



‘Where the biggies leave off...’

Hill & Lake Press

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Cedar Lake South Beach Grand Re-Opening Celebration August 13th, 2018



Photo by Dorothy Childers

On a perfect, sunny, swimming day, friends, neighbors, and dignitaries were present for the event and to help with the ribbon-cutting ceremony.

From left: ribbon holder, Gail Lee, James Reid, Stacia Goodman, Meg Forney, Jono Cowgill, MPRB Director of Strategic Planning Adam Arvidson, and MPRB Assistant Superintendent Michael Schroeder, Claire Ruebeck, Stephen Goltry, Rosanne Hollaran, Mary Merrill, Blue Lady, Tom Evers, ribbon holder, Jocelyn Hale. Honored in absentia: Craig Westgate, Michael Wilson, Daniel Elias, Deb Bartels, Anita Tabb.

Come On In, The Water's Fine at Cedar Lake South Beach August 13th, 2018

By Claire Ruebeck

The swath of land running along Cedar Lake from Dean Parkway to Wayzata frontage road was acquired by the Minneapolis Park and Recreation Board (MPRB) 110 years ago. The south beach on Cedar Lake has been a popular swimming hole since the early 1900s. A plan hatched in the 1990s to improve amenities at the treasured bathing beach slowly germinated. After lapsed decades, countless volunteer hours, perseverance of MPRB staff, approval of MPRB commissioners, availability of park dedication fees, pledged funding by Cedar-Isles-Dean Neighborhood Association, and a generous anonymous private donation - - the improvements have come to fruition at Cedar Lake South Beach. The vision was to balance enhancements while preserving a natural setting. For safety the bike and pedestrian trail has been widened. A comfort station (i.e., toilet, baby changing station, foot-wash, and water fountain) is plumbed to city utilities, benches are accessible at the trail level for sunset views and the grand lawn will be restored along with some new trees. Special



Photo by Dorothy Childers

Happenings	Real Estate
2	10
Urban Coyote	Masthead
5	10
CIDNA,	Editor
8	11

thanks to Cedar-Isles-Dean neighborhood volunteers Gail Lee (former), Claire Ruebeck, Craig Westgate, James Reid, Stephen Goltry, Michael Wilson, and CIDNA staff Monica Smith. Much appreciation to MPRB project managers Daniel Elias and Deb Bartels (retired), MPRB commissioner Anita Tabb (retired) and

Jono Cowgill. Project design by Damon Farber Associates with U+B Architecture & Design, executed by Ebert Construction. Minneapolis Parks Foundation acted as fiscal agent for the private donation.



Summer Environmental Stewardship Alert: By Ruth Jones

The Problem: Proliferation of the European Bell Flower, a colorful purple summer invasive

Many of our yards – and back alleys – are currently awash in the color of this SEEMINGLY INNOCENT summer blossom which has taken over large areas of our private residential property. Each plant produces thousands of seeds which plant themselves in nearby parklands and continue to spread there via rhizomes, continuously-growing underground stems which put out lots of roots.

The Solution: Removing these invasive plant from our own private property, preferably before they go to seed. It takes vigilance over a number of years – but it's do-able.

Extra Idea: Consider planting wildflowers, including butterfly-friendly plants like milkweed and butterfly



Invasive Bell-flower in bloom.



Photo by Dorothy Childers
Invasive Bell-flower going to seed

HAPPENINGS IN THE NEIGHBORHOOD

Neighborhood monthly meetings

CIDNA: 2nd Wednesday 6pm Jones-Harrison

EIRA: 2nd Tuesday 7pm Grace Community Church

KIAA: 1st Monday 7pm Kenwood Rec Center

The next meeting is on September 10th, from 7:00-8:30 p.m. at the Kenwood Rec Center.

LHNA: 1st Tuesday 7pm Kenwood Rec Center

NOW OPEN TO THE PUBLIC: September 9 and 23rd

TIME: NOON - 4 pm

LOCATION: The Wirth House and Museum

3954 Bryant Ave S in Lyndale Farmstead Park

Gardening Volunteers Needed for Thomas Lowry Park Help keep our park beautiful. Volunteer dates below, please join us!

- September 8, 10am-12 noon
- October 13, 10am-12 noon

Where: Meet at Thomas Lowry Park, 900 Douglas Ave South, corner of Colfax and Douglas.

What to bring: gardening gloves and your favorite gardening tools. Don't have tools? That's okay, come join us, you'll still be useful!

Park Siding Park Gardening

Saturday, August 18

9:00-11:00 a.m.

Park Siding Park, 3113 W. 28th St.

Join CIDNA's volunteer gardening team. No gardening experience necessary. Tools will be provided. Mark your calendar for the last event of the season: Saturday, September 15. Details at www.cidna.org



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Meet Your Neighbor, Trevor Porath

Craig Wilson interviews Trevor Porath about his passions for the Hill Lake community, independent film and collaborating with his creative Hill Lake neighbors.

Where did you grow up and attend school? I grew up in a small town in northwest Iowa with a graduating class of 63 students. I went to a small liberal arts college, majoring in economics, and later went on to study business management in grad school.

What do you do professionally? After school, I worked in management consulting traveling nearly every week for 5-6 years and eventually took a job locally to “settle down.” I have been in marketing and product development at a health care organization for 15 years.

What brought you to the Hill Lake community? I’ve lived in the Twin Cities for over 20 years, and in my opinion, Hill Lake is the best collection of neighborhoods in the city. We have it all...parks, bike paths and trails, easy access to public transportation, 15-20 minutes to a major North American airport, walking distance to local commerce, beautiful homes rich with history, and some of the best grocers and dining in the

THE NEW-AND-IMPROVED CEDAR LAKE SOUTH BEACH!

The bathroom building is now open! Beach hours are 6 am-10 pm; no lifeguards are on duty.

Site Plan

This project built a new three-season restroom, drinking fountain, foot wash station, bicycle racks, shrub and tree plantings, benches, a terraced retaining wall with stair access to beach, restored turf areas, new crosswalks across Cedar Lake Parkway and trail improvements to Cedar Lake Regional Trail.

Project History and Funding

In 2015-16, community engagement began and the Cedar Isles Dean Neighborhood Association (CIDNA) allocated Neighborhood Revitalization Program (NRP) funds to prepare plans and construction cost estimates for the project. An initial plan to upgrade the beach was approved by MPRB Commissioners on April 6, 2016.

On March 8, 2017 the MPRB accepted an anonymous donation of up to \$409,000 to help fund the project, contingent upon the inclusion of a restroom with plumbing. Additional community engagement was performed in April 2017 and the amended plan to upgrade the beach, which includes the restroom building, was approved on May 17, 2017.

MPRB Commissioners accepted a construction bid on Nov. 1, 2017, construction began on Nov. 20, and the renovated beach reopened on June 29, 2018.

Cedar Lake South Beach is part of Minneapolis Chain of Lakes Regional Park and no regional park funding has been allocated for this project. Instead, a combination of the anonymous donation, \$350,000 in park dedication fees and \$75,000 in CIDNA NRP funds are paying for the project.

CURRENT EXHIBITION at GROVELAND GALLERY Groveland Gallery <info@grovelandgallery.com>25 Groveland Terrace

SUMMER EXHIBITION
LAND, SKY, WATER

Dan O’Kane – Slow Blue

Dates: September 8 – October 13, 2018

Opening Reception: Saturday, September 8, 2-5 pm

Gallery Hours: Tuesday – Saturday, 12-5 pm

Slow Blue, a SPOTLIGHT exhibition of new paintings by Dan O’Kane, opens September 8 at Groveland Gallery. Born and raised in Nebraska, O’Kane has since called a number of other states home - Washington, Arizona, Massachusetts, New York, New Hampshire, and now Minnesota. This exhibit marks O’Kane’s first solo show at the gallery.

Cities.

You don’t spend all your time in Minneapolis though, do you? I do travel a couple weeks each month for work, and also spend a lot of time in Wisconsin at my other home on the shores of Lake Pepin, home of the Flyway Film Festival.

How did you get involved with the Flyway Film Festival? I started volunteering with the festival in 2015, with my involvement growing each year... and now 4 years later I’m now on the board.

What makes the Flyway Film Festival unique? The Flyway Film Festival (www.flywayfilmfestival.org) gets its name from the Mississippi Flyway, the largest bird migration corridor in the Western Hemisphere. In fact, some of the species travel along the Flyway all the way from the Arctic Ocean to Patagonia. The festival started back in 2007, when two Lake Pepin-area residents began an independent film series for the locals. The series was so popular they decided to initiate a weekend-long film festival in October 2008. The purpose of the festival was to bring the cultural enrichment of independent film to an area in which there were no longer any movie theaters. The festival gained in popularity, attendance, and impact each year: 1) By 2011 more than 1,500 filmgoers attended, with 35 participating filmmakers in attendance as well; 2) In 2013 and 2014, the Flyway was awarded a spot on MovieMaker Magazine’s prestigious “25 Coolest Film Festivals in the World” list; 3) In 2016, more than 1,600 documentaries, features, and short films from filmmakers around the world were submitted for programming consideration at the Flyway.

What’s new for the Flyway Film Festival? 2018 marks a new chapter for Flyway as we have new leadership and have been focused on building the organizational infrastructure and governance to help us thrive over the next 10+ years. We’ve got a great board comprised of folks from the past, as well as some newbies (like me) bringing new ideas and areas of expertise. Even more exciting is our lineup of great films for 2018!

So when is the festival this year, and what films are you looking forward to seeing? This year’s festival is October 19-21, and will kick off with an opening night party which takes a cue from one of the films we are screening this year, A Fine Line, by celebrating the local women who make the Wisconsin shores of Lake Pepin a culinary experience definitely worth the drive. It wasn’t until I started spending a lot of time in the area that I learned the real treats come by way of the community-wide potlucks that pop up at least once a month. That said, we are also big fans of the local restaurant scene as well. Saturday and Sunday of the festival will include approximately 20 screenings across venues in Stockholm, Pepin, and Alma. In addition to A Fine Line, I’m very excited about Time for Ilhan, produced by another Hill Lake neighbor Chris Newberry, which premiered in April at the Tribeca Film Festival. Its director, Norah Shapiro is also a local Minneapolis resident. I also have my eye on the documentaries Home + Away and Life in the Doghouse, as well as the



Trevor Porath

modern-day Western narrative Little Woods.

How can Hill Lake residents be supportive of the festival? That seems like a softball for a shameless plug: 3 words...Attend, Volunteer, Give (visit www.flywayfilmfestival.org to learn more). No really, come down for the weekend, check out the films and our great community. Be sure to buy tickets early though as we are expecting to sell out. In addition to films, we also have a great lineup of special guests from cast and crew, and are hoping for several panel discussions too.

Ok, so back to Minneapolis and Hill Lake...I hear your neighbors here in Lowry Hill are also “Indies” involved in the independent film industry. Tell me more. Yes, and the funny thing is that while I’ve lived in our place in Hill Lake for almost 15 years, it wasn’t until just recently that I sat down and recognized how concentrated the connection is on our half of the block – there are actually 5 houses on half a city block that are all in the independent film industry: we have an actress and an actor who have each appeared on-screen locally and nationally, a stylist, a producer and director, an intellectual property attorney/musician and now me. The Hill Lake community is an incubator for independent film.

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Sulphur Vapor Baths at 2526 Hennepin: the cure for (most) everything that ails you

By Kathy Kullberg

"We Specialize in Cases – NEURITIS and obtain results. Best treatment for Rheumatism in Minneapolis. Our Sulphur Vapor Baths as designed have proved to be the most marvelous eliminator of poisons through the skin of any known agency."

Thus read the ads in The Minneapolis Morning Tribune of 1913. The wealthy traveled to resorts where-soaking in the sulfur baths were all the rage and where they could afford to spend the winter detoxifying in Hot Springs, Arkansas, or to go to Europe for the mineral baths. But the working class and low-income earners had to go no farther than downtown Minneapolis or to the Sulphur Vapor Bath Company parlors at 2526 Hennepin Avenue. The location was advertised by manager and chiropractor Dr. Arthur W. Sharpe as the only original Sulphur Vapor Cabinet Bath System in Minneapolis.

The three-story red brick building at the corner of Girard and Hennepin was completed in December 1912 by Charles O. Carlson. Within a month, however, the building's owners, Allen & Palmer, were hiring architects from the H.N. Leighton firm to redesign the interior of the ground floor. The store on the south side was altered to accommodate the vapor bath house and the store on the right was electrified and modified into a beauty parlor geared to the lady customers of the bath house. A one-stop health and beauty spa.

Beyond easing the pain and inflammation of neuritis and rheumatism, sulfur is a naturally-occurring mineral found near hot springs and volcanic activity throughout

the world and has been touted for its cures for millennia. Sulfur, for medical use, is primarily recommended to ease itchy skin rashes, psoriasis, pain of hemorrhoids, disorders of the female reproductive system, as an effective treatment for asthma and sinus problems as well as creating a healthier, elastic, younger-looking skin. Additional lists of ailments that could be treated were sciatica, lumbago, diabetes, obesity, nervousness and general debility.

5000 patients in first five years.

Ads in the Tribune regularly stated, "Some of the most refined ladies and gentlemen of the city have taken treatments and all have words of praise for our method and institute." "5000 patients and 25,000 treatments have been given at this establishment" touted a June 1918 ad. Consultations were free and encouraged to determine if a specific "case" would be accepted for treatment.

Ready for an appointment? Ladies' hours were held from 8:30am to 5pm, daily except for Wednesday and Saturday evenings and Sunday. Gentlemen's hours were 12 noon to 12 midnight. The guest was ushered to a changing area. Ladies were on one floor, men on another. Once invited to a separate room with the cabinet, the patient was assisted to lie down on a bed that would be enclosed in a large metal box, similar to a heart-lung machine.

The entire body with the exception of the head would be sealed inside and the sulfur vapor was then blown into the box. "The patent compound which is

vaporized and put in contact with the relaxed body under proper temperature also builds up the excretory tissue and neutralizes (kills) the poisons that cause the disease and pain." After treatment, the patient was then given a thorough massage by an expert attendant. Ladies could then go next door to the hair dresser to complete the spa day.

At this time, it is not known how much a treatment would set one back, but definitely it was much less expensive than a trip to Arkansas. "Bear in mind the fact that the price of the treatments is within reach of all," the ads said.

Popular for 50 years.

Sulfur Vapor Parlors were popular from the 1890s through the 1930s. Nearly every major town in Minnesota offered at least one parlor. Faribault, Rochester, Mankato, and Montevideo were just a few locations that advertised regularly in the newspapers.

But all good things must come to a close. Since the 1930s, the Hennepin location has been converted into a restaurant (1937), Hi-Fi shop (1962), Minnesota Heart Association offices (1969), Carbone's Pizza (1970s), and the Lakes Clinic of Wholistic Chiropractic (1987). Coming back full circle, though, the building now houses the Chiropractic offices of Dr. Bradley Meskimen. Next door, the original beauty parlor now houses the local offices of Bell Mortgage Company.

Several photos of the interior of 2526 Hennepin from 1925 can be found at the Minnesota Historical Society. One wonders where that machine is today?

A CONVINCING ACHIEVEMENT TO BE PROUD OF

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All Consultations are Free

We could quote you thousands of voluntary testimonials on file, but we want you personally to come and see for yourself. These SULPHUR VAPOR CABINET TREATMENTS are endorsed by hundreds of leading doctors. Ask your own doctor and he will advise you to come here.

Bear in mind the fact that the price of the treatments is within reach of all.

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We maintain separate floors for ladies and gentlemen. Our treatments are given scientifically by trained experts.

Out-of-town patients coming to this establishment notify us in advance and we will arrange for pleasant, homelike accommodations at moderate cost.

This is the only original SULPHUR VAPOR CABINET BATH SYSTEM in Minneapolis, built on reputation of success, and the address is 2526 Hennepin Ave. The phone numbers are N. W. Kenwood 794 Automatic 53 758. Dr. A. W. Sharpe, Gen. Mgr.

**TAKE A TRIP TO HOT SPRINGS AT 26TH & HENNEPIN
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Phone appointments given special attention.

Advertisement from the June 18, 1925, Minneapolis Morning Tribune.

All photos from Minnesota Historical Society except for top photo by Michael Wilson.



2526 Hennepin Avenue South today.



The Sulphur Vapor Bath building, shown about 1925 and today, was completed in 1912.



'Patients' entered through the front door at the 26th Street (paid, probably) in the front office, then waited to be taken back to 'Ladies' on the left, 'Gentlemen' on the right. After changing out of their clothes, they entered a metal box which was then sealed, leaving only their heads on the outside.

Patients entered,,,



WHERE THERE'S SMOKE THERE'S TIME TO VOTE AGAINST RUINOUS CLIMATE CHANGE

By James P. Lenfestey

Anyone having trouble breathing? The eighteen California wildfires, the most and most ferocious in the state's history, plus wildfires in Utah, Montana and elsewhere in the West are casting a pall over the rest of the United States, particularly the Midwest of the Dakotas, Minnesota and Michigan. And if one widens one's focus, over much of the Northern hemisphere, when joined by epic wildfires in Portugal, Greece and above the Arctic Circle in Sweden and Russia (and last year in Greenland!).

They offer us spectacular sunrises and sunsets and hazy, hot days, and this terrifying neighborhood angle. A former Kenwood resident who teaches art on a Greek island every summer miraculously survived a wildfire fire that burst like lightning over her island. She ran to the ocean and swam behind rocks as she tried to breathe in the smoke avoid sparks raining down upon her. She could hear cars exploding on the cliff above her.

Why should we care, aside from the fate of distant forests and friends and family and local asthma attacks and other annoyances?

Because our home planet is on fire and we know why — an increasingly hotter planet mostly from burning fossil fuels.

And because our fiery election season is upon us. When you read this, the results of the contested pri-

maries will be known, and voter attention turned toward the general election on Nov. 6. I do not know who will be on the ballot in our congressional district, nor for statewide offices, but here's what I do know.

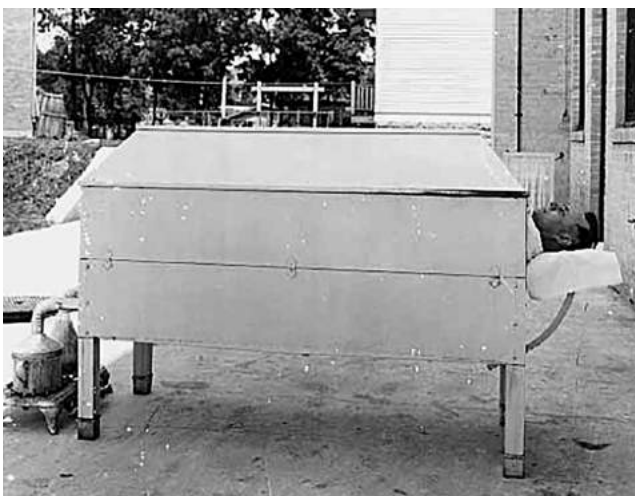
This choices on the ballot are clear —between candidates who will continue the State's far-sighted response to a fiery future by offering strong support for higher renewable resource standards and an even greater roll-out of the nation's leading community solar program until everyone in the city, suburbs and rural neighborhoods is enrolled and seeing solar-powered reductions on electric bills.

Mainly those candidates are Democrats. This is not because Republicans are ignorant of the terrifying facts of climate change and its causes, but because that party, locally and nationally, is intimidated by the vast financial and political resources of David and Charles Koch, owners of an oil and gas and pipeline conglomerate based in Kansas, who are willing to spend unlimited sums on local and national races, including Minnesota's, to intimidate Republicans as well as defeat Democrats. If a Republican candidate strays off the party line denying the fossil fuel cause and effect of our radically changing climate, they will fund a Republican primary candidate who toes their line. This silencing effect sadly includes all three current Minnesota congressional Republicans.

That attack on science by oil-based ideological conservatives includes attacks on science itself and the scientists who practice it — death threats aimed at climate scientists! — and the astonishing fact that few national Republican candidates dare speak of support even for evolution!

As the smoke burns our Midwestern eyes, Midwesterners must take to the polls the fire in our bellies for climate hope and climate justice and climate jobs — the world's largest economic and jobs opportunity — and speak truth to power on November 6. Voters must put out, once and for all, the fires of anti-climate science and anti-climate change action. This year that means vote solely for Democrats, who as a party have responded, unless a Republican shows courage by willingness tell the truth and act on it. Science is non-partisan. Sadly for the future for all children and grandchildren, Republican or Democrat, modern Republicans have made climate science partisan, and only Democrats today can be counted on to respect climate science's findings and policy conclusions. The smoke of the climate fire is now everywhere.

James P. Lenfestey www.coyotepoet.com



This metal box which enclosed patients receiving their sulphur vapor treatment stood out back -- perhaps just delivered or in need of repair.



at and Hennepin Avenue corner of the building, checked in (and ask for their sulphur vapor bath. Signs visible on the doors indicate out of their street clothes, patients were helped into a large metal side. The sulfur vapor was then blown into the box. Photos c.1925 After changing out of...

Plymouth CONGREGATIONAL CHURCH

Special Concerts Honor

Philip Brunelle's 50th year at Plymouth Church

International and local artists will celebrate Philip Brunelle's 50th year as Organist-Choirmaster at Plymouth Congregational Church in Minneapolis in five special concerts beginning Sept. 30, 2018, and the debut of a commissioned hymn during a May 12, 2019 worship service. Pianist Angela Hewitt and organist

Daniel Roth will play; an unusual symphonic psalm, King David, will receive a dramatic presentation; and beloved Plymouth soloists and Philip Brunelle will perform. Everyone is invited to these special events at Plymouth Church!

Philip Brunelle offers an organ recital and hymn singing, with reception following.

Plymouth Congregational Church is a daring spiritual community, transforming the world with love. It is located at the intersection of Nicollet and Franklin Avenues, Minneapolis; 612-871-7400, www.plymouth.org


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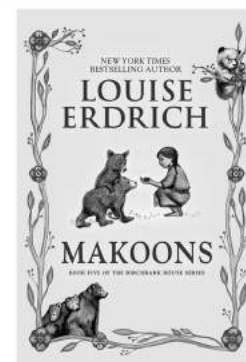
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Thomas Lowry Park

By Suzanne Payne

In early July, an alert board member of Friends of Thomas Lowry Park, Beth Schaffer, noticed a unique urn for sale at a neighborhood moving sale. A quick meeting of the Friends board was convened and the urn purchase was approved. The Friends of TLP use donations received to enhance and maintain this historic park.

The move of the urn from a Lowry Hill back yard to a newly established location in the N. pergola bed of TLP. Beautiful plants were donated by Tangletown Gardens for installation in the urn and the bed surrounding it.

In other TLP news, the board also authorized purchase of 6 flowering shrubs to screen the utility boxes

in the Gateway bed along Mt. Curve.

In August, a neighborhood Girl Scout troop assisted with planting annuals and also weeding beds—a wonderful contribution to Thomas Lowry Park!

Bill Payne has worked extensively with the park staff to successfully correct numerous irrigation problems. His attention to detail and labor throughout the park has contributed to its seasonal beauty. Several hard working volunteers, including Tom Trondson, Steve and Beth Schaefer, Jean Scheiderer and others have assisted in gardening projects in the park. This year's Friends of TLP Board members besides Beth and Jeanne, include Barry Lazarus, Craig Wilson, Kathy Gaskins, Katherine Bottini and Suzanne Payne.

Please enjoy a stroll through the park soon to see the latest improvements. Consider volunteering your time or making a donation to keep the park looking great.



Urn in Thomas Lowry Park

Lowry Hill Ice Cream Social



Photo by Dorothy Childers

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My wife Debbie and I moved to the East Isles neighborhood in 1996 when our son Max was 8 and our daughter Zoey was 4. We felt instantly at home among friends and neighbors. Then, 22 years flew by and Max is now 30 and making movies in L.A. and Zoey is 25 and Head of Sales for Square Capital in San Francisco. My wife, Debbie, a marketing and advertising professional is the architect of the new East Isles Farmers Market. It's not a stretch to say that living in the East Isles neighborhood, time-stamped by the various annual community gatherings—the most popular of which seems to be the EIRA Ice Cream Social— somehow influenced their very full and creative lives.

This year, I took the reigns of this event from one of East Isle's most dedicated residents, Amy Sanborn, and I came to appreciate the immense effort that has gone into making these gatherings happen for the entire neighborhood to enjoy. I volunteered to take on the ICS at an EIRA board meeting in early spring. Our kids were gone, I'd been traveling a lot and really wanted to reconnect to the neighborhood. So how hard could it be to organize an Ice Cream Social? HA! Did I have a lot to learn!

I came to appreciate how helpful the folks are who run the Minneapolis Park Board and The City of Minneapolis permit departments, the Police Department, The Fire Department, Kowalski's, Catherine and Jeff at Isles Bun (well, I knew they were cool), Keller Peterssen Architects, Reuter Walton, The Kenwood Rec Center . . . and the incredible EIRA board member and volunteers – more than I could schedule– who so graciously give their time and effort to make these events a reality. And how everyone wanted this event to happen and just said a big YES to everything I asked – especially Steve Havig who just gets it done in the Isles hood. How fortunate we all are to have accessibility to our elected officials, Frank Hornstein, (aka ice cream scooper extraordinaire), Lisa Goodman, Marion Green and Scott Dibble.

But as the 31st of July approached there were a few nights I woke in the wee hours wondering, "Was this really going to come together?" I had the feeling that I'd

2018 East Isles Ice Cream Social



Collage by Dorothy Childers

left something essential out—that sinking feeling you get when you realize you don't know what you don't know. Here's what I didn't know: When you organize an event for the community where you live, you get to see that community in a truly unique way. The four hours that I spent watching everything go down as planned at the ICS were four very gratifying hours. Some things that occurred to me:

Where else could something as traditional an Ice Cream Social bring together such a glorious mix of ethnicities, ages, and interests with such a sense of cohesion?

Who knew that root beer floats, vanilla ice cream and hot chocolate chip cookies could spur conversa-

tions that start relationships, build careers, and spark community action?

How incredibly lucky was I to be able to raise my kids in a neighborhood that cultivates such interest in the rest of the world?

As I walked around watching all the conversations, the kids playing, the trees swaying, the old folks and baby animals, Lee Kanten and his brother singing their hearts out, I was struck by a richness of community that does not come from wealth or influence, but from a genuine interest in life and joy in the art of living . . . together. That's what I learned from chairing the EIRA ICS. Thank you, East Isles neighborhood. I can't wait for next year!

By Michael Gold

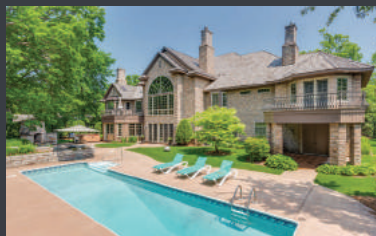
BRUCE BIRKELAND
GROUP

Coldwell Banker Burnet



WALKING THROUGH A LUXURY HOME WITH BRUCE IS DEFINITELY A ONE-OF-A-KIND EXPERIENCE.

Bruce Birkeland doesn't sell homes, he shares homes. The local lifestyle, the neighborhood history, the architectural details, the impeccable construction, the feel of rare, exotic hardwoods beneath your stocking feet. Every listing has a unique story and Bruce would love to walk you through it.



6429 Indian Hills Road, Edina \$2.75M



2427 E Lake Of The Isles Pkwy, MPLS \$5,995,000



1809 James Ave S, MPLS \$1,295,000

Bruce Birkeland
612-925-8405
bbirkeland@cbburnet.com
bbirkelandgroup.com



CEDAR ISLES DEAN NEIGHBORHOOD ASSOCIATION

By Monica Smith

CEDAR ISLES DEAN NEIGHBORHOOD ASSOCIATION BOARD MEETING MINUTES, August 8, 2018

The meeting was held at Jones-Harrison Residence. Board members in attendance: Chair Rich Heichert, Vice Chair Mary Pattock, Secretary Rosanne Halloran, Lowell Berggren, Linda Close, Stacia Goodman, Mary Harlow, Julia Hazen, and Jan Nielsen. Coordinator: Monica Smith

Chair Rich Heichert called the meeting to order at 6:00 p.m.

City Council Member Lisa Goodman, Ward 7

The next Lunch with Lisa will be September 26.

Election judges are needed.

The city and county are both offering early voting centers.

The Zoning and Planning Committee granted the appeal for Calhoun Village regarding stormwater management requirements subject to the condition that stormwater is managed onsite by installing a green roof or another option approved by city staff. CM Goodman will oppose the recommendation for a 30-story building on the site as proposed in the Minneapolis 2040 plan.

CM Goodman did not have any recommendations for CIDNA regarding recent requests from affordable housing advocacy groups.

The mayor's proposed budget will be released on August 16.

Park Board - Southwest Service Area Master Plan, Jana Griffin

Jana Giffin is CIDNA's representative on the Community Advisory Committee (CAC) for this project. The CAC has held three meetings. The next meeting will be held in September when the more detailed planning will begin. There are five neighborhood parks that are included in the planning process. Jana and the Park Board are looking for opportunities to engage with residents about the parks.

ill be held on Thursday, October 11. The CIDNA Board approved up to \$100 for an ad promoting the event in the Hill & Lake Press.

Senator Dibble and Representative Hornstein will

be guests at the September 12 CIDNA Board meeting. The board will provide the legislators with a list of questions.

Neighborhood and Community Relations staff is holding weekly office hours in the community to engage with residents about the Neighborhoods 2020 Work Groups (contact info@cidna.org for a list of the office hours). City staff will be invited to a future CIDNA Board meeting.

The next gardening day is Saturday, August 18, 9:00-11:00 a.m. at Park Siding Park.

Neighborhood and Community Engagement Commission: The District 2 Commissioner seat is open, representing 10 neighborhoods in SW Minneapolis (including CIDNA). Applications are being accepted until August 31. Contact ncr@minneapolismn.gov for more information.

CIDNA Fall Festival

The Fall Festival will be held on Sunday, October 14. The CIDNA Board approved the proposed budget of \$2,308 for the event. A motion to add up to \$500 to the budget for a full-color invitation did not pass.

NRP/CPP Report, Claire Ruebeck

Cedar Lake South Beach:

The new date for the beach reopening celebration is Monday, August 13, beginning at 4:30 p.m. with a ribbon cutting ceremony and continuing into the evening with entertainment and games.

Board members and residents have expressed concerns about access to the beach from the plaza. There is wall seating and cast concrete bench-style seating on the beach side of the plaza that people are using as steps. The issue has been raised with the Park Board and no remedy is being planned at this time. Stair access with railings is provided to the beach on the east side of the plaza.

It was reported that a community member raised concerns that the plant material used on the plaza is not native. The plants were selected based on the public planning process feedback. The plan is to wait and see how well the plants do before taking any action to replace them.

The next NRP Committee meeting is Tuesday, August 28, 3:30 p.m. at Rustica. The committee will discuss the wall seating and the west façade of the bathroom facility and will bring any recommendations to the September 12 board meeting.

SWLRT Committee, Mike Wilson

Hennepin County, the Met Council, and Twin Cities & Western Railroad have resolved all outstanding differences. Included in the set of agreements was TC&W withdrawing its lawsuit.

All county-owned land in the Kenilworth Corridor will be transferred to Met Council. This includes the "remnant lands." Minneapolis 2040, the draft Comp Plan, has determined that the east side of the county-owned corridor from 21st Street to the Kenilworth Channel, should become a Corridor 4 high-density housing district (4+ stories).

In late July Mark Fuhrmann, Metro Transit's director of light-rail projects since 1993, gave the Met Council two weeks notice of his intention to retire. His last day will be August 14.

Shoreland Overlay, Claire Ruebeck

The Minneapolis Park and Recreation Board (MPRB) is developing their response to Minneapolis 2040 Comprehensive Plan. The public record is open for feedback until September 22. In their draft response, it appears that MPRB supports performance based zoning in place of the long-standing protections of the Shoreland Overlay District ordinance. This new type of zoning has not been specifically defined and may jeopardize public enjoyment of Minneapolis creeks, lakes and the Mississippi River by allowing construction greater than 35 feet within the 1,000 foot distance of shores.

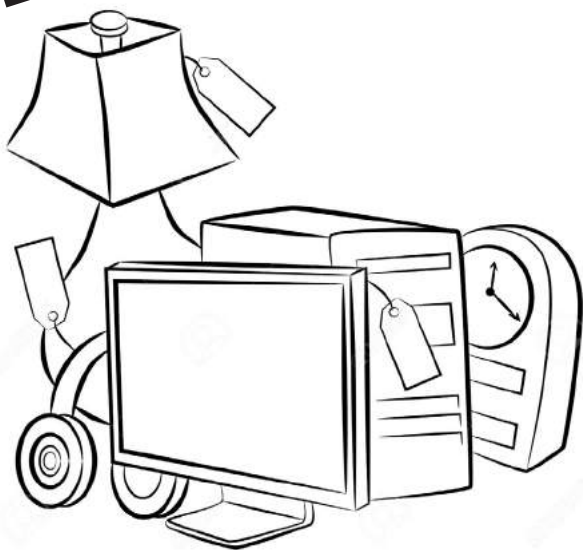
The CIDNA Board approved a motion to send a letter to the MPRB reiterating the necessity of continuing the Shoreland Overlay District ordinance protections and its enforcement. The letter will be presented to the board via electronic voting.

Minneapolis 2040, Claire Ruebeck and Mary Pattock

The public comment period to the City of

LOWRY HILL/EAST ISLES

NEIGHBORHOOD SUPER SALE!



Saturday, September 9
9:00 a.m. - 3:00 p.m.

A printed map of registered sales
will be available at sale locations.

Registration deadline is September 2. Cost to register is \$10.

REGISTER ONLINE

Lowry Hill residents: www.lowryhillneighborhood.org/calendar/garage-sale

East Isles residents: www.eastisles.org/events/super-sale



Lowry Hill Neighborhood Association
PO Box 3978 • Minneapolis, MN 55403
(612) 703-2460 • www.lowryhillneighborhood.org
garagesale@lowryhillneighborhood.org



East Isles Residents Association
2751 Hennepin Ave S Box 294 • Minneapolis, MN 55408
(612) 716-3220 • www.eastisles.org
info@eastisles.org

NE CANNOT MITIGATE AN EARTHQUAKE

(The unnecessary risks Calhoun Isles Condominium Association (CICA) is facing due to the SWLRT Project)

By Paul Petzschke Calhoun Isles SWLRT Committee Chairman

In late June, Calhoun Isles in conjunction with its consultant, Itasca Consulting Group, a worldwide leader in vibration assessment and tunnel design, responded to the Southwest Project Office (SPO). On June 5th, the SPO had issued an assessment report on the April vibration study that was conducted on our homes.

Our response highlighted the following points:

1. Given the fact that the SWLRT comes within inches of our homes, the SPO has failed to address the dangers that CICA is facing.

2. The SPO report was not prepared in accordance with the Legislative Commission on Metropolitan Government (LCMG) resolution of February 8, 2018. In particular, the appropriate vibration thresholds for the CICA buildings have not been determined.

3. The SWLRT project does not follow the recommended FTA (Federal Transit Administration) guidelines on these four points:

a. The SPO has not determined the vibration thresholds as required by the July 2016 Record of Decision (ROD).

b. The project would cause vibrations on the building's upper floors that would exceed FTA values. Itasca has determined that if the current vibration thresholds were applied, the vibration level on the tenth floor would be equivalent to peak particle velocity (PPV) value of 1.5 inches per second, due to attenuation and

amplification effects. This 10th floor vibration level is comparable to a Mercalli Earthquake Scale V. It would be totally unacceptable to CICA residents. It exceeds the FTA tables which specify a maximum value of 0.5 inches/second.

c. The project is out of compliance with regard to floor vibrations. Itasca found that the 10th floor vibrations of the 3151 Building (west building) are 11 to 22 times greater than FTA guidelines.

d. The project would trigger FTA alarm levels. The ROD states that the project is to be suspended if the alarm levels are triggered and/or damage to CICA occurs. Given the amplification and floor vibration issues, very serious damage to CICA would occur and the alarms would be triggered, forcing the project to come to a halt for a crisis redesign.

The SPO report states that "slight amplification of vibrations will occur". Itasca analyzed the SPO's findings. They discovered that the SPO's and Itasca's findings are in agreement! Both analyses show that the upper levels of the 3151 Building amplify vibrations by a factor of 6.

Itasca has recognized the dangers that CICA is facing and quantified them. For whatever reason, the SPO employed a more cursory process in their analysis. The approach that the SPO has employed is quite troubling.

If the present Shallow Tunnel design were to go forward, Calhoun Isles residents would be subjected to intolerable noise and vibration and would be driven out of their homes. The elevators in the High Rise would not be usable. Damages of tens of millions of dollars would occur. These kinds of vibrations, damages, and inoperable elevators would make the entire High Rise complex uninhabitable during the construction phase of the project.

It has been six weeks, and we are still awaiting a response from the SPO. Based on everything that is known, the vibration threshold for the CICA High Rise needs to be a maximum PPV value of 0.10 inches/second, not the current 0.50 inches per second. This conclusion is based on the damages from the 2015 Trammel Crow construction project, which was 160 feet from our property, and the to-date analysis of the April vibration test. Once the appropriate thresholds are determined, a "safe" tunnel design can proceed. The cost of a "safe" tunnel design would add hundreds of millions of dollars to the SWLRT project.

Minneapolis Long Range Planning Department on the Minneapolis 2040 Comprehensive Plan closed on July 22. The public record remains open and comments can be submitted to Council Members and the Mayor. CIDNA submitted a comment letter in support of the Comp Plan goals along with a call to fix certain aspects of the Comp Plan including the built form map and its implications on zoning and home ownership.

CIDNA Vision, Mary Pattock

A draft version of a CIDNA vision statement was presented.

The CIDNA Board approved a motion to create a committee to further develop the vision statement. Contact info@cidna.org if you are interested in joining the committee.

Communications, Mary Pattock

The CIDNA Board approved a motion to establish a standing communications committee to develop and implement a communications plan. Contact info@cidna.org if you are interested in joining the committee.

Legislative Information Management System (LIMS), Rosanne Halloran

LIMS is the city's website that is designed to help the public easily track legislation and stay updated on the latest actions taken by the mayor and City Council. The city is offering training sessions on using the site. CIDNA will schedule a session that will be held at

Jones-Harrison and open to the community.

New Business

A concern raised about the need for traffic calming on Cedar Lake Pkwy will be relayed on to the Pedestrian Safety Committee.

The meeting was adjourned at 8:05 p.m.

Next meeting

The next meeting is Wednesday, September 12, 6:00 p.m. at Jones-Harrison Residence.

Note to CIDNA residents: sign up for our monthly e-newsletter by sending a request to info@cidna.org.

Neighborhood Leaders,

Neighborhoods 2020 Work Groups are starting to meet this week. Over fifty volunteers will look at the Program Guidelines and Funding, Governance, and Citywide Community Engagement for neighborhoods and the City of Minneapolis. This process is expected to be completed by the middle of January 2019.

Cultural leaders, volunteers, and neighborhood staff have a vested interest in how the Neighborhoods 2020 is progressing. To keep everyone advised of this progress NCR Policy Specialist and Neighborhoods 2020 Project Manager, Steven Gallagher, will be conducting office hours in the community. The times and

locations are:

Monday, August 13th @2:00 p.m., Peace Coffee 3262 Minnehaha Ave,

Monday, August 20th @10:00a.m., Conexion at Open Book, 1011 Washington Ave S #101

Monday, August 27th @2:00p.m. Caribou Coffee, 4745 Cedar Avenue S,

Wednesday, September 5th @ 2:00p.m.

Five Watt Coffee , 3745 Nicollet Ave

Monday, September 10th @ 2:00 p.m. Coffee

Corner Camden, 4155 Thomas Ave N,

Wednesday, September 19th @ 10:00 a.m. ,

SpyHouse, 945 Broadway St NE

The meetings will consist of an informal update on the process and next steps. However, most of the time will be dedicated to answering questions you may have. I do not want there to be any surprises with this project. If you would like to RSVP to any of these meetings, please email steven.gallagher@minneapolismn.gov. More community office hours will be announced at a later time.

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Hill & Lake Press

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LETTER

To the Editor:

Thanks for the Hill and Lakes ongoing coverage of concerts in the neighborhood. Mike's articles have significantly bolstered the attendance at all of our Isles Ensemble concerts for the past two years, as well as the attendance at our summer cello recital series. We are so grateful for the attention we have gotten! There are obviously a lot of people in the Hill and Lakes neighborhood who love classical music and are thrilled to know about these events.

Laura Sewell

Don't Just Follow the Crowd on "Crowdfunding" Websites

From the Office of Minnesota Attorney General Lori Swanson

People hear on the news that someone in their community has lost her home in a fire or a spouse to an illness. They want to help, so search the internet and find several social media pages that claim to be raising money for the victim. They donate through a particular page, but later find out that the person running it kept the money and did not pass it along to the victim of the tragedy. For example:

In 2016, a Minnesota woman pleaded guilty to stealing more than \$20,000 that she had raised online to help the families of three drowning victims.

In 2018, a Minnesota woman was charged with theft for crowdfunding thousands of dollars for a man who suffered a death in his family, but keeping the money for herself.

In 2017, an Oklahoma woman was sentenced to prison for fundraising thousands of dollars online by pretending her child had cancer.

Following a few simple rules can help people avoid such scams when donating through online "crowdfunding" platforms.

What is Crowdfunding?

"Crowdfunding" generally means raising donations from a large number of people. It is done online, through websites like GoFundMe, and social media sites like Facebook. Crowdfunding campaigns are frequently run by one person or a small group of people from the local community. Some crowdfunding pages claim to help a specific person, while others ask for donations for particular charities.

What Do I Need to Know About Crowdfunding?

Many, but not all, crowdfunding pages are legitimate. Bad actors sometimes try to take advantage of people's generosity by keeping donations for themselves. Even with legitimate campaigns, a portion of a donation may go to the website, instead of the charity or person in need, because the website takes a "cut" of the donation by charging a fee. Not every crowdfunding donation is tax deductible either. For example, donations to a specific person are generally not tax deductible.

How Do I Protect Myself?

Before donating: Research the organizer of the crowdfunding campaign, the cause, and how the money will be used. Do public facts support the organizer's claims? Will the website charge a fee? How will the organizer handle and safeguard donations?

Donating to help a specific person: If you are donating to people you don't know, look for specific information about the situation that can be verified.

Donating to an organization: Donors should look



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Since March 1976, The Hill & Lake Press has served the community as a non-profit newspaper staffed by volunteers. Views expressed are not necessarily those of Hill & Lake Press.

HILL LAKE PRESS
Selected Real Estate Sales
July 2018

STREET ADDRESS	ORIGINAL PRICE	Seller Contrib	DAYS MKT	SALE PRICE	TYPE	BED BATH	SQ FT	TAX VALUE	PROP TAX	YR BLT
2716 Humboldt S #10	\$ 166,900	600	2	\$ 177,000	C	1/1	616	\$ 127,000	\$ 1,908	1926
48 Groveland Terr B303	174,900	2100	22	168,000	C	1/1	658	139,000	2,085	1966
48 Groveland Terr B411	189,900	600	13	195,000	C	1/1	748	181,500	2,671	1966
1912 nDupont S #403	199,500	0	19	192,168	C	2/2	1,000	158,000	2,374	1960
3116 W Lake St #119	245,000	0	54	260,000	C	1/1	960	210,735	2,921	2007
3141 Dean Crt #1001	249,900	250	42	255,000	C	2/1	1,057	236,895	3,585	1983
3104 W Lake St #208	259,000	0	58	247,000	C	1/1	842	213,460	3,232	2007
1425 W 28th St #601	312,000	0	81	277,315	C	2/2	1,450	282,500	4,125	1986
2936 Chowen S	329,900	0	615	329,900	H	2/1	1,412	308,500	6,618	1900
48 Groveland Terr B213	339,900	5,000	9	344,000	C	2/2	1,200	253,765	3,730	1966
3116 W Lake St #324	349,000	0	2	349,900	C	2/2	1,428	306,110	4,615	2007
2854 Kenwood Isles Dr	425,000	9,512	40	425,000	TWN	2/2	3,211	379,500	5,703	1986
2519 Humboldt S #206	429,900	0	16	416,700	C	2/1	1,368	368,500	5,536	1922
2950 Dean Pkwy #2205	439,900	0	96	430,000	C	1/2	1,160	402,030	6,042	1977
2737 Drew S	669,000	0	14	670,000	H	3/2	2,587	643,000	10,362	1939
2100 Emerson S	699,000	0	36	685,000	H	5/3	2,976	575,500	8,494	1903
2769 Upton S	799,900	1,600	67	669,900	H	3/3	2,376	629,000	10,114	1924
2733 Ewing S	750,000	0	47	705,000	H	5/3	2,900	794,000	12,750	1930
3523 Cedar Lake Ave	799,000	0	26	750,000	H	3/2	3,022	952,500	16,020	1974
134 Groveland Terrace	799,000	0	3	809,000	TWN	3/4	3,026	732,000	11,765	1987
1788 Fremont S	899,900	3,640	145	820,000	H	5/4	6,355	937,000	15,146	1901
2016 Kenwood Pkwy	949,000	0	317	890,000	H	4/4	3,286	951,500	15,795	1886
2701 W 28th St	995,000	0	6	970,000	H	4/4	4,648	814,000	13,359	1928
1937 Kenwood Pkwy	1,050,000	0	67	925,000	H	6/5	4,948	986,500	16,436	1897
1942 Humboldt S	1,295,000	0	15	#####	H	6/5	5,215	#####	20,435	1908
1804 Oliver S	1,625,000	30,000	389	#####	H	5/6	5,993	#####	29,587	1922
2728 W Lake of Isles Pky	2,750,000	0	11	#####	H	4/7	6,484	#####	46,675	1955
Sources:	Harvey Ettinger -	Steve Havig			Home	H				
					Condo	C				
Broker Reciprocity Websites / Hennepin County					Townhouse	TWN				(Go to mplsrealtor.com for additional info)

for charities they already know and trust. To be sure that your money is going where you want it to go (and to minimize the chance of any extra fees being taken from your donation), consider donating directly through that charity's own website, instead of through a crowdfunding page.

Donating smartly: Be wary of charities that spring up overnight in the wake of a disaster or tragedy, that have names that sound like well-known charities, or that otherwise raise red flags. If there is reason to suspect a charity might not be legitimate, contact the Minnesota Attorney General's Office before donating.

Where Do I Go For More Information?

The Better Business Bureau's Wise Giving Alliance and Consumer Reports publish information and tips on crowdfunding on their websites, www.give.org and www.consumerreports.org. Donors may also contact the Minnesota Attorney General's Office for more information about crowdfunding, to research charities

on the Office's website, or to file a complaint as follows:

Office of Minnesota Attorney General Lori Swanson

445 Minnesota Street, Suite 1400
St. Paul, MN 55101

(651) 296-3353 (Twin Cities Calling Area)
(800) 657-3787 (Outside the Twin Cities)

TTY: (651) 297-7206 or (800) 366-4812

www.ag.state.mn.us

Where we are Now

By Jean Deatruck

I walked with Eldon and my grandson Cameron to the Unitarian Society on Tuesday. Cameron registered to vote for the first time. He will go to college this fall. Many people were there to vote. It was exciting to see so many friends and neighbors. Registration for Cameron was easy. Later we joined acquaintances at Happy Hour where I was shocked to hear a woman say she never votes. She said she wasn't interested in learning about the candidates. I have voted every election since I was first eligible so her attitude shocked me.

Unfortunately her unwillingness to vote isn't uncommon. Even though it was reported that we had high turnout, it was only a little over 20 percent. Truly shocking that so many people aren't interested, especially now with our country divided and in turmoil.

Mike Wilson has been covering the *Celloici recitals*. We were fortunate to attend a truly superlative performance by Brannon Cho on cello accompanied by Victor Santiago Asuncion on piano.

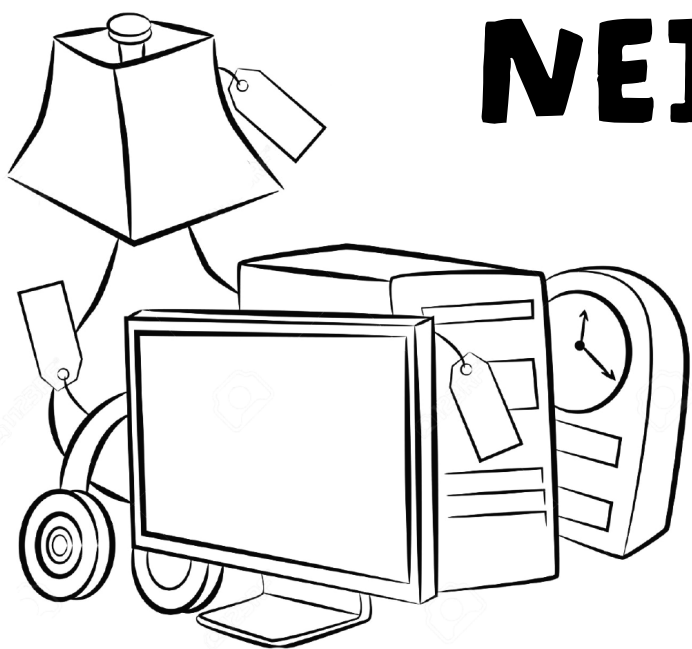
And I got married Saturday, August 4 at Saint Mark's

Cathedral to Eldon Feist with a fabulous reception at the Woman's Club attended by a large crowd of friends, neighbors, and family. Please support the Woman's Club. Food and reception was outstanding.

On Sunday we were again at St. Mark's for a blessing during the service and a laying on of hands. All of my children and grandchildren participated in the lovely service.

Continued on page 12

Lowry Hill and East Isles



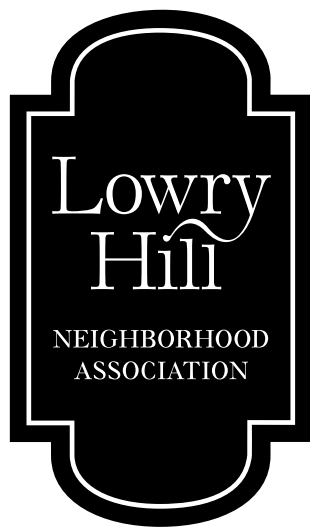
NEIGHBORHOOD SUPER SALE!

Saturday September 8th
9 a.m. - 3 p.m.

- Sign up to sell
- Be on the map
- Get a yard sign
- Get unsold item pick up

Lowry Hill residents can register online: donorbox.org/lhna-garagesale-2018

A \$10 registration fee covers ads, yard signs and neighborhood maps of participating garage sales. Disabled American Veterans will pick up unsold items on Monday after the sale. Just check the box when you register.



.....
LHNA Board Meetings

AUGUST: Summer hiatus, no meeting.

SEPTEMBER: Tuesday, September 4th at 7:00 p.m. at the Kenwood Recreation Center. All residents are welcome.

.....
To learn more about LHNA, visit us at lowryhillneighborhood.com

Remember! Lock cars and bikes and leave all porch lights on.



Jean Deatrck and Eldon Feist at Saint Mark's Cathedral.

Photo by Dorothy

Barabara Carlson

Last month I invited readers to share memories of Barbara Carlson. Unfortunately, few were received. That was a surprise because everyone loved or knew Barbara. So I will ask again. We would like to write about her. She was very important to our neighborhood. So if you wish to share stories, please email hillandlakepress@gmail.com

I have known Barbara since shortly before she celebrated her 40th birthday with a big party on Mt. Curve.

Her life has been interesting and productive. We want to celebrate her life. Please send a story, and/or anecdote.



Congratulations to Jones-Harrison on 130 Years of Service to Older Adults!



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1601 WEST 22ND STREET • \$1,250,000

Just steps to the Lake, this 1920-built home has gracious spaces for entertaining and comfortable living. Formal living & dining rooms, casual sun room & family room. Terrific renovated kitchen has a crisp, inviting feel and blends seamlessly with the outdoors. Large master suite and 2 add'l bedrooms up, and secret 3rd flr playspace. Finished LL with large amusement room, office & exercise rm. Entertain on the wonderful private decks or watch the activity around the Lake from your front porch.

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