. After a little practice, I have come to realize that it takes very little effort or time for me to make these choices and it often saves me money. What's most important to me is that I'm taking action to reduce waste, litter, and pollution in my environment, and I'm setting this example for my kids.

### Comp Plan 2040 from page 1

accomplish their goal by creating vast amounts of new housing through an unprecedented up zoning of the entire city. Four- and six-story buildings would line all "transit routes" through the city, including West Franklin and West 22nd Avenues in Lowry Hill and Kenwood. Thirty-story residential skyscrapers would be encouraged south of the Greenway in Cedar-Isles-Dean.

#### The unanticipated bombshell: fourplexes.

But the biggest bombshell -- leaked a week before the plan's official unveiling, to the great consternation of the city's planners -- was "fourplexes," multifamily buildings which would be allowed on every single residential lot throughout the entire city. In two of the three new residential district categories lots could also be combined so that even larger multiple-family buildings could be constructed.

As people dug further into the plan they saw that all the Small Area Plans, carefully crafted by neighborhood associations with city guidance, were to be overridden. This fits with the message neighborhood associations have been getting from City Hall that top leadership aims to marginalize them. The Shoreland Overlay district was not mentioned, not even once, in the entire plan.

Explicit in the plan was getting people out of their cars and onto bikes, walking, and riding the bus. Creating walkable neighborhoods is a goal most can share, but a major problem is that the city does not control transit. The Met Council does, and they are strapped for funds. It's hard to think of going carless given the transit system we're currently stuck with for the foreseeable future.

Hennepin County currently takes in about \$125 million a year from the half-cent transportation sales tax, but commissioners are choosing to spend it all on Southwest LRT, for which the county now bears total financial responsibility. The bus rapid transit D Line, planned to run from Brooklyn Center to Mall of America through the heart of north and south Minneapolis, is currently shelved for lack of \$35 million to fully fund it. Meanwhile, Hennepin County commissioners voted 5-2 on May 31 to give SWLRT another \$204-million budget bump. So much for spending wisely to put mass transit where masses of Minneapolis people actually live, work, shop, and play.

Most troubling to many was the way the plan's focus on inequities and racially-based policies became a dog-whistle for some in the white community to attack others in the white community as elitists and racists who want to keep "renters" and "those people" out of their neighborhoods, all under the pretext, they charged, of preserving the status quo and protecting property values.

#### Minneapolis: city of 10,000 comments.

Residents of the four Hill and Lake neighborhoods were particularly targeted, and they -- along with thousands of others -- let their reactions be known. Planners said they wanted comments, and they got them: over 10,000, far more than they ever anticipated. Planners promised to read and process every comment, but to date they have refused -- despite formal data requests -- to release a work plan detailing how they are doing so. So much for citizen input.

The revised Minneapolis 2040 draft is due for release soon, perhaps next Tuesday, September 25, at the 5 pm meeting of the Neighborhood Community Engagement Commission meeting at the Central Library. No one knows for sure, which is part of the Goff PR firm's game plan.

As a Cedar-Isles-Dean resident said at the September CIDNA board meeting, "The city sends out rafts of postcards and letters for all manner of hearings and public works activities, but they can't communicate with us directly about something as critical as remaking the entire city?"

Comp Plan to page 5

Goff's communications strategy for release of Draft 2, dated August 15, calls for tight control of the public process for reviewing and commenting on Draft 2. Marketing materials will be created, including "social media content calendar with suggested posts" and "content for Council Member electronic newsletters."

#### After release of Draft 2, media blitz begins.

Goff-coached planners will have "embargoed conversations with reporters in advance of the release of Draft 2". (They haven't contacted Hill & Lake Press yet!) After release of the plan the blitz begins with "press releases, social media, website updates."

Keenly aware that the end goal is to get seven Council members to vote to adopt the plan, Goff counsels singling out the good guys for preferential treatment: "News conference with supportive Council Members and third-party validators."

One of the primary goals is to "demonstrate that city staff have seriously considered public comments" and "will be considering ways to incorporate changes into the plan to reflect this robust public feedback."

A key strategy tactic is to "identify third-party validators who can publicly support key elements of the plan ... and develop shared messaging." (The HLP editorial department is checking their VMs.)

Tweaks to the plan have made it into the news, whether intentionally or leaked. On September 14 the Star Tribune reported that Draft 2 will call for only triplexes on 40-foot lots. Left unsaid is that fourplexes and combined lots for bigger buildings will still be allowed everywhere else in the City.

Could we have ended up with a better comp plan update, with widespread citizen buy-in, if city planners had used a bottom-up strategy instead of a secretive top-down strategy? We don't know. What *is* clear is that all Minneapolis residents need to pay close attention to Draft 2 and make up their own minds, independent of the spin that the city's PR firm will put out there. And continue to make your voices heard.

**The Basilica of Saint Mary celebrates 150 years** as a parish with the Sesquicentennial Celebration Masses Sunday, September 30 at 9:30am and 11:30am with Archbishop Bernard Hebda. The parish was founded in the "Shed Church" in 1868 near the west side of the Mississippi River and has continued to grow and thrive for 150 years. The Basilica's vibrant community, with over 12,800 members, will mark the historic anniversary with a year of celebrations, events, and art exhibits.

Throughout the history of the parish—including two locations, three churches, and eleven pastors — there have consistently been the people who have lived and worshipped here as a community. Over the past 150 years, the parish has always been a home to immigrants, committed to serving people in need, and a community of hope.

"This anniversary is about celebrating the Basilica community—the people of the parish, not the building—as a spiritual home, a place of peace, and a place of refuge for 150 years. We plan to not just look back, but ahead to the future growth and needs of our parish," said Fr. John M. Bauer, Pastor of The Basilica of Saint Mary.

#### Sesquicentennial Opening Celebration Masses Sunday, September 30 – 9:30am and 11:30am

The Celebrations will include large entrance processions along with music from The Basilica Cathedral Choir, Mundus Contemporary Ensemble, organ, and brass ensemble. Archbishop Bernard Hebda will preside at both Masses and all past priests who have presided over the years at The Basilica are invited to attend. The public is welcome to attend.



#### MEMO TO LOCAL TURKEY: THANKSGIVING ONLY TWO

By James P. Lenfestey

[www.coyotepoet.com](http://www.coyotepoet.com)

We have several new neighbors at the corner of Girard and Lincoln, generally a happy occasion. Manifold construction bins are a sure sign of neighborhood improvement, at least until next year's property tax bills arrive.

But not all neighbors leave an unerring happy impression. Consider our newest neighbor, a "wild" turkey.

I remember the traces of massive prehistoric feet up the sidewalk the day after the terrible April blizzard. The three toed killer tread marched one after another straight up Girard Avenue from Franklin like a confident door to door salesman. Where could this mythological beast be headed?

Where Meleagris gallopavo arrived, and where he lived and loved, remained unknown to us until this summer, when he became a daily visitor to our back yard, where he dominates the scrum for dropped birdseed with the chipmunks, squirrels, occasional gruesome opossum, and of course the relentlessly piggish and highly undesirable English sparrows.

The problem with this turkey is its self-confidence. It believes it is the lord of wherever it is, in this case our backyard. If a cat, dog, squirrel, or snake approaches, it scares them away with a nasty display of primitive aggressiveness.

If a human were to approach, watch out! Of course, we are wary, previously schooled in wild turkey behavior. On a biking trip in SW Minnesota one June, my left leg was bum-rushed by a female turkey intent on killing my ankle, calf, and if luck, the rest of me. We are taking no chances with this prehistoric monster.

Let us pause for a moment, to consider this "wild beast." When my very pale ancestors arrived at Plymouth Colony in 1620 (questionable genealogy), sore pissed off at the island they left on contested religious freedom, they set out to starve. What fun, this barren land!

Except of course it was not barren but filled with mostly empty fields left by native farmers felled before harvest by various plagues implanted by earlier visiting Eurobrigands.

Nevertheless, the remaining Wampanoag demonstrated not only friendliness but a variety of agricultural and culinary innovations they were more than happy to share, as today indigenous chef Shawn Sherman and neighbor Beth Dooley will be happy to further reveal to you if you buy their cookbook, "The Sioux Chef's Indigenous Kitchen" (Milkweed Editions).

One of those culinary discoveries was the turkey, also native to North America. Flash forward to 2018 and the state of Minnesota has become the largest producer of domestic turkeys in these formerly United States, lucky us. But that is NOT the guy we see parading around our back yard daily. No, this guy is huge and ugly, and an omnivore to boot. It eats anything, including, I'm sure, human flesh.

Most turkeys on a platter in the kitchens tend toward five to 20 pounds and nearly 4 feet tall. But like his cousin omnivore, homo so-called sapiens, this one seems to have evolved taller and heavier and more obnoxious since Contact. I may be hallucinating but guessing this guy is 6 feet tall and 180 pounds of pure



Photo by Susan Lenfestey


disagreeableness. He looks you straight in the eye, squawking, "I WANT TO DRINK YOUR BLOOD!" I squawk back, "I WANT TO ROAST YOUR FLESH!" An ugly standoff.

Who will win? Will Monster Tom succeed in tripping me to the ground and quickly pecking out my eyeballs and clawing my vitals before tearing out my jugulars in a fountain of blood?

Or, with this six-foot, 185-pound human, armed with ax, kitchen knife, twine, and two prehensile thumbs, grab him by the neck and twist him around and around in the air like a Chinese kite, before dressing him up for Thanksgiving dinner?

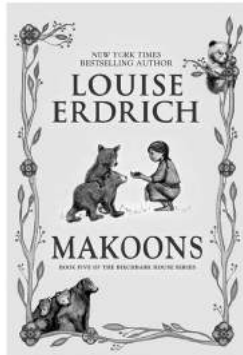
Tune in next month, or the following, for the grisly conclusion of this neighborhood tale. It will arrive no later than Thanksgiving dinner.

Ok, wishful thinking, 189 pounds, but after a summer of excess for me and this turkey, this fall we are determined to lose those extra pounds. Unless my body again takes up residence on the couch to watch football games, for which beer, brats, bacon, cheese and chips are required (the fabled fall BBBCC Diet) Then all bets off until after the disappointment of the Super Bowl. Go Pack! Go Vikes!



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**Text of Lisa McDonald's remarks  
during press conference regarding  
"Minneapolis 2040"**

Courtesy of Mary Pattock

**Citizen Group Demands Restart of City Comp  
Plan Process**

**"This Time, Involve Neighborhoods, Assess  
Environmental Impact"**

Minneapolis, mn/ At a press conference Tuesday morning in the Loring Park Neighborhood, former Minneapolis City Council member Lisa McDonald called for Minneapolis City officials to restart the "Minneapolis 2040" comprehensive planning process, this time with inclusive, good-faith citizen participation. Accompanying her was Jana Metge of Citizens for a Loring Park Community, one of many neighborhood organizations whose Small Area Plans have not been incorporated into "Minneapolis 2040."

Below is the text of McDonald's comments.

On Saturday morning the community read in the Star Tribune just how incompetent Minneapolis City Planning is in the face of overwhelming public opposition to their Minneapolis 2040 Comprehensive Plan.

They have hired a public relations firm to convince us that we actually do like it!

They have hired Goff Public, a Saint Paul firm, for a cool eighty thousand taxpayer dollars!

Furthermore, in an empty gesture designed to give the impression they are actually honoring citizen concerns, they have proposed meaningless tweaks to the plan — while remaining tone-deaf to what is really causing the discord they have sown in the community.

It's more than the four-plexes.

It's more than taking away their cars.

It's more than jeopardizing their beloved lakes and redesigning whole neighborhoods.

It's more than the financial bonanza for developers who have contributed generously to political campaigns.

It's their arrogance.

From the get-go City Hall has ignored us.

Behind closed doors they designed a social experiment that has been tried nowhere else in the nation, and they are hell-bent to try it out on us, regardless of opposition.

They told neighborhood associations to forget the Small Area Plans they worked years to create, and that their plans will be overridden by the city's social experiment.

They have consistently withheld information from us — for example, denying they had hired a PR firm when we asked them several times, including with a formal data practices request.

Adding insult to injury, they have positioned the plan to imply that anyone who dares disagree with them — for any reason — is racist and a bad person.

This is a gratuitous insult to thousands of good people, especially those who have spent years working for civil and human rights and to protect the environment!

One reason Minneapolis is a great city is that it has a tradition of listening to, partnering with, its citizens.

That's why this new disdain for citizens is so stunning. It's a complete reversal of this tradition and an assault on citizen engagement.

Consider some of the exclusionary measures the PR firm is recommending:

- To — quote — reframe the narrative about the plan and about future growth — as if they can hood-wink naïve citizens with some creative writing.
- To create marketing materials that council members who support the plan can use to lobby other council members who oppose it!
- To keep council members who oppose the plan in the dark about the new draft plan as long as possible, so as to spring it on them just before the vote;
- And to keep the public in the dark as long as possible, by embargoing communications with reporters until just before the plan is released.

Should taxpayers have to pay a PR firm for lessons on how to ignore the public?

We don't think so. We hire city officials to represent, not bamboozle, us.

When officials we hire to represent us wrap their

**Isles Ensemble musicians return on September 30 for four-  
concert 15th season**

By Michael Wilson

The eleven musicians of the Isles Ensemble, string players all, return to our Hill and Lake neighborhood for their 15th season with a concert on Sunday, September 30, at 2 pm at Lake of the Isles Lutheran featuring works by Carolyn Shaw, Brahms, and Schubert.

In 2004, according to Leslie Shank, violinist and Lowry Hill East resident, she and violinist Joanne Opgenorth were walking around Lake of the Isles and were struck by the beauty of Lake of the Isles Lutheran Church as they viewed it across the water. Opgenorth poked her head in the church, Shank recalls, and said, "The acoustic is great. This would be a marvelous performance space for a chamber group." Shortly afterwards the Isles Ensemble was born.

The Isles Ensemble members come from the top tier of chamber musicians in the Twin Cities. Chamber music is their passion, and their mission is to help build a vibrant chamber music community in the Twin Cities.

work in secrecy, they feed the already rampant belief that we cannot trust our government to tell us the truth.

Because the City has failed to engage the community in any meaningful way, Minneapolis for Everyone calls on the Mayor and the City Council to stop the process — and restart it, this time with inclusive, good-faith citizen participation.

The City should:

First— Provide the public with an honest accounting and summary of what citizens really said in online comments, emails, and meetings.

Second— Fire the PR firm.

Third — Use the \$80,000 saved from the PR firm to relaunch the planning process, this time communicating in good faith with all of us, not a cherry-picked few.

That includes working with our neighborhood organizations. They have the knowledge and decades of real-life experience to help Minneapolis wrestle through our challenges to solutions that are good for everyone.

Fourth, assess the environmental effects of the proposed plan.

Minneapolis 2040 would substantially affect our beloved natural resources — our lakes, parks, trees and green spaces. But the City has made no effort to identify or assess those impacts.

Environmental assessments must be done.

So this is our message to the City:

We are citizens. It is our role and our right to participate in creating a shared vision for our own community. Stop trying to force your vision on us. Restart this plan — and work with us — all of us, in good faith.

This is our message to the public:

By denying us the opportunity to join together in planning our future, the City is driving us apart. No matter who we are, or where we live, or what we drive, all of us in Minneapolis will benefit from coming together to create a shared vision.

We urge everyone to call Mayor Jacob Frey to demand a halt to the process, and allow true community involvement in planning our city's future.

Here is his number: 612-673-2100

We urge you to also contact your city council member.

Demand that you, your neighborhood, and every neighborhood be heard.

As marginalized groups have always insisted: "Nothing about us — without us."

Thank you.

The players introduce each piece with a few brief remarks about the music to provide some listening guidance as well as a performer's perspective, Shank says. After each concert, audience members are invited to join the performers at an informal reception for a chance to mingle, meet the players, and discuss the music in more depth.

The players all agree Lake of the Isles Lutheran Church, built in 1925, has excellent acoustics and provides a beautiful and intimate atmosphere for enjoying music. And we all appreciate the ease and convenience of wonderful music right in our own backyard.

**Shaw was youngest Pulitzer winner in 2013.**

The September 30 concert begins with Entr'acte, by Carolyn Shaw. "I am excited that the Isles Ensemble can introduce our audience to the remarkable music of Caroline Shaw," says cellist Tom Rosenberg. "She is a violinist, singer and composer whose music seems tremendously genuine and organic. She is the youngest composer ever to receive the Pulitzer Prize in 2013 at the age of 32 and maintains a busy career of performing and has become one of the most sought-after composers. The SPCO is one of the many musical organizations that have commissioned her for a new work."

Entr'acte, a piece approximately ten minutes in length, is a beautiful work in which the string quartet is used in fascinating and varied ways, according to Rosenberg. "Many parts sound vocal...at times like choral music, at times like speaking and conversation. Colors, special techniques and the use of silence draw the listener into her beautiful and sometimes strange world. After the opening music returns near the end of the piece, the music seems to vaporize, and the listener is transported to a completely new place that seems to have limitless space."

Adds Rosenberg, "So that's what MY imagination gets from this piece. I am sure our audience will love Entr'acte as it will affect each person in a different way!"

**Schubert at his most delightful.**

The concert continues with Schubert's Sonatina in D Major, D. 384 (Opus 137, No. 1). David Leung explains that Mozart's spirit is strong in the three violin sonatas Schubert composed in March and April of 1816. These are 'Sonatas for piano, with violin accompaniment' with a very classical model in mind. "When the sonatas were published by the firm of Diabelli (yes, that's the same name that Beethoven used for his famous piano variations) in 1836, eight years after Schubert's death, they were advertised as 'sonatinas', doubtless to lure the fast-growing amateur market," Leung says.

The music is technically undemanding yet highly dramatic in this D major sonatina, D384. Schubert seems to have modeled the main theme of the Sonata in D major's opening Allegro molto, heard first in unison then in free imitation between violin and piano left hand, on Mozart's legendary E minor Sonata, K304, according to Leung.

"Nonetheless," Leung says, "Schubert's compact movement is far more amiable, even naive, not least in the delightful second subject. The song-like and elegant Mozartian outer sections of the A major second movement enclose a contrasting A minor melody for violin, while the swinging and playful 6/8 finale (almost jig-like) alternates a bounding refrain with episodes featuring numerous episodes of imitative counterpoint, and brings the bubbling work into a humorous and brilliant ending."

**'Grand and heroic' Brahms piano trio.**

The September 30 concert concludes with Brahms' C Major piano trio, Opus 87. "I am really looking forward to playing one of the masterpieces of the chamber music literature, the second piano trio of Johannes Brahms," says cellist Laura Sewell, who will be joined by colleagues Leslie Shank, violin, and Ivan Konev, piano. Brahms was notoriously picky about which of his works he allowed to be published so virtually ANY

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piece by Brahms that has come down to us has been gone over with a fine-toothed comb for sure!

"We musicians often lament the fact that there were undoubtedly many wonderful compositions of Brahms' that ended up in the trash bin," Sewell says. "Needless to say, the trio we are going to play on the 30th is one of the most beautiful and beloved works for violin, cello, and piano. It is a grand and heroic piece with gorgeous singing melodies and virtuosic writing for all three of us."

Sewell is pleased to pass on some Isles Ensemble news -- David Leung and Ivan Konev, both of whom are playing on the opening concert, became first-time fathers within the last month. "I think they are both really good sports to be playing on the September concert!" Sewell says.

Future concerts are on November 11, February 24, and May 5. Find out more about the musicians at <islesensemble.org.>



Isles Ensemble members, from left: Sifei Cheng, violin; Ivan Konev, piano; David Leung, violin and viola; Laura Sewell, cello; Tom Rosenberg, cello; Leslie Shank, violin and viola; Thomas Turner, viola; Timothy Lovelace, piano; Helen Chang-Haertzen, violin; Stephanie Arado, violin; and Joanne Opgenorth, violin. Go to <islesensemble.org> to learn more about the musicians.

Photo: Leslie Shank and Sifei Cheng

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## Sand Upon the Waters

By Tom H. Cook

When JoAnne (the editor) and I learned we were going to be grandparents, we were ecstatic. After the joy, I began to worry. Where would I find a tiny home with a dimly lit parlor, fragile dark wooden furniture adorned with doilies, heavy drapes, a large collection of china figurines, a knotty pine cellar, a wall of bound National Geographics, comfortably heated to 87 degrees year-round? What kid wouldn't want to spend a Sunday there and perhaps stay for supper? The thought ran through my mind. Mother and I would have to become more somber, wear cardigans, call them tykes or little shavers, keep a candy dish of aged root beer suckers, pretend to pull nickels out of their ears and teach them to fetch slippers. I could sit in my rocker with a shawl, listen to CONELRAD, and complain about the government.

I kept that last part but then my 1950s thought bubble burst. We had not been conventional parents and our children, Romulus and Remus (Ben and Rachael) had turned out alright. Why not be fun grandparents? It is five years later and we are blessed to have three young grandchildren from both families, all four and under. As the children are at the stage of being uproarious, we have worked to create a fun environment they would want to visit.

There are people adept at picking penny stocks, doing New York Times Sunday crossword puzzles in ink, or remembering the names of someone they met at a Bastille Day party a quarter century ago. My particular talent has always been finding objects of questionable value discarded by others. I do not haunt landfills or dumpsters, but I am naturally curious. For me, a great morning is enlisting my two border collies, Hannah and Tess, and wandering around, following our noses. I admit to having an extra spring in my step on Trash Eve

and Trash Day, but you never know what may turn up any time. For the dogs and me, it is the thrill of the hunt.

"Shopping" for the grandchildren and furnishing our backyard has opened up whole new world. Salvaging discarded giant toys is a very niche market as the items are large, plastic, and cumbersome. I see this as an opportunity to virtually eliminate the competition. Many would quite accurately assess my finds as worthless eyesores, cluttering what was a very nice yard. These skeptics have never visited on Anything Can Happen Sunday.

The best find until recently was a riding Thomas the Train set with 10 feet of track. Now Thomas has been usurped. I do not know if any of the children harbor presidential ambitions, but when I saw this molded plastic log cabin abandoned on a curb, it was love at first sight. Despite it standing 5 feet tall and weighing about 50 pounds, it just looked like it would fit atop my Mazda Miata. I am more impulsive than patient, and very reluctant to disassemble and rebuild, so up it went. The dogs and I had to sit forward somewhat, but the log cabin balanced nicely. We passed a police car, but that public servant assiduously avoided our glance. The transport was a challenge but worth the stares, beeps, and thumbs ups. Now the kids have a playhouse they can all fit in. When there are no visitors the dogs move in for the shade.

Tom H. Cook remains a semi-regular columnist writing on the European Common Market and Pacific Rim economies. His latest favorite sleeper recommendation is "Melvin Goes To Dinner" on Netflix.



Tom Cook's Log Cabin Delivery Service

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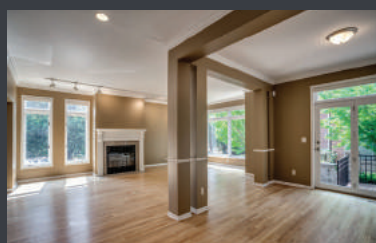


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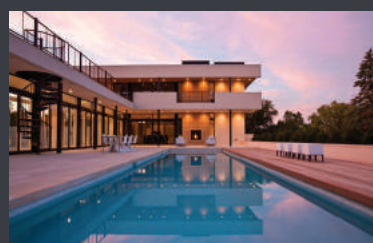
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Photo by JoAnne Cook

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## EAST ISLES RESIDENTS ASSOCIATION

Respectfully Submitted by: **Debbie Gold, Secretary EIRA Board of Directors**

### Minutes from the EIRA BOARD OF DIRECTORS (BOD) Meeting

Tuesday, September 11, 2018 Grace Trinity Community Church

Board members present: Mike Erlandson (Vice-President), Amy Sanborn (Treasurer), Debbie Gold (Secretary), John Grochala, John Morrow, Steve Havig, Ellen van Iwaarden

Board members absent: Brad Ash (President) Peter Mason, Julia Curran, and Joe Gibbons,

Guests: Judy Enenstein, Jack Whitehurst NCR Welcome & Call to Order: Mike Erlandson, EIRA Vice-President 7:05 p.m.

Introductions – All

**Guest Speaker, Jack Whitehurst NRP**, City of Minneapolis. Jack came to deliver the City of Minneapolis' annual diversity survey for neighborhood group leaders. He also came to discuss how the money from the City gets allocated to neighborhood organizations and to give an update on our NRP funding accounts and plans. He explained how much of the money has been used, allocated or remains available for use and the various contracts that remain open or have been allocated. He presented a status report for all three phases of NRP and CPP funds.

**Resident Judy Enenstein** presented a proposal for EIRA to provide grants to residents to test for lead in household tap water. The ECCO neighborhood is currently doing this and Judy presented their plan of action. The board discussed and it was decided that the NRP would discuss it further at their next meeting with the possibility of bundling a grant for both lead and radon testing in neighborhood households.

#### President's Report N/A

#### Treasurer's Report

Amy reminded the board that our 501c3 status has expired. We are currently a 501c4. A motion was made and seconded to reapply for 501c3 status so that larger sponsors to events such as the Farmers Market and Wine tasting, can deduct their donations to the full extent of the law. Amy hopes to have a full reporting on EIRA CPP and NRP balances and transactions from the past few years by the next board meeting in October.

#### Committee Reports

##### NRP

The NRP Committee recently met and set forth several priorities for the neighborhood including restoration along Lake of the Isles, support for The Bridge and affordable housing. As a result of the NRP Committee

Action, Chair Mike Erlandson offered several motions. First a proposal to allocate up to \$35K for East Isles Park Restoration and Public Safety. The work will be performed by Tree Trust, a non-profit organization that trains young adults, as they do the work, so that they have a marketable job skill going forward. The board agreed it is a win-win for the larger community. The first bid—just under \$13K—was received for the first part of the Tree Trust work. Mike will reach out to the Park Board to remind them this work will take place this fall on the east side of the lake between 22nd street and the bridge on the south end of Lake of the Isles. Motions were made, seconded and unanimously approved to support the project and to approve the initial allocation of funds to Tree Trust. Funds are available in the appropriate NRP accounts for open spaces, other funds will be reallocated as necessary by working with the City NRP staff

A motion was made, seconded and unanimously approved to provide \$15K to The Bridge for upgraded lighting at their main facility (1111 West 22nd Street). Some of the existing lighting fixtures are broken and sparking. Others are no long working and leave portions of the building poorly lit, raising safety concerns and fixtures need to get replaced for energy efficiency.

A motion was made, seconded and unanimously approved to provide a \$40K Loan to Propel. Propel is a non-profit organization focused on affordable housing in the City of Minneapolis. EIRA has previously loaned funds to Propel. The NRP staff at the city is working with Propel to leverage funds from several neighborhood organizations in order to support a larger project.

##### Social

The annual Ice Cream Social was held on Tuesday, July 31st and chaired by Michael Gold. The Board acknowledged Michael for his success.

##### Super Sale

The annual super sale was held on Saturday, September 8th and was the largest sale to date with more than 50 households participating. The board thanked Shelly Itman for the fantastic job she did chairing this event.

##### Wine tasting

The annual wine tasting to benefit neighborhood associations is presented by Hennepin Lake Liquors and will be held on Thursday, October 11th from 6-9 P.M. at St. Mary's Greek Orthodox Church, 3450 Irving Avenue South, Minneapolis, MN. Amy Sanborn reported that there will be more than 70 different wine distrib-

utors. Bader development is one of the largest sponsors at \$2500. Board members were asked to sell tickets for the event, which will directly benefit EIRA. Tickets are \$25 each and can be purchased online.

##### Farmers Market

Director, Debbie Gold provided an update on the Farmers Market. Attendance has ranged from 440-675 each market. Most attendees arrive on foot or bike, with more specific numbers becoming available at the conclusion of the Minnesota Farmers Market Metrics Project, of which the East Isles Market was a participant. Continued efforts are being made to get the word out. The goal is to double foot traffic next year. Gold has spoken to the Uptown Association regarding the use of their rigging for a banner across Hennepin and Lake Street during spring of 2019. The market remains vibrant and has experienced some natural vendor attrition. Overall, the neighborhood has expressed continued enthusiasm. Plans are already underway for next season.

\*\*Join your neighbors every Thursday from 4-8 P.M. for fresh, local produce, honey, maple syrup and farm-raised eggs, chicken, beef and lamb. Live music and food trucks rotate weekly. Last market date is Thursday, October 4th. For more information about the farmer's market, visit our new website: <http://www.eastislesfarmersmarket.com> or contact: [director@eastislesfarmersmarket.com](mailto:director@eastislesfarmersmarket.com)\*\*

##### Outreach and Nominations N/A

##### Zoning N/A

##### Transportation N/A

##### Action Items

EIRA is in search of a new administrator. If you know of anyone interested in the position, please contact Brad Ash or [info@eastisles.org](mailto:info@eastisles.org)

##### Adjourn

Vice President Mike Erlandson adjourned the meeting at 8:35 p.m.

The next EIRA meeting will be at 7 pm on Tuesday, October 9th, 2018 @ Grace Trinity Community Church, 1430 W 28th St. The EIRA invites and encourages participation by all residents to every program, service and event organized by EIRA. Should you require an accommodation to fully participate, or if you require this document in a different format, please let us know by contacting us at [info@eastisles.org](mailto:info@eastisles.org) at least five (5) days before an EIRA sponsored event.

## CEDAR ISLES DEAN NEIGHBORHOOD ASSOCIATION

BY MONICA SMITH



### CEDAR ISLES DEAN NEIGHBORHOOD ASSOCIATION

#### BOARD MEETING MINUTES, September 12, 2018

The meeting was held at Jones-Harrison Residence. Board members in attendance: Chair Rich Heichert, Vice Chair Mary Pattock, Secretary Rosanne Halloran, Linda Close, Stephen Goltry, Mary Harlow, Julia Hazen, Barbara Lunde, Amande Vallone, and Vern Vander Weide

Coordinator: Monica Smith

Chair Rich Heichert called the meeting to order at 6:00 p.m.

#### City Council Member Lisa Goodman, Ward 7

The next Lunch with Lisa is Wednesday, September

26, Noon at the University of St. Thomas. The topic is naturally occurring affordable housing.

Construction is expected to begin at 3100 W Lake St in October.

Calhoun Village will be adding a green roof to manage its stormwater.

There is an opening for a Ward 7 representative on the Advisory Committee on Aging. Contact CM Goodman if interested.

Election judges are needed.

Early voting begins September 21.

##### Announcements

Upcoming gardening days at Park Siding Park: Saturday, September 15, 9:00-11:00 a.m. and Saturday, October 13, 8:00-10:00 a.m.

Public hearings will be held for the following by the City Planning Commission on Monday, September 17, 4:30 p.m. at City Hall. The staff reports for these amendments were not available prior to the board meeting.

Revise regulations related to rooftop mechanical equipment, penthouses and height.

Establish a new overlay district that allows split zoning.

Remove the definition of entertainment and its regulations from the zoning code.

The annual Community Connections Conference will be Saturday, February 2, 2019.

CIDNA received an anonymous donation of \$250 for the Cedar Lake South Beach Celebration.

##### CIDNA Fall Festival/Elaine May

The Fall Festival is Sunday, October 14, 1:00-4:00 p.m. at Park Siding Park. Volunteers are needed. Contact [info@cidna.org](mailto:info@cidna.org) to help. The CIDNA Board approved up to \$100 to set up and tear down the tent if volunteers are not available.

##### Cedar Lake South Beach, Dan Elias, Project Manager, Park Board

Board members and residents have expressed concerns about access to the beach from the plaza. There is wall seating and cast concrete bench-style seating on the beach side of the plaza that people are using as

CIDNA to page 11

## CEDAR ISLES DEAN NEIGHBORHOOD ASSOCIATION

steps. Stair access with railings is provided to the beach on the east side of the plaza.

The Park Board has reviewed the design and does not believe that the existing design and installation creates a liability and their recommendation is to do nothing. The CIDNA Board voted to accept the Park Board's recommendation.

The chain link fence will be removed before winter, but the orange fencing will remain in place throughout the fall to allow the grass to establish.

Senator Scott Dibble and Representative Frank Hornstein

Sen. Dibble and Rep. Hornstein are working with the Met Council and residents of Calhoun Isles Condo Association (CICA) to reach an agreement to prevent damage to CICA during the construction and operation of Southwest LRT. Progress is being made but no formal agreement has been reached. Both Sen. Dibble and Rep. Hornstein said they would oppose the FTA funding for Southwest LRT if it means destroying housing to build the line.

The Report of the Governor's Task Force on Housing was recently published and outlines goals and action items. Read the report at [mnhousingtaskforce.com](http://mnhousingtaskforce.com).

### CIDNA Vision, Mary Pattock

An update on the committee's first meeting was provided. The board voted to authorize the committee to finalize the vision statement and move ahead with a SWOT (strengths weaknesses, opportunities, threats) analysis and encourages others to assist with the work.

### Park Board Comment Letter on Minneapolis 2040, Claire Ruebeck

Consistent with CIDNA's position on the Minneapolis 2040 Comp Plan, the CIDNA Board sent a letter to the Minneapolis Park and Recreation Board (MPRB) asking MPRB to reiterate the necessity of continuing the Shoreland Overlay District ordinance pro-

tections and its enforcement in the final draft of their Minneapolis 2040 comment letter.

The MPRB approved their own comment letter on September 5. The language regarding the shoreland overlay did not substantially change from the previous draft and does not call for preserving the existing protections that are now in place.

Mary Pattock reported that the MPRB did vote, as recommended to them by CIDNA, to ensure that the 2014 Memorandum of Understanding between the City of Minneapolis and the Metropolitan Council regarding "remnant lands" in the Kenilworth Corridor be respected. This MOU specified that land not used for the Southwest light rail be maintained in public ownership, with the MPRB playing the lead role as owner and/or operator.

### Communications, Mary Pattock

An overview of the committee's first meeting was provided.

### SWLRT Committee, Mike Wilson

The Bottineau LRT line (Blue Line extension) has effectively been shelved because BNSF has stated they have no interest in negotiating a shared use agreement with Met Council at this time. BNSF and Met Council have yet to sign an agreement permitting the use of 1.4 miles of BNSF right-of-way for SWLRT.

The Surface Transportation Board has given Met Council permission to purchase the Bass Lake Spur from Canadian Pacific and to accept transfer of ownership of the Kenilworth Corridor from Hennepin County Regional Rail Authority.

The Federal Transit Administration has given Hennepin County permission to reduce the SWLRT contingency budget from 18% to 14%. This lowers total project costs by \$60-\$80 million, temporarily putting the budget closer to \$1.9 billion instead of slightly above \$2 billion.

Met Council is hoping to receive a Letter of No Prejudice by the end of September, at which point the second round of bids for SWLRT expires.

Barbara Lunde provided information about contact-

ing the FTA regarding SWLRT: 202-366-4040, Federal Transit Administration (FTA) on Facebook and @FTA\_DOT on Twitter.

Neighborhoods 2020 and Neighborhood and Community Engagement Commission (NCEC)

Neighborhood and Community Relations staff is holding weekly office hours in the community to engage with residents about the Neighborhoods 2020 Work Groups (contact [info@cidna.org](mailto:info@cidna.org) for a list of the office hours). City staff will be invited to the October CIDNA Board meeting.

NCEC: The District 2 Commissioner seat is open, representing 10 neighborhoods in SW Minneapolis (including CIDNA). Applications are being accepted until September 28. Contact [ncr@minneapolismn.gov](mailto:ncr@minneapolismn.gov) for more information.

### Wine Tasting Fundraiser

The fundraiser to support CIDNA and Uptown area neighborhood associations will be held on Thursday, October 11, 6:00-9:00 p.m. at St. Mary's Greek Orthodox Church, 3450 Irving Ave S. Tickets are \$25 in advance and CIDNA keeps 100% of proceeds from tickets we sell. Contact [info@cidna.org](mailto:info@cidna.org) to purchase a ticket. CIDNA is responsible for filling 10 volunteer shifts the day of the event.

### New Business

The November election will include a ballot initiative that would allow neighborhood restaurants to serve hard liquor (some are currently restricted to serve only beer and wine). A speaker will be invited to the October board meeting.

The meeting was adjourned at 8:20 p.m.

### Next meeting

The next meeting is Wednesday, October 10, 6:00 p.m. at Jones-Harrison Residence.

Note to CIDNA residents: sign up for our monthly e-newsletter by sending a request to [info@cidna.org](mailto:info@cidna.org).

## KENWOOD ISLES AREA ASSOCIATION

BY AMY NOBLE

### September 2018 KIAA Meeting Minutes

KIAA Board met September 10, 2018, at the Kenwood Recreation Center.

Vice-Chair Jeanette Colby called the meeting to order at 7:02 PM.

Directors present: Vice-Chair Jeanette Colby, Secretary Amy Noble, Treasurer Matt Spies, Kyle Leier, Carl Goldstein, Evelyn Turner, Jeremy Nichols, and Will Stensrud. Also present: Amanda Vallone and one neighbor. Absent: Chair Shawn Smith, Angie Erdrich, Jack Levi, and Mark Brown

The agenda was approved by unanimous vote.

### City Council Update - Vice Chair Jeanette Colby on behalf of CM Lisa Goodman

CM Lisa Goodman was unable to attend the meeting.

**Minneapolis 2040 Plan:** update provided via email from Patrick: there are 872 pages of comments on the 2040 website; at this time, Lisa Goodman's office does not have any updated information on the plan, use of data, or revised draft; a public relations firm has been hired by city to assist in "selling" the plan

### KIAA Name Change to Kenwood Neighborhood Organization - Amanda Vallone

Online survey was completed on March 11 and March 22, 2018, with over 300 respondents

71% in support of a name change and 29% not in support

Kenwood Neighborhood Organization received the highest number of votes at 34%

A motion was made to change the legal name from Kenwood Isles Area Association to Kenwood Neighborhood Organization with one day for absent

board members to vote, the motion was seconded. All board members in attendance voted in favor of the name change.

Amanda Vallone will create a rebrand for the Kenwood Neighborhood Organization with a new logo and will update the website and Facebook page; Matt Spies will update the bank information; Shawn Smith will update with the City of Minneapolis

### Treasurer's Report - Matt Spies

Reimbursements were completed for East Cedar Lake Beach summer activities

Due to the Loring Station fire, a new PO box for mailing purposes is 800 Nicollet Mall, paid for 1 year

A motion was made to continue the accountant contract until his services will no longer be needed; motion was seconded; passed by unanimous vote

### New Business

#### Fall Newsletter - Amanda Vallone

The fall/winter newsletter will be mailed in late October/early November 2018

Information to be included in the newsletter: letter from the chair, 2040 update, SWLRT update, end of season report regarding East Cedar Lake Beach, Thrill Kenwood 10-year anniversary, board member spotlight on Will Stensrud, Kenwood School update by Heidi Johnson, Kenwood Recreation Center remodel update, information pertaining to the new name of the organization, and Kenwood Neighborhood Organization business

### East Cedar Lake Beach end of season report - Will Stensrud

A meeting will take place on September 18, 2018, 7PM at Kenwood Recreation Center with representa-

tives from the Kenwood Neighborhood Organization Board, Minneapolis Police Department, and Minneapolis Park Police to review this past summer and to plan for next summer. Anyone who is interested in the East Cedar Lake Beach initiatives are welcome to attend.

Summer review: 12 chairs were placed at the beach, a few had to be replaced during the summer due to high use; sand toys were replenished throughout the summer by neighbors and others

612 Sauna has discussed the possibility of returning to East Cedar Lake Beach in November, "Black Box Friday" (November 23rd) but still in the planning phase

Seeking neighborhood volunteers to help "walk the beach" each day during the summer to assist in small clean-up and have a neighborhood presence (each person could take one day during the week to assist Will), this request will be in the Spring/Summer newsletter

### Other Business

Amanda Vallone suggested a neighborhood initiative of a traveling board happy hour to encourage meeting neighbors and exchanging of ideas, proposed to begin with quarterly happy hours, Amanda will explore and provide more information at the next board meeting

Jeanette Colby shared the letter that was sent to the Park Board from KIAA regarding the 2040 plan and the Shoreland Overlay District and the remnant lands in the Kenilworth Corridor

**Kenwood to page 12**

## THEODORE WIRTH HOUSE

By Carly Ettinger

After being closed to the public for several years, the Minneapolis Parks Legacy Society (M.P.L.S.) in cooperation with the Minneapolis Park and Recreation Board, is hosting tours of the Theodore Wirth Home through early October 2018. The tours are free and open to the public.

The tours focus on the life and accomplishments of Theodore Wirth, Minneapolis's longest-tenured (1906-1935) and most influential park Superintendent and primary designer of the Minneapolis Park System.

Recruited in 1906 by Charles Loring to represent the Minneapolis Board of Park Commissioners, Swiss immigrant Theodore Wirth agreed to become superintendent, under just one condition – that the Park Board would build a home for him and his family. Not just any home, but one located in a city park.

The Theodore Wirth Home and Administration Building sits hillside, directly on Lyndale Farmstead Park off East Harriet. This is no coincidence – Wirth's wanted his work to be directly inspired by people using the parks. Completed in 1910 by Wirth and architect Lowell Lamoreaux, the home was built in Colonial Revival architectural style and was occupied by Wirth and his family from 1910 to 1946. The building also served as Wirth's private design studio and office and was listed on the National Register of Historic Places in 2002. The years when the Wirth family lived there (1910-1946) were designated as its period of significance.

While you may recognize his name from the park off Glenwood in Golden Valley, Theodore Wirth's contribution goes far beyond that of a single park. Wirth nearly tripled park property (from 1,810 acres to 5,241 acres), He created the nation's first formal rose garden in the United States, in Hartford Connecticut, with the Lake Harriet Rose Garden being the 2nd. He developed the first municipal golf course in Minneapolis. He initiated recreation centers, playgrounds and shaped dozens of lakes. He even lead the development for the Minneapolis St. Paul Airport, and other lesser known endeavors. His accomplishments are too many to count.

Wirth was tasked with modernizing Minneapolis Park system. and his unique approach to park design was "for the people." While his theory was considered peculiar at the time of Victorian tradition, it ultimately made his mark on Minneapolis. Spending hours watching people, asking what they wanted, listening to their input and putting it into action, the parks quickly became the heart and soul of outdoor recreational liv-



Theodore Wirth House



Carly Ettinger greeting guests.

ing. He offered children a place to play in the grass, a place for picnics in the park, a place to ponder while walking trails, amidst the susurrus of the trees. Wirth offered community for those seeking connection and peaceful leisure for those seeking time in solitude.

The roughly hour-long tour spans three floors and over a dozen rooms. The tour brings each and every room to life, offering a special look into how the Wirth family lived, learned and worked. Each room is carefully curated with time-period artifacts, clothing and furniture, many owned by Wirth himself, and others sent from worldwide Wirth descendants.

A favorite part of the tour for many visitors is out on the front porch, where a tribute letter from Jacqueline Kennedy to Mr. Wirth's son Conrad L. Wirth, is described in detail. Mentored by his father, Conrad's career in landscape architecture earned him the role as Director of the National Park Service. Conrad's work on the rosebush garden at the White House was recognized by Mrs. Kennedy in an emotional thank you letter after her husband's passing in 1863

Informative, educational and entertaining, this tour is great for the whole family. Check out the basement full of blueprints where Wirth and his draftsmen designed award-winning parks. Learn where his mischievous three children snuck out of the house as teenagers. You will even see where Wirth hid his liquor during Prohibition. By learning about the history of Wirth and the parks, both locals and visitors walk away with a greater appreciation for Wirth's contribution to Minneapolis and the nation.

Thanks to the genius and dedication of Theodore Wirth, the Minneapolis Park System has been recognized as "Best in the Nation" many times by various organizations since 1928. We are all a part of Theodore Wirth's legacy – walking, biking, hammocking, kayaking and playing in parks every single day. Whether Lake of the Isles, Lake Calhoun or Minnehaha Falls, the many lakes, parks and recreation centers are at the heart of our happiness. These places, so beautifully and intricately woven into our everyday lives, are considered one of the most important factors in quality of life for Minneapolis residents. Now is your chance to learn

more about the man behind many of your most cherished moments in nature.

With only a few more open-house dates this year, mark your calendar now.

### VISIT DETAILS

The Theodore Wirth House is located on Lyndale Farmstead Park at:

3954 Bryant Avenue South  
Minneapolis, MN 55409

September 23rd, 2018  
October 7th, 2018

The house will be open from noon to 4PM. The last complete tour is at 3pm.

To set up individual, group and student tours, contact Joan Berthiaume at (612) 275-8884.

Admission to the Wirth home is free, donations are welcome. There are restrooms (handicap accessible) on site. We aim to accommodate all and address the diverse needs of our visitors, however accessibility for those with limited mobility may be difficult given the home's historic structure. Selections of the tour are wheelchair accessible. Please contact us in advance with any special requests and we will do our best to assist.

Numbered copies of Theodore Wirth's iconic history, "Minneapolis Park System 1883-1944" will be available for sale. \$100, tax included, cash only, and proceeds support M.P.L.S.

### SOURCES

[https://en.wikipedia.org/wiki/Theodore\\_Wirth](https://en.wikipedia.org/wiki/Theodore_Wirth)

<http://www.southwestjournal.com/focus/2006/07/at-home-in-the-middle-of-a-park/>

### Kenwood from page 11

#### Action Between Meetings - All

KIAA Board Priorities 2017-2019 (standing topic and reminder)

- Address Southwest Light Rail Issues
- Protect our Lakes/Parks/Environment
- East Cedar Lake Beach Safety
- Support Kenwood Rec Center, School, and Neighborhood Events
- Contract consultant to assist with communication/c

The meeting was adjourned by Vice-Chair Jeanette Colby at 8:27 PM.

**Updates:** Please visit our website at [kenwoodminneapolis.org](http://kenwoodminneapolis.org). If you are interested in participating on the Board, please contact us via our website.

The next Kenwood Neighborhood Organization (KNO) Board meeting is on October 1st, from 7:00-8:30 p.m. at the Kenwood Recreation Center. Monthly meetings are held on the first calendar Monday of each month unless otherwise noted. KNO invites and encourages participation by every resident, including renters to each program, service, and event organized by KNO. Should you require an accommodation in order for you to fully participate, please let us know by contacting us at [kenwoodminneapolis.org](http://kenwoodminneapolis.org)

**Letter to the Park Board**

To: Jono Cowgill, Park Commissioner Dear Commissioner Cowgill,

I recently discussed the pressure on the Park Board to modify or even abandon the Shoreland Overlay District restrictions with my old friend James Nelson, who served on the Park Board from 1969-1974 . He broadened my knowledge of the issues surrounding the SOD. He was on the Commission when the apartment tower just west across Dean Parkway from the Calhoun Beach Hotel was built. He and others resisted it not only because it compromises the sight lines from the shores of the lake—but also because it creates a wind shadow that has affected the sailing school and sailing on the northwest end of the lake. He pointed out also that this loss of the full force from our cold northwestern winds on the lake’s surface causes warming of the waters. The Bader Towers, which have unfortunately been approved despite strong resistance from most neighbors, will further degrade the lake’s vistas and waters—and the addition of hundreds of new residents and cars will make the Lake Street corridor even more congested with traffic and idling cars, thereby adding further runoff polluting the lake. Global warming will inevitably continue to exacerbate all these problems.

Mr. Nelson expressed a willingness to meet with you and the other Commissioners, if you are willing to invite him to a meeting to hear his concerns and gain from his experience on the Board. Is this something that you would be interested in and support? I’ll copy him on this email. Mr. Nelson was disturbed when I reported to him the information my wife Tamara Kaiser received from one of your colleagues on the Board (she wrote you and the other commissioners earlier on this issue). That commissioner wrote that in meetings with the City Council, Lisa Bender insisted that the SOD was appropriate only for “rural areas”—and a former Assistant Supervisor of Planning called it “draconian.”

How can we understand this irrational hostility to a modest height limitation on buildings that extends only a few blocks from shorelines to protect our lakes? Removing such limitations would have absolutely no significant impact on increasing housing in Minneapolis, let alone the entire Twin Cities metro area—but a significant impact on our lakes. These are attitudes that show no understanding or appreciation of what a jewel the Minneapolis Park system is (its lakes a centerpiece), how difficult it was over the last 150 years to develop and protect it, or the reality that every loss to its integrity is forever lost. A prime example is the deplorable decision taken in the early 1950’s to sell 32 acres of Theodore Wirth Park adjoining Brownie Lake to the Prudential Insurance Company for \$200,000 (a steal from the citizens of Minneapolis and the park system at \$1,850,000 in current dollars). The Park Board had been put under extreme pressure by politicians and business leaders. The commissioners folded. This resulted in the loss of a pristine oak-savannah terminal moraine, along with terrible degradation of Brownie Lake and the springs that once fed it. I grew up in a modest home a few blocks from Cedar and Brownie, which my parents bought in 1942 when I was two. Currently my daughter and her husband and two small children live in that house. We are committed to Minneapolis. We walked around Brownie a few days ago and I was saddened at the muddy banks and stagnant water, a legacy of the thousands of tons of earth that were removed from the hilltops and then dumped and leveled not far above the shore to form a huge parking lot, with the result that large stretches of the bottom of Brownie rose up above water level and required extensive dredging.

The water quality of Cedar Lake has been affected also from these and other degradations, such as the exhaustion of the Jordan Aquifer beneath our town. For years downtown businesses were allowed to pump Jordan waters into their cooling systems, then dumped this pure water into the Mississippi. I am not sure whether these practices have ended even now. When I was a boy, Wirth Park still had flowing artesian wells, and both Cedar and Brownie were crystal clear and spring-fed, the beaches sandy and clean. Now both tend toward the green with algae blooms covering many

Letter continued on page 15



**22nd Annual**  
**CIDNA Fall Festival**  
**Sunday, Oct.14, 2018**  
**Park Siding Park, 1:00-4:00 PM Free event!**

**Rain or shine!**  
**Fun activities for the entire family!**  
**Mark your calendar now!**

For more information, visit CIDNA’s website at [www.cidna.org](http://www.cidna.org).

**The Lowry Hill Neighborhood Association Wants You To**

# Leave A Light On

**To Help Deter Crime In Our Neighborhood.**

**We encourage residents to leave the front light and back porch light ON ALL NIGHT, EVERY NIGHT.**

Light is a BIG deterrent to criminals. It will not cost you more than a few dollars increase in your monthly electric bill.

**Other tips we encourage are as follows:**

- **Lock all first floor or easy access windows**
- **Close and lock garage doors and car doors.** Don’t leave valuables on porches or in yards. Lock bikes with a U-lock in the garage.
- **Make sure alarm systems are armed** at all times.
- **Get to know your neighbors** and watch out for each other.
- **CALL 911** if you see suspicious persons or activity – don’t hesitate, make the call.

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**LOWRY HILL NEIGHBORHOOD INFORMATION**

**NEIGHBORHOOD GARAGE SALE**  
 Thank you to all our residents who participated. Any suggestions for next year? Send email and let us know (address below).

**VOLUNTEERS WANTED FOR THOMAS LOWRY PARK.**  
 Saturday, October 13th 10:00 a.m. to 12:00 noon. Meet at Thomas Lowry Park, 900 Douglas Ave South, corner of Colfax and Douglas. Gloves, small tools and treats provided by the Friends of Thomas Lowry Park.

**HALLOWEEN NEIGHBORHOOD BLOCK PARTY**  
 Thrill Kenwood, our neighborhood Halloween Block Party is back for its 10 year anniversary! Lowry Hill residents are invited to attend this free event on Saturday Oct. 27th 3:00 to 5:00 p.m. at Kenwood Park. Put on your best Halloween costume and enjoy a live DJ, musical performers, arts and craft stations, cookies and hot cider. At 5:00 p.m. we’ll all dance to Michael Jackson’s classic music video Thriller on the Kenwood School playground. This spooky and fun-filled event is sponsored by the LHNA, KIAA, CIDNA and local businesses.



**UPCOMING LHNA BOARD MEETINGS:**  
 October 2nd, November 13th and December 4th at the Kenwood Community Center from 7:00 p.m. to 9:00 p.m. All residents are invited. If you have a concern, question or wish to be on the agenda, contact us at [lhna@lowryhillneighborhood.org](mailto:lhna@lowryhillneighborhood.org)



# Hill & Lake Press

www.hillandlakepress.com

## Hill & Lake Press gets new website, changes .com to .org

By Michael Wilson

Hill & Lake Press has always been a family affair, right from the start in March 1976 when the Lenfestey's, the Rockwells, the Craigs, the Westbys, and the Lewises undertook the joyful task of producing this monthly newspaper for all the families, both big and small, young and not-so-young, who called Lowry Hill, Kenwood, East Isles, and Cedar-Isles-Dean home.

The numbers are astounding. A meticulous count done for HLP's 40th anniversary in 2016 showed that 1,425 people had contributed to at least one issue, with 50 folks contributing to at least 50 issues. And let's not forget the 414 kids who contributed to at least one of the 22 Kids Issues.

Jane Johnson was a major force behind 165 HLP issues in the 1990s and early 2000s. Her daughters Alexa and Fiona wrote for the paper as kids, and by 2016 Alexa had chalked up 121 issues as both a writer and HLP's long-time webmaster. Having lived in Denver for many years and now having a growing family and a demanding job, Alexa told HLP Editor Jean Deatruck earlier this summer that she needed to hand the Webmaster baton over to someone new.

Once again, family has stepped up to the plate and Heather Deatruck has volunteered to become HLP's new webmaster. Heather, however, is hardly "someone new." By May 2016 she had helped produce 65 issues of HLP. She and her sister Heidi Deatruck have been indispensable for many years in getting HLP to our doorsteps every month. And if you doubt it, just ask their mother!

Heather works for the State of Minnesota on website design and maintenance, so HLP is fortunate to have her help. The long-time website <hillandlakepress.com> has been in need of an overhaul for some time, and Heather is creating a new site at <hillandlakepress.org>. Past issues from October 2003 through June 2018 can still be viewed at <.com>. Issues from July 2018 going forward will be uploaded to <.org>.

Website design is very time-consuming, so please be patient. HLP's new site will be a "work in progress" for some time. Let's be sure to thank the Deatruck family for carrying the Hill & Lake Press tradition forward, just as so many other families have done in decades past.

### DID YOU KNOW?

Each issue of Hill & Lake Press costs upwards of \$5000 to produce. Ads bring in the majority of revenue, with each month's ad stream determining whether HLP will be a 12-page or a 16-page issue -- and even occasionally a 20-page issue. The hugely-appreciated annual support and ads from our four neighborhood associations are what make the difference. Please patronize our advertisers! And please consider placing ads of your own.

### DID YOU KNOW?

Hill & Lake Press is a 501(c)(3) nonprofit, so cash donations to help support your neighborhood newspaper are tax-deductible to the full extent of the law. Several of your neighbors make periodic donations to help defray HLP's expenses. Please consider doing so too!

### DID YOU KNOW?



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Hill & Lake Press is a non profit newspaper funded and supported by its advertisers and neighborhood associations: East Isles Residents Association (EIRA); Kenwood Isles Area Association (KIAA); Cedar Isles Dean Neighborhood Association (CIDNA); and Lowry Hill Neighborhood Association (LHNA).

Since March 1976, The Hill & Lake Press has served the community as a non-profit newspaper staffed by volunteers. Views expressed are not necessarily those of Hill & Lake Press.

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Hill and Lake Press, November 1, 1980, Vol. 5, No. 9

**Hill & Lake Press**  
Published by East Isles, Lowry Hill, Kenwood & CIDNA Residents Associations  
Vol. 5 No. 9 November 1, 1980 Where the Dipped Teardrops Off...

**Kenwood Rallies, Carries Fight For Park Building To City Council**  
by Jim Lenfestey  
On October 13 about 50 frustrated area residents sat down together in Room 300 of East High School to discuss what if anything could be done to revise the funding for the construction of the Kenwood Park neighborhood center in this year's capital budget.

**Will Setback Rule Set Back Cherry Rehab?**  
by Lynn Craig  
The June, 1980 issue of the Hill and Lake Press carried a picture of the garage/barn/veranda house at 1745 Colfax with the caption "Garage raises eyebrows of Overtons,"

Archivists at Hennepin County Library's Special Collections department earlier this year completed the enormous project of digitizing the entire run of Hill & Lake Press -- 440 issues in all, from March 1976 to December 2017. Go to <hclib.org/browse/digital-collections> and scroll down to "Minneapolis Community Newspapers Collection." (Image and caption: Michael Wilson.)

To help mark HLP's 40th anniversary in 2016, the Special Collections department at Hennepin County Library began digitizing the entire Hill & Lake Press archive. That enormous undertaking was completed earlier this year -- 440 issues, through December 2017, in text-searchable format. Go to <hclib.org/browse/digital-collections> to relive or learn about the history of our four Hill and Lake neighborhoods -- the good times, the controversies, and the people who've made our part of town what it is today.

Letter from page 13

shallow areas, as we see now developing in all our city lakes. I mention this history in the hope that it will remind you of how important it will be to the future of our park system to offer determined resistance to pressure from politicians and lobbyists—who often work not for the long-term good of the city or its parks, but for short-term financial or political gain.

The current debates around Minneapolis2040 are a case in point. Even city officials admit that it will not create the advertised racial equity and affordable housing (goals I have supported my entire life), but nevertheless ignore the concerns of residents and double down on a currently popular ideological position renaming “density” as a positive, despite the failure of “density” to bring the advertised benefits to other cities like San Francisco and Seattle. It is the mission and duty of the Park Board to protect our parks. They are an invaluable legacy for the future. Every loss to the SOD and to the other protections for park lands are irreversible, just as the loss of 32 acres of Wirth Park has been irreversible—and just as every sight line lost and every acre of lawn and boulevard lost to concrete, tarmac, and new construction will be irreversible. Now the Prudential site holds an empty, derelict office building. An example of what could have been, had the then Park Board looked to the future, can be seen in the lovely acreages in the Eloise Butler Flower Garden. The 32 acres lying along the shores of Brownie Lake could have become a park within a park filled with mature oak and native animals, birds, fish, and plants. Minneapolis has a park system second to none in the world. It will always need stubborn and determined vigilance to pro-

# Food Waste

By Madeleine Lowry

If I leave no more lasting impression, my children may well write for my epitaph, “She hated to waste food.”

Here are some items that won't go into the trash bin at our house:

- Bananas so ripe they're juicy.
- Dairy products that plop instead of pour.
- Leftover leftovers.
- Bones.
- Wilted greens.
- Broccoli, beet and cauliflower leaves.
- Food past its expiration dates.
- Yup, we eat all that at Chez Lowry.

So, when we visited the Eco Building at the State Fair last month and saw the displays on reducing food waste I nearly cried to learn that 30-40% of all food produced in this country is wasted.

The audience participation part of the exhibit asked for ideas for reducing food waste. Well, don't get me started. My number one suggestion is feed your pets. Number two would be to make soup. Number three would be to buy in smaller quantities.

When we had a pet rabbit, I barely had anything for the compost bin. Our rabbit was a hearty eater and enjoyed all manner of vegetable and fruit trimmings.

That, I believe, is your charge as a Park Commissioner.

Sincerely, Erik F. Storlie, PhD 55408 208 940-0723

Broccoli and cauliflower leaves were special treats, as were melon rinds and carrot tops.

Now we've turned our attention to our dog. For years we bought dry dog food (boring, low food value), and gradually started supplementing with table scraps (always in the dog bowl, not at the table).

After she went blind, and we were concerned about her health, we converted to fresh pet food. One day I realized the cost of fresh pet food, pound for pound, was more than some of the meat I purchased for family consumption. Around this time we sent our second child off to college and I was cooking for three instead of five. With my additional culinary capacity I decided to cook for the dog.

Chicken livers are very cheap and make excellent dog food. But when leftovers are not in demand for bag lunches in our household, they are easily converted to dog victuals. Over time we've expanded her doggie palate. Now our dog eats vegetables (including salad), melon rinds, meat trimmings, bones, rice, bits of pasta—you name it. I think she's healthier for it and loves the variety in her meals. She starts to sing a little operatic solo when it's time for her next meal, lest I should forget to feed her.

Here's what I do with the rest:

Bananas that are ripe, I peel and freeze in a ziplock bag. Those can be used to make banana bread or smoothies.

Dairy products past their prime can be used in place of buttermilk or yogurt in recipes like muffins or pancakes.

Leftover leftovers go to the dog bowl.

Bones get boiled for 8 to 24 hours with a little acid to make bone broth. Add wilted greens, vegetable trimmings or veggies of any kind and discard at the end. Or feed them to your dog.

Food past its expiration dates is still food. Unless it's fuzzy, slimy and/or an unusual color, we ignore the date and eat it.

Hasn't killed us yet!

HILL LAKE PRESS  
Selected Real Estate Sales  
July 2018

STREET ADDRESS	ORIGINAL PRICE	Seller Contrib	DAYS MKT	SALE PRICE	TYPE	BED BATH	SQ FT	TAX VALUE	PROP TAX	YR BLT
2716 Humboldt S #101	166,900	600	2	177,000	C	1/1	616	127,000	1,908	1926
48 Groveland Terr B303	174,900	2100	22	168,000	C	1/1	658	139,000	2,085	1966
48 Groveland Terr B411	189,900	600	13	195,000	C	1/1	748	181,500	2,671	1966
1912 nDupont S #403	199,500	0	19	192,168	C	2/2	1,000	158,000	2,374	1960
3116 W Lake St #119	245,000	0	54	260,000	C	1/1	960	210,735	2,921	2007
3141 Dean Crt #1001	249,900	250	42	255,000	C	2/1	1,057	236,895	3,585	1983
3104 W Lake St #208	259,000	0	58	247,000	C	1/1	842	213,460	3,232	2007
1425 W 28th St #601	312,000	0	81	277,315	C	2/2	1,450	282,500	4,125	1986
2936 Chowen S	329,900	0	615	329,900	H	2/1	1,412	308,500	6,618	1900
48 Groveland Terr B213	339,900	5,000	9	344,000	C	2/2	1,200	253,765	3,730	1966
3116 W Lake St #324	349,000	0	2	349,900	C	2/2	1,428	306,110	4,615	2007
2854 Kenwood Isles Dr	425,000	9,512	40	425,000	TWN	2/2	3,211	379,500	5,703	1986
2519 Humboldt S #206	429,900	0	16	416,700	C	2/1	1,368	368,500	5,536	1922
2950 Dean Pkwy #2205	439,900	0	96	430,000	C	1/2	1,160	402,030	6,042	1977
2737 Drew S	669,000	0	14	670,000	H	3/2	2,587	643,000	10,362	1939
2100 Emerson S	699,000	0	36	685,000	H	5/3	2,976	575,500	8,494	1903
2769 Upton S	799,900	1,600	67	669,900	H	3/3	2,376	629,000	10,114	1924
2733 Ewing S	750,000	0	47	705,000	H	5/3	2,900	794,000	12,750	1930
3523 Cedar Lake Ave	799,000	0	26	750,000	H	3/2	3,022	952,500	16,020	1974
134 Groveland Terrace	799,000	0	3	809,000	TWN	3/4	3,026	732,000	11,765	1987
1788 Fremont S	899,900	3,640	145	820,000	H	5/4	6,355	937,000	15,146	1901
2016 Kenwood Pkwy	949,000	0	317	890,000	H	4/4	3,286	951,500	15,795	1886
2701 W 28th St	995,000	0	6	970,000	H	4/4	4,648	814,000	13,359	1928
1937 Kenwood Pkwy	1,050,000	0	67	925,000	H	6/5	4,948	986,500	16,436	1897
1942 Humboldt S	1,295,000	0	15	#####	H	6/5	5,215	#####	20,435	1908
1804 Oliver S	1,625,000	30,000	389	#####	H	5/6	5,993	#####	29,587	1922
2728 W Lake of Isles Pky	2,750,000	0	11	#####	H	4/7	6,484	#####	46,675	1955
Sources: Harvey Ettinger - Steve Havig				Home	H					
				Condo	C					
Broker Reciprocity Websites / Hennepin County				Townhouse	TWN					

(Go to mplsrealtor.com for additional info)

LOWRY HILL

# MEATS

1934 HENNEPIN AVE. S  
MPLS. MN 55403  
(612) 999-4200

SANDWICHES  
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## Thursday October 11 6:00-9:00PM

St. Mary's Greek Orthodox Church  
Event Center (3450 Irving Ave. S.)  
Must be at least 21 of age to attend.  
ID required.

Parking is limited. We encourage car-pooling, walking,  
and mass transit. Please sample responsibly.



Purchase online or contact your neighborhood.  
CIDNA (Monica Smith • 612-821-0131 • info@cidna.org • cidna.org)  
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Visit these great listings and a dozen or more in our City Lakes neighborhoods at the October 7th open house event. Follow the latest listing activity for participating homes at [citylakestour.com](http://citylakestour.com).



1918 HUMBOLDT AVENUE SOUTH • \$1,295,000

Elegant 5+BR/5BA Mission-style home restored & modernized while maintaining the original beauty. 1910-mural of Lake of the Isles, exquisite mahogany woodwork, stained glass, & extensive built-ins. Also, a spacious cook's kitchen, mudroom, updated baths, finished lower level, tons of storage and great outdoor space. Wonderful for entertaining and a comfortable, family friendly space.



1601 WEST 22ND STREET • \$1,195,000

Just steps to the lake, this 1920-built home has gracious spaces for entertaining and comfortable living. Terrific renovated kitchen has a crisp, inviting feel and blends seamlessly with the outdoors. 3 bedrooms including large master suite plus secret 3rd floor playspace. Entertain on the wonderful private decks or watch the activity around Lake of the Isles from your front porch.



2560 UPTON AVENUE SOUTH • \$549,900

Ideal for active urban dwellers, steps to Cedar, Isles and the Kenilworth Trail just out your back door. Versatile 2BR+ home with screened porch, built-in buffet, two gas fireplaces, open kitchen with sitting room. Freshly carpeted and spacious lower level with flexible space for family room, office with daybed, walk-in closet, laundry/storage and bath with large steam shower.



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**CITY LAKES TOUR**

SUNDAY OCTOBER 7TH

1:00 - 4:00 PM

