



'Where the biggies leave off...'

# Hill & Lake Press

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## ARTrageous Adventures creates ways to cross promote and build community since the closing of the Kenwood Café

By Amanda Vallone

March is National Craft and Youth Art Month and by walking through downtown Kenwood you will see just that! As owner of ARTrageous Adventures I proudly display my students' artwork in the windows of the now closed Kenwood Café. "The closing of the Café was very upsetting to the neighborhood and especially to the neighborhood children who looked forward to their favorite Café foods and drinks. I even had one of my Afterschool Arts students draw a picture with a petition attached to it one recent afternoon. The empty windows and space has been a sad sight to see so I thought it would add some fun, color and creative inspiration for all to put up a kids art show to celebrate the month of March." I reached out to the owner of the building, Paul Modell, who thought displaying children's artwork in the empty space's windows would be a great idea until a new tenant is in place.

The art in the space's windows that ARTrageous Adventures students created represents each of the Kenwood Corner businesses. You will see acrylic paintings inspired by the latest Bockley Gallery exhibit, Pet Portrait collages to represent the Kenwood Pet Clinic & Stephen Dean Tailor, Dr. Seuss drawings to represent Birchbark Books, and Georgia O'Keefe up close paintings that represent Framestyles. You will even see some drawings of what Kenwood kids would like to see in the empty space. Stop by and appreciate the art display and stop in and say hello to one of these amazing businesses and show your support!

ARTrageous Adventures has strived to build community and cross promote with the other businesses on the corner by creating events that benefit all the businesses and bring the community together to support and celebrate one another.

Recently the studio celebrated Dr. Seuss's birthday with a Cat in the Hat party for families to attend. There was face painting, a Creation Station, storytelling, and fun snacks too. ARTrageous Adventures encouraged families to purchase a Dr. Seuss book from Birchbark Books on event day for a fun giveaway treat at the studio.

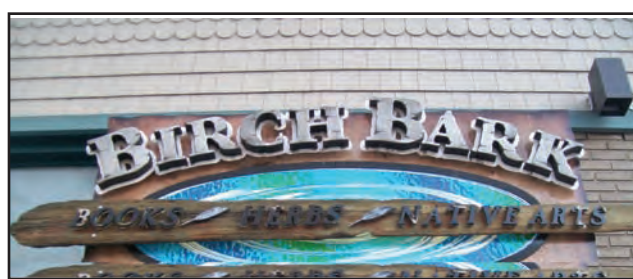
ARTrageous Adventures also has partnered up with Framestyles to provide custom framing coupons to children who participate in the studio's programming. Framestyles has generously donated a few custom frames for an upcoming art show to show their support of the arts.

"Small businesses sprinkled throughout Minneapolis neighborhoods are one of the great and unique aspects of our city and I support them whole heartedly and will continue to find ways to cross promote and engage the community along the way."



The now closed Kenwood Café.

Photo by Dorothy Childers



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### Lunch with Lisa

March 28 noon

Join Council Member Lisa Goodman for lunch and conversation: League of Woman Voters on Voter ID.  
St. Thomas University-Minneapolis  
202 Opus Hall  
\$10 Lunch is offered  
Come early to get your lunch and a good seat

### Heid E. Erdrich's book launch of *Cell Traffic* on Friday, March 23.

The Birchbark Books Reading Series continues at its temporary home at St. Paul's Episcopal Church, located only a few blocks from Birchbark Books. Next reading will be on Wednesday, March 14, 2012 at 7:00 p.m. Reading will be Denise Sweet, Poet Laureate of Wisconsin, Carter Meland, writer and teacher at the University of Minnesota's American Indian Studies program, and Ann Iverson, author of *Come Now to the Window*, *Definite Space* and *Art Lessons*.

The series has a new home at St. Paul's Episcopal Church at 1917 Logan Avenue South (northeast corner of Logan and West Franklin Avenues) [www.stpaulsmpls.org/aboutus/findus.html](http://www.stpaulsmpls.org/aboutus/findus.html)

Birchbark Books is still open for business. Please continue to support them. Your support is greatly appreciated!

Hosted by Michael Kiesow Moore, The Birchbark Books Reading Series features new, emerging, and established writers monthly. The series takes place the second Wednesday of the month, from September through May.

**Cell Traffic Book Launch Celebration**  
Friday, March 23rd @ 7pm

### Metropolitan Council sewer improvements will require tree removal in Calhoun-Isles area

Metropolitan Council Environmental Services (MCES) is beginning work on the Calhoun-Isles Area Sewer Improvements, which will replace a portion of an aging regional sanitary sewer through the Cedar, Dean, and East Isles neighborhoods. Tree removals will be needed along portions of the Midtown Greenway between Dean Parkway and East Calhoun Parkway (approximately one-half mile) to open up a corridor for the sewer excavation and to create a safe work area for the sewer construction workers. Tree removals are expected to begin in late February and continue through March in preparation for the upcoming sewer construction.

Approximately 170 trees and areas of undergrowth are to be removed from the park area. The trees to be removed mostly include ash, mulberry, elm, and cottonwood. More than half of these trees are less than 8 inches in diameter; however, there are four significant large-diameter cottonwood trees that are along the new sewer alignment. Because the excavation will remove the root structure of these cottonwoods and potentially destabi-



### Sarah Risser will speak on The Keystone XL Pipeline: Channeling Concern about Environmental Degradation and Big Oil Influence.

Please join us: Tues., March 20th 7:00-8:30 pm (free) with dessert & coffee, Linden Hills Park & Rec Center, 3100 West 43rd St. Minneapolis, MN

Sarah Risser, Environmental Policy and Management Support, supports a number of local environmental non-profit organizations on key environmental management and policy issues primarily through writing, speaking, lobbying and organizing. She received a B.S. in earth science and the science in society program from Wesleyan University and a Masters of Environmental Management from Yale University. In addition, Sarah completed an MBA at the University of Singapore. Sarah has actively followed issues surrounding the industrialization of the Alberta Tar Sands and the approval and construction of the of associated pipeline-infrastructure.

### Theodore Wirth Park Citizen Advisory Committee meeting scheduled for March 20

The next Citizen Advisory Committee (CAC) meeting to review a revised master plan concept and prioritize needed improvements for Theodore Wirth Park has been scheduled for Tuesday, March 20. The meeting will be held at 6:30 p.m. in the Board Room at Park Board headquarters, 2117 West River Road.

All are welcome to attend the meeting and time will be set aside for public comment.

Recent and future improvements are possible due to grants from the Parks and Trails fund of the Clean Water, Land and Legacy Amendment passed by Minnesota voters in 2008 and from the Metropolitan Council. Over the past two years, the playground has been replaced, and beach improvements and a new trail loop around Wirth Lake have been completed. The Wirth Pavilion Rehabilitation will be under construction this year.

For more information about Theodore Wirth Park planning, visit the park's project page at <http://www.minneapolisparcs.org/default.asp?PageID=1150>

lize them, they will need to be removed to ensure the safety of not only the construction workers but also future park users, pedestrians, and motorists along Lake Street.

MCES is coordinating the tree removals and post-construction tree planting and other landscape restoration with the Minneapolis Park and Recreation Board and the Hennepin County Regional Railroad Authority.

More complete information about the Calhoun-Isles Area Sewer Improvements and the construction-related tree removals is available on the Metropolitan Council website at: [www.metrocouncil.org/sewerconstructionupdates](http://www.metrocouncil.org/sewerconstructionupdates).

### Classified Advertising

MARCH 2012

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Rates: \$7.00 for two lines, \$4.00 for each additional line. Send ad and check to Hill & Lake Press, c/o Jean Deatrack, 1821 Dupont Ave S, Minneapolis, MN 55403, payable to Hill & Lake Press. There are approximately 48 characters (letter, punctuation, space, number) per line.

### HAPPENINGS IN THE NEIGHBORHOOD

March 18, 1pm Energy Improvements Unitarian S  
March 20, Theodore Wirth Meeting, pk Bd  
March 20, 7pm Sarah Risser, Linden Hills Rec Ctr  
March 22, 6:30, Food Forum at Plymouth Church  
March 23 Heidi E. Erdrich, Birchbark Books  
March 24, 1pm Karen Warren-Severson, St. Paul's  
March 28 Lunch with Lisa, St. Thomas downtown  
March 31, 10am Easter Egg Hunt Kenwood Park  
March 31, 2pm Green Family Fun, Kenwood Rec  
April 10 6:30 Met Council Sewer Mtg Jones Harrison  
April 21, Wellness Event, Lake & Excelsior  
April 21, Earth Day  
May 6, 5pm Kenwood's 50th anniversary

### NEIGHBORHOOD MONTHLY MEETINGS:

CIDNA: 2nd Wednesday 6pm at Jones-Harrison  
EIRA: 1st Tuesday 7pm at Grace-Trinity Church  
Tuesday, April 17, 7 p.m. EIRA Annual Members Meeting, at Grace-Trinity Community Church  
KIAA: 1st Monday 7pm Kenwood Rec Center,  
LHNA: 1st Tuesday 7pm at Kenwood Rec Center

### Mending Your Heart with Karen Warren-Severson

Saturday, March 24th @ 1pm  
Birchbark Books

National Certified Counselor Karen Warren-Severson will be in the store presenting her book *Mending Your Heart: An Activity Book for Bringing Your Inside Feelings Out*. The book invites children and adults to explore their losses through a hands-on mending-heart activity. More information here.

An Evening of Ojibwe History: Brenda Child & Michael Witgen

Friday, March 30th @ 7pm

St. Paul's Episcopal Church (lower level)  
1917 Logan Avenue South, Minneapolis  
Reception to follow.

Join us for an evening of Ojibwe history with the authors of two newly published and vital books: *Holding Our World Together: Ojibwe Women and the Survival of Community* by Brenda Child and *An Infinity of Nations: How the Native New World Shaped Early North America* by Michael Witgen.

Brenda J. Child, a member of the Red Lake Ojibwe Nation, is an associate professor of American Studies at the University of Minnesota and the author of *Boarding School Seasons: American Indian Families: 1900-1940*. She is also on the advisory board for the Penguin Library of American Indian History. Michael Witgen teaches history and American culture at the University of Michigan.

### Metropolitan Council

#### Calhoun-Isles Area Sewer Improvements

#### Public Information Open House

Tuesday, April 10, 2012

6:30 p.m. to 8:30 p.m.

Jones-Harrison Residence

3700 Cedar Lake Avenue, Minneapolis

A public information open house for the upcoming construction work on the regional sanitary sewer system. The Calhoun-Isles Area Sewer Improvements segment to be completed in 2012 encompasses an area between Dean Parkway and East Calhoun Parkway.

Residents and businesses are encouraged to attend to hear how the project may affect them.

Additional information is available on the Metropolitan Council website at: [www.metrocouncil.org/sewerconstructionupdates](http://www.metrocouncil.org/sewerconstructionupdates)

For further information, contact:  
Tim O'Donnell, Metropolitan Council Environmental Services  
651-602-1269 • [tim.odonnell@metc.state.mn.us](mailto:tim.odonnell@metc.state.mn.us)

### The Woman's Club of Minneapolis

Annual Estate Sale April 21  
9am -4pm, 410 Oak Grove St.

Many old treasures; crystal/china, linens, vintage jewelry & handbags, artwork, multitude of chairs, Admission \$5 Cash/check

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## MEET YOUR NEIGHBOR, ANNA BADGER

Craig Wilson interviews Anna Badger about the recent remodeling of Tao Natural Foods at 22nd and Hennepin. It looks beautiful. What motivated you to remodel the restaurant?

There were a few reasons; mainly for efficiency, things had been kind of pieced together over the years and we wanted to streamline the space for efficiency. Also we wanted the aesthetic of the space to match the quality of our product.

**When was Tao founded?**

It was founded in 1968 and we acquired it in January of 2006.

**What is the history of Tao?**

Tao was started by a man named Robbie Cagen who wanted to offer bulk, organic food to the community that could be easily accessible. His mission was to bring to light the dangers of toxins in overly processed foods (that were so prevalent in the American diet). Tao was the alternative option. That theme still remains today.

He sold the business to Bob Karrow in 1972. Bob is the one who created the Tao that everybody knows and loves. He integrated supplements and the Juice bar to fulfill the evolving needs of the community. The history of Tao and Bob is rich and very colorful. He brought the community a lot of joy through the years.

**What types of products and services do you offer?**

Tao is a fairly all encompassing business revolving around a healthy lifestyle. We have an organic cafe that offers breakfast, lunch, and dinner, fresh juices, and biodynamic wines. We have a retail store that offers natural and safe supplements and herbs. We have just devoted a whole section of our shop into a DIY (do it yourself) area offering bulk ingredients to make your own soaps, candles, salt scrubs and house keeping products. It's fun and rewarding. And we also have health practitioners offering services of Acupuncture, Reiki

and Massage.

**You have a Master of Science degree in Oriental Medicine and are a licensed acupuncturist. How does Oriental medicine differ from Western medicine?**

They have different philosophies of how the body works. Western medicine compartmentalizes the body and disease, where eastern medicine connects the disease to the whole body. In eastern thought, a disorder involving say, the foot, has an origin that lies elsewhere in the body but is reflected in the foot. Eastern treats the origin of the disease, not just the point of its reflection or symptom.

**What are common ailments that you often see and treat and cure?**

Stress might be the most common disorder that I see. It is the underlying cause of many diseases: hypertension, headaches, insomnia, etc.

**What is your favorite product at the store?**

Ultra Inflamm-x by Metagenics. It is an all encompassing product. It is a multivitamin, and anti-inflammatory, and a meal. It's a thorough product.

**You met your husband at the store several years ago and together you have two children. How do you juggle balancing family and running a successful small business together?**

It's day to day with two youngsters, but Sam and I have found a rhythm. The community at Tao has been essential in helping to carry the load, so to speak. It takes a village right?

**What are you interested in outside of Tao?**

We love to hike and explore with the whole family when we get the chance.

**If you could encourage average Americans to change one thing about their health, what would it be?**

Eating whole, organic foods would have the largest impact not only on the personal health of the individual



Anna and Sam with their two children

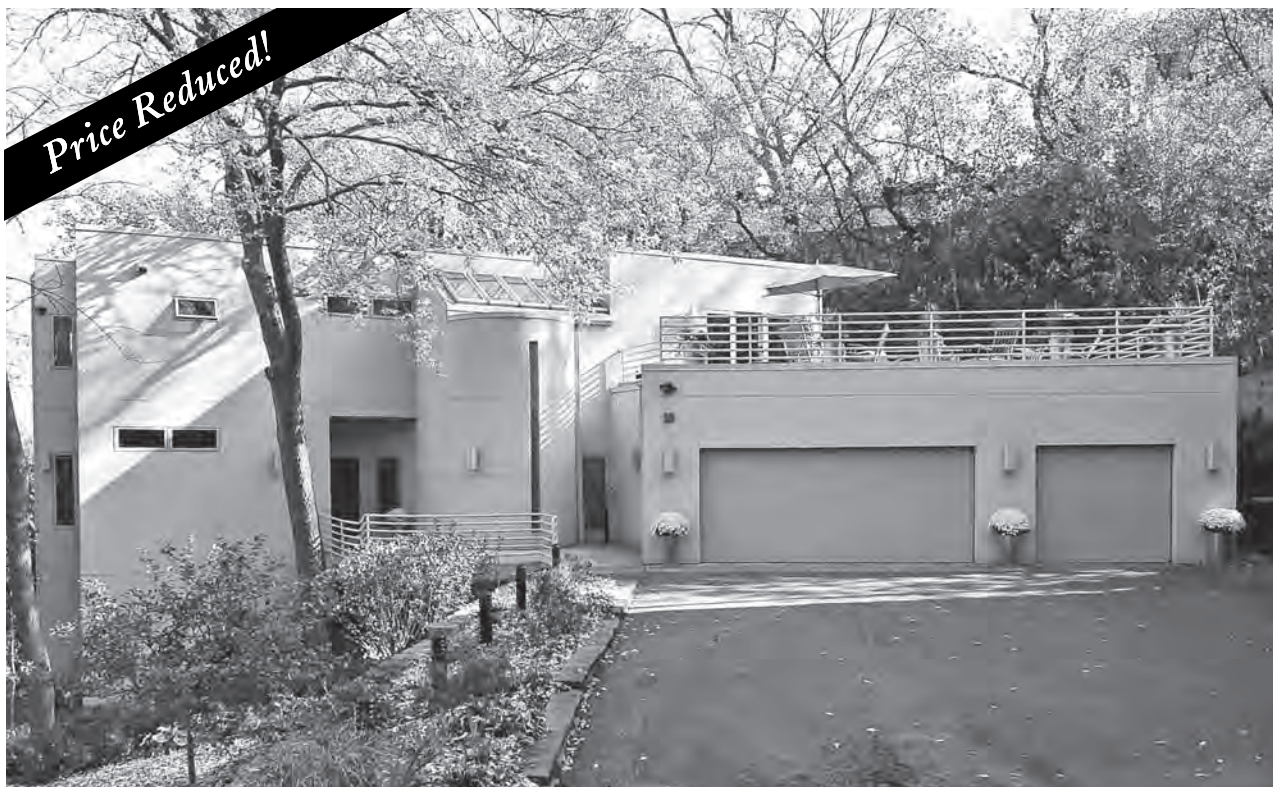


Tao Foods at 22nd and Hennepin

but also on global health. It's funny that after 44 years, that is still Tao's underlying mission.

**Any specials coming up?**

We have an on going customer appreciation day, the first Saturday of every month, where everything in the retail store is 15% off. We also have monthly specials, stop in and see!



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## MINNEAPOLIS MINDS

By Steve Kotvis

Steve Kotvis is expanding his views on education with a volunteer photo assignment for Friends of Ngong Road in Nairobi, Kenya. He will be back to write his column next month.

## Wood Smoke is damaging people's health and the environment

By Carol Dines

This article is published by permission and was originally published in the March 2012 edition of the *Uptown Neighborhood News* [uptownnews@yahoo.com](mailto:uptownnews@yahoo.com).

Spring is almost here and, for people like me with asthma, that used to mean an end to winter fires and a few months of cleaner air in the neighborhood. Unfortunately that's no longer true. During the past years, the proliferation of outdoor fire-pits and fireplaces has caused wood smoke to be a year-round problem that impacts the health of all of us. The resulting environmental and health impacts caused by wood smoke are causing many people to think twice before they light their next fire. Harvard's Public Health Magazine reports that "Wood smoke has some of the most insidious chemicals known to man" including benzene, formaldehyde and dioxins. Joel Schwartz, a Harvard researcher says, "There is no safe level of particle pollution." The fire that for you may evoke happy memories of the past is filling your children's (and your neighbors') lungs with harmful particulate pollution generated by wood smoke.

Recent reports by the EPA (Environmental Protection Agency) point to numerous studies linking wood smoke particle levels to increased hospital admissions and emergency room visits. David Fairley, an air quality specialist who has studied this problem in California, says, "Simply banning or limiting wood fires could potentially save many lives at little or no cost. And yet, despite the mounting evidence, most people are unaware that wood smoke is more dangerous than cigarette smoke because it stays in the lungs longer. The microscopic particles of wood smoke can bypass the body's filtering system and collect in remote regions of the lungs, aggravating asthma, COPD, bronchitis, cardiac conditions and even diabetes. According to the Asthma and Allergy Foundation, asthma death rates have increased 50% across the board for age, gender and

ethnic groups since 1980. During the same period, the death rate for children from asthma has increased by 80% with lung disease as the leading cause of death among newborns. Asthma is also the most chronic health condition among children and accounts for one-fourth of the emergency room visits in the U.S. with an average hospital stay of three days. It is the number one cause of school absenteeism among children and the fourth leading cause of work absenteeism among adults. Closer to home, 12 percent of Minneapolis children have diagnosed asthma and the rate is only slightly lower for adults. Moreover, Minnesota's asthma rates are higher than the national average and one reason may be our air quality.

In a 2009 Forbes article, Minneapolis was rated the sixth worst city for air pollution largely because of our particle pollution problem and it has only gotten worse since then. According to a Washington State Department of Ecology report burning two cords of wood produces the same amount of mutagenic particles as driving 13 gasoline powered cars 10,000 miles at 20 miles per gallon. Nevertheless, according to the Chief Fire Marshall, recreational fires have gone up 50% in the last ten years. Wood smoke is now shown to be a major contributor to global warming. The Nobel Prize-winning International Global Panel on Climate Change stated that "reducing or eliminating wood and other biomass burning is one of the easiest and most effective ways for us to curb global warming." Cities around the world are taking a stand on this issue. Minneapolis is also looking at ordinances that would require permits and/or limit burning to protect the health of all its citizens. We need to educate people about the harmful effects of wood-smoke. One of the biggest tests we face

is whether we can change our habits in time to curb the severe impact of global warming. Reducing residential wood smoke is one clear way to reduce particle pollution and improve public health. The choice is yours. For further information: [info@takebacktheair.com](mailto:info@takebacktheair.com) and [www.burningissues.org](http://www.burningissues.org).

**Carol Dines lives in the East Calhoun Neighborhood, is a writer, teaches yoga for respiratory conditions, and is a member of Take Back the Air.**

### Healthy Legacy IV Link FRESH CHOICES: GROWING THE LOCAL FOOD ECONOMY

612-333-6319 [www.LWVMPLS.ORG](http://www.LWVMPLS.ORG)

The League of Women Voters of Minneapolis will present a public forum on growing our food locally, with an overview of the local food system revolution now taking place in the community. The forum is the fourth in a series of the Healthy Legacy agenda the League has been sponsoring. The event will take place at Plymouth Congregational Church, 1900 Nicollet at Franklin Avenues on Thursday, March 22 from 6:30 to 9:30 P.M. with an opportunity to view exhibits, meet participating sponsors, and register for door prizes from Eastside, Wedge, Seward, and Linden Hills Coops.

LaDonna Redmond of the Institute for Agriculture and Trade Policy will give an overview of the food system revolution; Commissioner Gretchen Musicant, Minneapolis Health Department, will speak on health equity through improving public health through Homegrown Minneapolis; Collie Graddick, partner, Community Table Cooperatives, will discuss the barriers and opportunities in creating a vibrant local food economy; Tim Brownell of Eureka Recycling, and Hennepin County compost specialist John Jaimez will suggest the public use food waste to make soil through composting. With enthusiastic support Minneapolis Mayor R.T. Rybak will urge all to seize the momentum of the movement.

Representative Karen Clark and City Council Representative Cam Gordon will conduct a question and answer session with speakers and guests. Joan Higinbotham of the Minneapolis LWV will moderate the Forum.

Tasty food samples will be available from One Dish at a Time, Seward Coop, Birchwood Cafe, Common Roots, Bryant Lake Bowl, Chowgirls, Sen Yai Sen Lek, Brasa, Right on Thyme, and Peace Coffee. The Red Eye video "Dirty Work" will be shown.

The forum is sponsored by the League of Women Voters and the working group Caring for Creation of Plymouth Church. Special thanks for funding from Health Partners. Free and open to the public.



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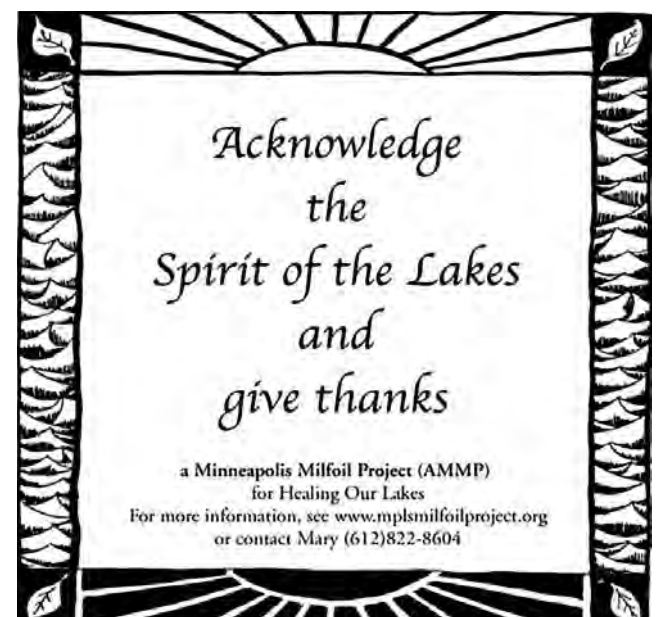
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# A Final Farewell....

By Diane Woelm

Brian Farrell whose family lives next door to the Westreichs called our son Max to tell him that Natalie had passed away about 20 minutes before, on a mild February evening. Max called us immediately. I was not surprised and I'm grateful to Brian for keeping us informed.

Son Sam came home from China for Christmas and together we had visited Gil and Natalie at their home to deliver some Hanukkah gifts of Chinese gowns for their grandchildren.

All the children and grandchildren were meeting in Minneapolis to take the train to Montana with their grandparents. Natalie was determined to be on that train. She would see the doctor when she returned. "I know what it is," she said. "What difference does it make anyway?" It broke my heart to hear her say that. Throughout our friendship she has always been such a tower of strength.

As young mothers we took our children to Storybook hour at the old Carnegie Library called the Walker Branch at Uptown and Lake street. We shared family dinners and one summer we were invited to go with them on a family canoe trip to the boundary waters. Natalie led several groups of women to the Boundary waters to experience the wilderness.

She also organized cross-country skiing trips. One in particular was in 30 below weather and our cabin was not quite ready. In fact the pipes broke so the manager was chopping through a little frozen pond in the middle of the kitchen. He finally got it fixed, and we all pitched in and washed all the dishes in the cupboards and all the silver. We were not taking any chances. I went on two of those winter ski trips before I gave it all up. I was not improving and I could see I was keeping the rest behind. In the evening we pulled all the furniture away from the windows and shared what men call "war" stories. That was fun.

Natalie's life was so full she never had a chance to rust out. In addition to writing a manual for Physical Therapy that could be used in a program she was helping develop in Minsk, Russia, she and Gil welcomed new Americans from Russia. In December of this year Gil and Natalie went to Hong Kong and took the time to visit our son Sam. Natalie had asked for our son's telephone number and called him. He was delighted to hear from them and flew out to meet them from Shanghai where he lives. They had dinner together and then Sam took them on a tour of Hong Kong that he thought they might not see on their own. In an email Natalie sent us those pictures, and said, "You better get out here and visit him - Sam has made a nice little life for himself and you should be proud of him." The photos were a wonderful gift, and then to our surprise Sam came home for Christmas, the best gift of all.

We who knew Natalie in our community feel blessed to have known her. I will close this farewell with my favorite memory. It happened a long time ago when she read in the Minneapolis Star that the U.S. Marines were setting up training on the beach of Lake Superior in Duluth. She put down the paper and said, "Not on my



Archival photo courtesy of Dorothy Childers

Natalie Westreich



Gil and Natalie Westreich with Sam Woelm in Hong Kong in December 2012.

beach!" With that she grabbed her beach bag, threw it in her car and drove to Duluth where she set up her beach towel right in the Middle of the Marine Corp training operations. That got her into the news and on the front page of the local newspaper. That memory speaks to the very essence of Natalie.

Farewell Dear Friend. You made a difference, yes you did!

## TOUR ENERGY IMPROVEMENTS AT THE FIRST UNITARIAN SOCIETY

The Metro Clean Energy Resource Team and MN Interfaith Power & Light are hosting a tour of the energy improvements made at the First Unitarian Society of Minneapolis.

Event and Tour at First Unitarian Society of Minneapolis- House of Worship winner in Energy Star Battle of the Buildings competition

Join the Metro Clean Energy Resource Team (Metro CERT) and Minnesota Interfaith Power and Light to learn about the First Unitarian Society of Minneapolis' efforts to reduce energy costs for their congregation. First Unitarian Society has saved over \$16,000 in the first year almost entirely from no-cost and low-cost opportunities. This event will provide specific ideas and suggestions for other congregations and community groups on ways to save energy in their buildings, and how to mobilize and recognize their members in doing so. This event is free and open to the public.

**When: Sunday, March 18th from 1:00-3:00 p.m.**

Where: First Unitarian Society of Minneapolis, 900 Mount Curve Avenue, Minneapolis, MN 55403

How: Register for this free event by visiting: <http://metrocertcongregation.eventbrite.com/>

Why: Learn about what steps your congregation or community group can take to save on operating costs in your building, such as energy benchmarking and re-commissioning.

## Preserve Minneapolis, American Institute of Architects Minneapolis, and the Minneapolis Heritage Preservation Commission invite nominations of outstanding projects for the 21st Annual Minneapolis Heritage Preservation Awards.

The Minneapolis Heritage Preservation Awards highlight the year's best achievements for transforming or preserving a historic property, building, or landscape. Recognition is also given to those who submit projects that incorporate both new and old elements in a way that is respectful to the past.

Awards are made based on nomination materials submitted. A jury comprised of three Minneapolis Heritage Preservation Commissioners, three members of American Institute of Architects Minneapolis, and three board members from Preserve Minneapolis reviews nominations.

Nominations will be accepted Monday, February 27th through Friday, April 6th, 2012. Electronic nomination forms are available at: [http://www.aia-mn.org/ext\\_about/local-chapters/minneapolis/](http://www.aia-mn.org/ext_about/local-chapters/minneapolis/) Self-nominations are encouraged.

The 21st Annual Minneapolis Heritage Preservation Awards will be held on Thursday, May 17th, 2012, 11:30 a.m., at International Market Square, 275 Market Street, Room 185, Minneapolis, MN.

Nominations are solicited in the following categories:

Historic Restoration, Rehabilitation, or Adaptive Reuse Project

New Addition to a Historic Building

New Construction within a Historic District

Community Education & Advocacy:

Recent Past Award: Projects for nomination in this

Preservation Awards to page 6

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**Community Energy Services: Your Neighborhood's Energy Saving Partner**

Though we've had a mild winter, homeowners can still save on utility bills by participating in Community Energy Services, Minneapolis' premier residential energy efficiency program.

"I learned quite a bit in the Community Energy Services workshop. The best was the home visit when I was finally able to understand where the biggest energy drains exist in my home. Now I can do something about them!"  
Lisa, East Isle homeowner.

Attending a FREE Community Energy Services presentation qualifies homeowners for a home energy visit from a team of energy pros that install energy savings materials and identify additional opportunities to save money in your home. To sign up for the \$30 visit you must attend a presentation prior to March 31, 2012. After this date the price increases to \$40. Attention CIDNA residents: CIDNA will reimburse the \$30 for the first 100 homeowners who participate by March 31! Don't miss out – join the 4,300 homeowners in Minneapolis who have already participated!

CES has helped homeowners fight ice dam problems, make home energy improvements, and save energy and money in their homes while staying comfortable. Community Energy Services also provides help with the next steps including finding qualified contractors, applying for utility rebates and accessing low interest financing.

For a complete listing of upcoming presentations and to register online visit [mnces.org](http://mnces.org) or call 612-335-5869.

**Main Lounge at the Woman's Club of Minneapolis**



**The Woman's Club of Minneapolis opens its doors to the public for the month of March.**

Have you always been curious about The Woman's Club of Minneapolis? What is their mission? How old is the building? What do they do at the Club? What is their Dining Room like?

Beginning Thursday, March 1 through Saturday, March 31 the Woman's Club will be showcasing the Clubhouse to the public. The Woman's Club Dining Room will be open to the public for breakfast, lunch or dinner Wednesday through Saturday and Sunday Brunch from 11:00 am – 2:00 pm. Please make dining reservations by calling 612-813-5300 or emailing [Frontdesk@womansclub.org](mailto:Frontdesk@womansclub.org)

Schedule as follows:

**SUNDAY**

Brunch Buffet: 11:00 am-2:00 pm  
\$24.95 adults  
\$9.95 children 10 and under  
Includes chef-carved meats, complimentary champagne or wine  
Dinner: Closed  
No Cancellations after noon, one working day (Friday) in advance of Brunch.

**MONDAY Club Closed**

**TUESDAY**

Breakfast: 7:30-10:00 am  
Lunch: 11:00 am-2:00 pm  
Dinner: 5:00-9:00 pm

**WEDNESDAY**

Breakfast: 7:30-10:00 am  
Lunch: 11:00 am-2:00 pm  
Dinner: 5:00-9:00 pm

**THURSDAY**

Breakfast: 7:30-10:00 am  
Lunch: 11:00 am-2:00 pm  
Dinner: 5:00-9:00 pm  
Order from a limited menu or enjoy:

Our special Pasta Bar

**FRIDAY**

Breakfast: 7:30-10:00 am  
Lunch: 11:00 am-2:00 pm  
Dinner: 5:00-9:00 pm

**SATURDAY**

Breakfast: 9:00 am-11:00 am  
Lunch: 11:00 am-2:00 pm  
Dinner: 5:00-9:00 pm

Preservation Awards from page 5

category are those that restore, reuse, or add to a place, property, building, or landscape that originates from (approximately) the last 50 years.

The Steve Murray Award: The Steve Murray Award is considered the top individual honor for preservation in Minneapolis.

All Nominations are due to the American Institute of Architect Minnesota Office by 4:00 p.m. on Friday, April 6, 2012. If you have questions about the awards or the nomination forms, please contact Preserve Minneapolis board member Tammy Lindberg at

(612) 251-8167 or [tammylindberg@gmail.com](mailto:tammylindberg@gmail.com)  
Electronic nomination forms are available at: [http://www.aia-mn.org/ext\\_about/local-chapters/minneapolis/](http://www.aia-mn.org/ext_about/local-chapters/minneapolis/)

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# FRIENDS OF THOMAS LOWRY PARK

By Barry Lazarus

Hello to all of you in Hill & Lake Press land. We all are having a better than hoped for winter and Thomas Lowry Park will soon need TLC as it prepares for your summer and fall visits. Please volunteer to help with Spring cleanup. Barbara Fogel and Suzanne Payne cannot do the job alone. If you and your children will raise your hands and note a Saturday or Sunday you can come to the Park, the pizza fairy will bring pizza and soda as a reward (please also bring your gloves, a rake or hoe, and a shrub clipper). Many of you have commented that the Park never looked better than last summer. Let's continue that observation by pitching in and helping make it happen again. Thanks.

Friends continues on the project of examining whether there is interest in, money for, and feasibility for moving the Thomas Lowry monument from Smith Park to TLP. Friends would appreciate any comments you have. Please send your comments to Barbara at "bfogel@comcast.net". This project cannot happen without one or two generous donors. Friend is aware many of you may oppose such a move. Please write to Friends and let Friends include your comments, for or against, in our next article.

Many of you are aware of the many years of extraordinary service in time and money donated by Barbara Fogel and Suzanne Payne.

You do not know of the wonderful work of Bill Payne. He has been working behind the scenes with the MPRB to obtain for the Park all that the MPRB can do for the Park. Here is a sample of the issues he is working on:

- Replacement of shrubs and perennia
- Deadlimbs
- Snowremoval
- Park Stewards Program
- Replacement of Plantings

Several woody plants/perennials have died; the MPRB and Bill want to determine why the plants died. Response from the MPRB per Bill's request is granted except for PJMs. PJMs will grow too large for their respective beds, and the horticulturist would be willing to work with Friends with respect to a substitute plant.

**Dead Limbs**

The forestry person at MPRB will revisit the issue in a couple of years when it is a bigger problem.

**Snow Removal**

Bill asked whether the brick path from the southwest entrance to the Park that goes past the pergola and connects to the northerly brick walk should be plowed? The MPRB answer was yes, but there is not enough money to do this at the present time and the issue has not arisen for the last 15 years.

Safety in the neighborhood is an ever present concern. The author received an email which sets forth a

good suggestion. Nearly every car key has a panic button. Keep the car key at your bedside. If you believe there is a threat on your property or in your house, press the panic button. The car alarm will go off and the horn will beep until you turn it off or the car battery is dead. This should scare away a person with bad intentions. This could also be a useful protection in a parking lot when you feel threatened.

Last, if you have a medical emergency while in your car, the horn may bring immediate help.

Please let Friends know if you read this article, if you will donate time as above requested, or have any questions about the Park. Have a good month.

## SIXTH ANNUAL TEEN JOB FAIR WILL BE HELD MARCH 24 AT HENNEPIN COUNTY LIBRARY – MINNEAPOLIS CENTRAL

Participation is free for teens and employers

Teens: did you know that as many as 80% of jobs are not advertised? Or that volunteer jobs count as work experience on your resume? That you can meet dozens of employers of teens at one location – Hennepin County Library's Teen Job Fair? Begin your search for a great job at the sixth annual Teen Job Fair on Saturday, March 24, noon-3 p.m. at Hennepin County Library – Minneapolis Central, 300 Nicollet Mall, Minneapolis. Admission is free.

The job fair offers teens ages 14-19 an opportunity to meet employers from Hennepin County businesses and organizations, find out about jobs, internships, and volunteer opportunities, pick up job applications, and attend workshops offering tips on finding job leads, filling out job applications, and polishing interview skills. Parents and guardians are welcome, too.



Photo by Dorothy Childers

Jim Lenfestey on February 26, 2012 at Plymouth Congregational Church where he participated in a lecture with Gary Snyder along with a showing of COLD Mountain video and poems from A Cartload of Scrolls and stories from China.



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**Kenwood Fifth Graders Immersed in the Great Outdoors;**

**PTA Fundraiser is a Great Success**  
By Nicole Valentine

Last month, Kenwood fifth graders spent four days and three nights at Eagle Bluff Environmental Learning Center near Lanesboro, MN. This is the second year the school's senior class has made the trek to southern Minnesota. Darwin Lee, one of Kenwood's two fifth grade teachers, brought the trip to the school's curriculum when he joined Kenwood's staff last year. This popular trip has already become an academic highlight for the school's 5th graders.

Lee, who taught at Kenny Elementary School in southwest Minneapolis for many years, has been taking fifth graders to Eagle Bluff, an accredited, non-profit, environmental education center, for 15 years. "I've been a huge fan of Eagle Bluff and what they do since they began years ago. The programming and staff are just excellent and they have provided lots of opportunities for teacher training." Lee added, "For many of these kids, this trip is their first multi-night stay away from home. The staff at Eagle Bluff keeps them busy and engaged; plus the accommodations are comfortable and the food is good. This can be a huge plus for the kids." Eagle Bluff's mission is to foster environmental awareness, responsibility and literacy, and to

promote respect and personal responsibility through teamwork and problem solving.

The students were immersed in six hours of classes a day, consisting of environmental science, outdoor skills, challenge skills, and cultural programming. Examples of classes include "Pioneer Life," water quality science, animals in nature, night hikes, STARLAB, and a high ropes course. Lee said, "The kids are learning every minute."

Fifth grader and Kenwood resident Lucie Allen highly recommends the trip, reporting that it was "really, really fun." She added that it was great to spend so much time with friends and learn so many things. She especially liked the high ropes course and the pioneer life class.

Lowry Hill resident and chaperone Chris Madden said the trip was a great experience for the kids. "They are pushed in so many ways. They are learning about science and the outdoor world, but also about how to work together and live together."

The PTA has established an "Eagle Bluff Fund" to provide scholarships and lower the cost of the trip for current and future 5th grade families. The 4th and 5th graders are conducting a plant sale to raise money and "pay it forward" for next year's trip. If you would like to support the sale, come check out the plants at the school's carnival May 19. In addition, next month the school will be holding its second annual fundraising night at Calhoun Commons' Noodles and Ben and Jerry's. Both restaurants will donate a percentage of the evening's sales to the Eagle Bluff fund.

Principal Cheryl Martin said, "Kenwood is excited about having the Eagle Bluff trip as part of our 5th grade curriculum. This is a very special opportunity for our students and the 4th graders are already excited about their chance to go next year." Martin added, "a student came straight to my office after returning from Eagle Bluff this year to tell me that the trip was 'so impactful.' I was impressed that she expressed her enthusiasm in such a grown up way!"

The PTA's annual auction event was another great success this year. The event, held at Kenwood Gymnastics in St. Louis Park February 11, raised over \$45,000 for arts programming, academic residencies, field trips, and classroom needs. Event Chair Alyssa Peterson said, "we could not have done this without the support of our community; neighborhood businesses and our current and former families. We are so grateful for their generosity and involvement." Additionally, Peterson said, "I cannot say enough about the dedicated group of parents that acted as the steering committee for this event. It was a huge undertaking that thrived because of their energy and commitment."

Community Liaison and Lowry Hill resident Sue Payne said, "the generosity of this community continues to astound me; from the donations to the volunteer effort to those who came to the event ready to shop. This community is really behind their neighborhood school."



A group of Kenwood 5th graders learns about pioneer life during their three-night trip to at Eagle Bluff Environmental Learning Center.



Kenwood 5th graders and parent chaperones on a nature hike during their stay at Eagle Bluff.

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### Kenwood Park Spring Egg Hunt Saturday, March 31st 10am-11:30am

Kenwood Park is getting ready for the annual Spring Egg Hunt hosted by Sullivan & Kyllonen from Edina Realty. Families are welcome to come out and enjoy a spring morning at the Kenwood Park and Recreation Center.

Peter Rabbit will be our guest for families to take photos with and the egg hunt will be for different age groups from 1-10. There will be a spring Creation Station hosted by ARTrageous Adventures, face painting, storytelling hosted by Birchbark Books and a few fun spring games in the gym.

This event is FREE however donations for park programming are welcome!

After the event walk on over and visit some of Kenwood Corner businesses as they will have some fun spring treats and activities waiting for egg hunt guests.

*Don't forget your baskets!*



### JONES HARRISON WINS AWARD



### JONES-HARRISON WINS 2012 AWARD FOR WORKPLACE EXCELLENCE

Local retirement community honored at the Aging Services of Minnesota Institute. On Friday, February 10, Jones-Harrison of Minneapolis received the 2012 Excellence in the Workplace Award from Aging Services of Minnesota. The Workplace Award celebrates an older adult services organization as an employer of choice for progressive practices that enhance employee satisfaction and retention, promoting careers in the field of senior services and investing in its employees. The Aging Services awards are among the highest honors for aging services organizations and professionals in Minnesota.

Lowell Berggren, CEO, Joann Buytendorp, care center administrator, and Board Chair Barbara Louis accepted the award for Jones-Harrison in front of an audience of 1,500 aging services professional colleagues who gathered in Minneapolis for the 2012 Aging Services Institute.

Jones-Harrison, located on the shores of Cedar Lake in Minneapolis, has provided housing and services to seniors since 1888 and is one of the longest continuously operating homes for seniors in Minnesota. The organization was chosen to receive this award based on staff satisfaction that consistently ranks over 95% and a recent survey revealed that 99% of employees would recommend Jones-Harrison as a place to work for family and friends. Last year, employee retention was 95%. The organization has a strong scholarship program for its employees' professional education and partners with local colleges for education and training.

"People like working here because quite honestly, we consider the people who work here to be our greatest asset," said Berggren.

The organization has a wellness program for employees that includes a wellness/fitness center, yoga classes, massage and use of a therapeutic pool. It also holds regular staff recognition events throughout the year.

Berggren continued, "There is one thing that is a common trait among people who work at Jones-Harrison, and that is that they care. They care about each other and they care about the residents they serve. And that's what makes it a great place to work."



Knwood students enjoy the scenery near Lanesboro, MN.

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## LOWRY HILL NEIGHBORHOOD ASSOCIATION

By Janis Clay

### Lowry Hill Neighborhood Association Board Minutes Tuesday, March 6, 2012, Kenwood Recreation Center

Present - Board Members: David Weinstein, President; Maureen Sheehan, Vice President; Janis Clay, Secretary; Dan Aronson, Treasurer; Jimmy Fogel; Rebecca Graham; Sherie Tazelaar; Craig Wilson; Raj Dash; Maggie Thurer; Kathy Byrn.

Present - Guests and staff: Lisa Goodman, Seventh Ward Minneapolis City Council Representative; Kathy Low.

The meeting was called to order at 7:05 p.m. by President David Weinstein, noting a quorum was present.

**Approval of Minutes and Agenda:** Dan Aronson moved and Jimmy Fogel seconded approval of the February 6, 2012, minutes and tonight's agenda. All approved

**Community Announcements** - Seventh Ward City Council Representative Lisa Goodman. Lunch with Lisa will be March 28th. Someone from the League of Women Voters will discuss Voter ID. In the redistricting process, Lowry Hill remains in the Seventh Ward. Lisa will have a further update on redistricting next month. There will be a public meeting March 13th at the Kenwood Rec Center regarding Parade Parkway reconstruction. One tree per address is available for \$25.00 from the Tree Trust ([www.treetrust.org](http://www.treetrust.org)). Lisa discussed the Small Business Association's emerging

leaders training program. Nominations are open for the 21st annual Minneapolis Preservation Award. Lisa discussed the status of the Viking stadium, and issues surrounding proposed urban agriculture zoning changes.

**Treasurer's Report:** Dan Aronson reported no change from the February Report.

#### Committee Reports:

**Communication/Events:** The 2012 Annual Meeting will be May 15, 2012, at the Walker Art Center. Chris Madden will work with Craig Weinstein on preparing and sending the bulk mailing prior to the meeting. This goes to all addresses in Lowry Hill, including apartments.

**Environment:** We received an estimate of about \$6700 from Ginger Cannon of the Minneapolis Park & Recreation Board for a "trees-only" landscaping option for the Kenwood Park sidewalk. The Board had asked for a scaled down proposal because all bids for the original plan were considerably over the original budget. The Board reviewed and discussed this plan and the original plan, and heard input from Kathy Low, a neighbor who lives adjacent to the proposed landscaping. We will ask Ginger Cannon for a bid from the Park Board on doing the whole landscaping plan. We will see if the Kenwood Isles Area Association might contribute some funds.

**Zoning and Planning:** Maureen Sheehan reported on the status of the Hennepin Avenue median planting

project (between Groveland Terrace and Douglas), and passed around a draft update letter to Lisa Goodman detailing the project and funding. We will include an update on this project at the Annual Meeting. The proposed First Avenue Summer Concert, an outdoor festival or concert in Parade Park, will not take place this summer. This remains a possibility for next year.

**Status of E-Blast and web site:** Chris Madden is meeting with a group of neighborhood coordinators in the next couple of weeks.

**Other business:** Kathy Byrn will be at the end of her term, and will not seek another one, and Craig Wilson has reached his term limit of six years. These seats, along with the one that is already empty, will give us at least three Board vacancies to fill.

**LHNA's next Board meeting will be held Tuesday, April 3, 2012, at the Kenwood Rec Center. All residents are welcome. Please note that David Graham, our neighborhood architect, will be our guest speaker. He will give a power point presentation on the history of Lowry Hill. All friends and neighbors are welcome. Everyone is encouraged to visit the LHNA website at [www.lowryhillneighborhood.org](http://www.lowryhillneighborhood.org), where they can sign up to receive LHNA's monthly E-Blast about events in the neighborhood.**

The meeting adjourned at 8:34 p.m.

## KENWOOD ISLES AREA ASSOCIATION

By Amy Lucas

### March 2012 KIAA Meeting Minutes

KIAA Board met March 5, 2012 at Kenwood Rec Center.

Chair Larry Moran called the meeting to order at 7:00 p.m.

Board Members present: Chair Larry Moran, Jeanette Colby, Angie Erdrich, Kathy Low, Amy Lucas, and Roy Williams.

Others present: Lisa Goodman, City Council 7th Ward; Dylan Thomas, Southwest Journal and Mark Holtey, Kenwood Rec Center Director; Mary Reilly, resident and one resident.

**7th Ward Update** - City Council Member Lisa Goodman

"Lunch with Lisa" on March 28 will be held by the League of Women Voters on "voter ID."

Parade Stadium road (funding scheduled for 2012 budget) will be discussed at a public meeting on Tuesday, March 13 at 6:30 p.m. at Kenwood Rec Center. Discussion will center around decision to shift road 60 feet east to enlarge Parade Stadium parking lot.

The Tree Trust, working with Mpls Park Board, has a program to plant more trees on private property in Minneapolis. One tree per household may be purchased

at City's Impound Lot for \$25. May 12 give away. Visit [www.treetrust.org](http://www.treetrust.org).

Small Business Administration (SBA) has initiated the "emerging leaders initiative" for executive leadership in small businesses. Call SBA office at 612-370-2324 for application.

Nominations for Minneapolis Preservation awards are being accepted. Visit [www.ci.minneapolis.mn.us/hpc](http://www.ci.minneapolis.mn.us/hpc).

Metro Blooms is holding rain garden workshops for \$10 per class. Visit [www.metroblooms.org](http://www.metroblooms.org) or call 651-698-1390.

Hennepin Theater Trust received a grant from NEA for studies on Hennepin Avenue. Four free "Talk-it Hennepin" workshops will be held this spring. Visit [www.hennepintheatertrust.org](http://www.hennepintheatertrust.org).

The City of Mpls "composting amendment" passed, but the "Urban agriculture amendment" is going before the Zoning & Planning Committee of City Council for a public hearing. Issues include: 1) Garden stands in residential areas for up to 24 days a year; 2) Hoop houses (greenhouses) proposed at 1,000 s.f. and 12 ft high; 3) Number of contiguous residential lots used as farmland.

#### Café Space Update

KIAA has not received official information about the future tenants of the deli space. The board asked CM Lisa Goodman about the "liquor" vs. "beer and wine" license for the space. The space is not eligible for full "liquor", but can apply for a "beer and wine" license. If an application is filed, the City of Mpls licensing division would hold a public hearing in the neighborhood regarding the license.

#### Public Art Discussion- Larry Moran

The Minneapolis Arts Commission has a public art

program to "wrap" art around electrical boxes. KIAA didn't express great interest in paying for the art on n'hood boxes.

#### KIAA Website Update - Kathy Low

Visit [www.Kenwoodminneapolis.org](http://www.Kenwoodminneapolis.org) to see the new KIAA website revision. It is updated with announcement and the e-newsletter.

#### Annual Meeting Planning

Annual Meeting will be Sunday May 6 from 5-7 p.m. It will be the 50th Anniversary of KIAA. A neighborhood celebration is proposed. Amy Lucas is looking at locations, free food and neighborhood band performance.

Do residents have old photos of neighborhood to bring?

KIAA will recognize past board members.

Need to update website and advertise in local papers. Board Membership and Committee Assignments

KIAA needs new members!!!! Hoping that some will join at the May annual meeting.

#### Updates

Kenwood Carnival and plant sale will be Saturday, May 19 from 11 a.m.-3 p.m.

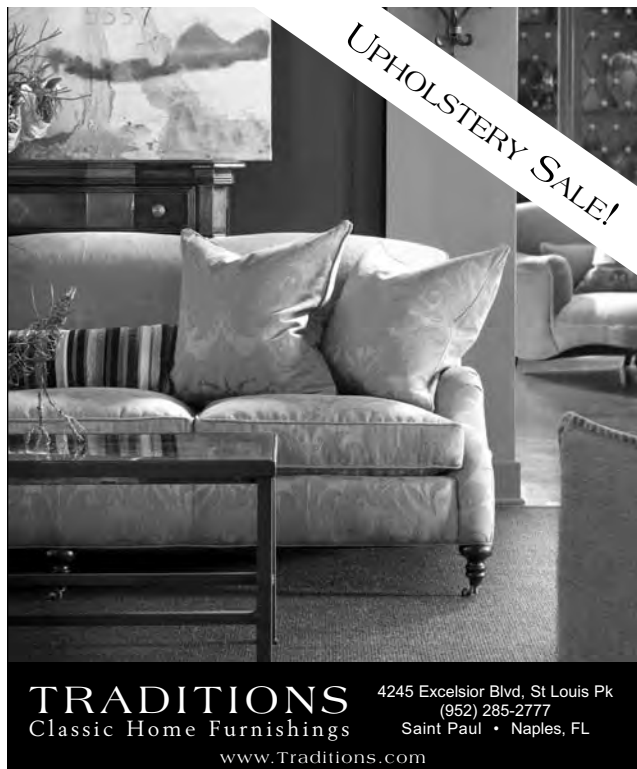
Earth Day Clean Up will be Saturday, April 21 from 9:30-12. Garbage bags and gloves can be picked up at the Kenwood Rec Center during those hours. Contact Amy Lucas at [amymlucas@gmail.com](mailto:amymlucas@gmail.com) for more info.

The Southwest Transitway has issued a Request for Proposals (RFP) for station area planning consultants around proposed station locations. Jeanette Colby is the co-chair of the Southwest Transitway CAC.

The Bridge for Youth, 2200 Emerson Ave S, is holding an educational open house for local residents and surrounding neighborhood associations on March 22 at 5-6:30 p.m. For more info call Janet Hallaway at 612-230-6674.

The meeting was adjourned at 8:30 p.m.

**Reminder: The next KIAA Board meeting will be Monday, April 2 from 7:00 to 8:30 p.m. at the Kenwood Rec Center. The public is welcome to attend these monthly meetings.**



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## EAST ISLES AREA ASSOCIATION

By Monica Smith

### East Isles Residents' Association (EIRA)

Minutes from the EIRA Board of Directors (BOD) Meeting March 6, 2012

Grace-Trinity Community Church

Board members present: Dan McLaughlin (Vice President), Ginna Portman Amis, Sue Durfee, Vaughn Emerson, Tina Frontera, Jane Schommer, and Linda Schutz.

Vice President Dan McLaughlin called the meeting to order at 7:00 p.m.

#### Announcements

Dan McLaughlin attended a meeting with Uptown neighborhoods and businesses to examine opportunities to enhance Uptown. Dan will keep us informed as the group progresses.

#### Saleem Karmaliani

Mr. Karmaliani presented plans for his new home at 2841 E. Lake of the Isles Parkway. He purchased the property three years ago; the home was demolished in 2010. The plans for the new home are in Site Plan Review with the City and meet all requirements (no variances are being requested). Construction is expected to begin in April. The builder is Stonewood, LLC.

#### Meg Tuthill, Ward 10 Council Member, City of Minneapolis

The state legislature has been discussing shortening the approval time for commercial development from 60 to 30 days.

New parking meters will be installed in the Uptown and Lyn-Lake area. Enforcement times will be Monday - Saturday 8:00 am to midnight (currently until 10 pm). Rates per hour will change to: \$1/hour 8 am to 6 pm and \$2/hour 6 pm to midnight.

The City is upgrading some of the meters to also function as bike racks. Sponsor a bike rack for \$50 each, contact Susan at [mplsbikeracks@yahoo.com](mailto:mplsrbikeracks@yahoo.com) or 612-568-6227.

The redistricting process has started in Minneapolis. Comments may be sent to [Redistricting2012@minneapolis.gov](mailto:Redistricting2012@minneapolis.gov). Website: [www.ci.minneapolis.mn.us/redistricting2012](http://www.ci.minneapolis.mn.us/redistricting2012). At this time, East Isles remains in Ward 10. CM Tuthill confirmed that she would be seeking reelection.

Urban Agriculture ordinance has been postponed to March 22. Tuthill has offered three amendments: specifying materials used in raised beds, reducing the number of days per year that produce can be sold; and restricting the height of hoop houses to 6 ft. There may be additional amendments. Residents are encouraged to read the proposal at: [www.minneapolis.mn.gov/meetings/zp/WCMS1P-087557](http://www.minneapolis.mn.gov/meetings/zp/WCMS1P-087557) and submit comments.

Tree Trust is offering trees to Minneapolis residents for \$25. Ordering begins on March 12 at [www.treetrust.org](http://www.treetrust.org).

Lunch with Leslie is Tuesday, March 13, noon to 1 pm at the 5th Precinct Community Room.

Anita Tabb, Minneapolis Park and Recreation Board Commissioner, District 4

Redistricting will also affect the Park Board but few changes are expected for District 4.

Triangle Park: Construction will begin in mid-April. Construction is scheduled to be complete in time for the Ice Cream Social in August.

A public hearing for Parade Road construction will be March 13, 6:30 at Kenwood Community Center.

The Park Board will hear community Advisory Committee's recommendations for improvements to Brownie Lake on March 14.

The Park Board is working on two riverfront projects: improving access to the river from the north side and Water Works Park for the central riverfront.

Tim O'Donnell, Neile Reider, and Adam Gordon, Metropolitan Council Environmental Services

Two wastewater sewer projects are planned for East Isles in 2012:

Calhoun-Isles Area Sewer Improvements – Force main sewer from Hopkins to St. Paul. A section of the sewer (between Dean Pkwy and The Mall along the Midtown Greenway) will be replaced in 2012. Trees are currently being removed to open a corridor for the

sewer excavation. Open house: April 10, 6:30 pm at Jones-Harrison Residence, 3700 Cedar Lake Ave. For more information: [www.metrocouncil.org/environment/Construction\\_Updates/index.htm](http://www.metrocouncil.org/environment/Construction_Updates/index.htm)

Gravity sewer rehabilitation on Lake Street (between France Ave and Irving Ave (and up to The Mall). Work will begin mid-October 2012 through Spring 2013.

#### Janet Hallaway, The Bridge for Youth

Janet Hallaway recently joined The Bridge for Youth as the Corporate and Community Engagement Manager. The Bridge has been in East Isles since 1975 and works with youth in crisis. Hallaway thanked East Isles for a NRP grant to replace old windows in their emergency shelter. The Bridge invites neighbors to two community events: tour of The Bridge on April 19 and a community block party on May 12.

#### REPORTS

##### EIRA Zoning Committee

Co-Chair Steve Havig reported that the committee will be meeting with Mesa Pizza to review their request for extended hours.

The Zoning Committee has been working on the Urban Ag ordinance. The board unanimously approved a motion to authorize the zoning committee to issue a resolution, for submittal to the City in advance of its March 22 hearing, regarding a number of bullet points for the Urban Ag ordinance (balancing property rights, being proactive, great regulation of ag-related structures, establishing composting and urban-ag operating standards including soil tests complying with federal, state and local laws, neighborhood notice, etc.). Zoning Co-Chair Havig indicated after some initial editing, and consultation with CM Tuthill, the resolution would be circulated beforehand to the BOD for its review and final approval.

##### Nominations Committee

Chair Linda Schutz reported that the committee continues to recruit members to join the EIRA Board (if interested, contact [nrp@eastisles.org](mailto:nrp@eastisles.org)). The deadline for current board members to state their intention for the next term is March 15. The committee currently has candidates for four open seats. An alternate will also need to be recruited. The elections will be held at the

Annual Members Meeting on April 17. Next meeting of the committee is Tuesday, April 3, 6:30 pm at Grace-Trinity Community Church.

#### Monica Smith, NRP Report

The NRP mailing went out announcing the housing loan program and home security grant program. The programs are now available and applications are being accepted on a first-come, first-served basis. Information can be found on our website: [www.eastisles.org](http://www.eastisles.org).

The price for Community Energy Services home visits is going up on April 1st. Participate in March for only \$30. [www.mncs.org](http://www.mncs.org)

The next meeting of the NRP Steering Committee has been changed to Thursday, March 15, 7 pm at Grace-Trinity Community Church.

If you are planning a community meeting in the evening at Grace, be sure to arrange for a key to open the building.

#### Betsy Allis, Green Team

The Green Team is working with ECCO, CARAG and The Wedge on a composting pilot for apartments/condos.

Green Team events:

March 9, 1 pm: Master Gardener and composting event at Kenwood Isles

March 31, 2-3:30 pm: Family event to learn about waste reduction. Activities for kids age 5-11.

April 21: Family event at Grace Garden (Greenway at James) an informal educational opportunity to learn more about composting.

The Green Team is exploring the possibility of installing a demonstration rain garden in the neighborhood.

The EIRA Board unanimously approved the Green Team's request to submit a letter to the Uptown Association to consider organics recycling at the Uptown Art Fair.

Annual Meeting Planning

The EIRA Board unanimously approved expenses for a Hill and Lake Press ad to promote the annual meeting and \$30 to purchase snacks for the event.

The meeting was adjourned at 9:04 p.m.

## Join your neighbors for these East Isles events!

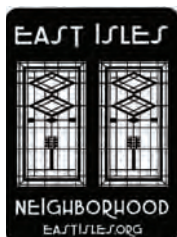
### Green Family Fun

**SATURDAY, MARCH 31, 2-3:30 P.M. FREE**

Kenwood Community Center, 2101 W. Franklin Ave.

**Art from Trash? Fleece from Plastic? Food into Compost? Explore ways to protect our planet with fun games and crafts! For kids (age 5-11) and their parents. Snacks included. Sponsored by the East Isles Green Team.**

*RSVP by March 25 to [nrp@eastisles.org](mailto:nrp@eastisles.org) or 612-821-0131.*



### EIRA Board of Directors Meeting

**TUESDAY, APRIL 3, 7-9 P.M.**

Grace-Trinity Community Church, 1430 W. 28th Street

Contact [president@eastisles.org](mailto:president@eastisles.org) for details.

### EIRA Annual Members' Meeting

**TUESDAY, APRIL 17, 7-9 P.M.**

Grace-Trinity Community Church, 1430 W. 28th Street

**Meet you neighbors** and enjoy refreshments. Please join us to learn more about the East Isles Residents' Association and its many activities:

- New loan and grant programs
- Annual social events
- Issues important to our community: hear from guest speakers and elected officials
- Annual election of EIRA Board of Directors\*

Contact [president@eastisles.org](mailto:president@eastisles.org) for more information.

### Save the Date!

**Earth Day Events on Saturday, April 21**

Earth Day clean up at Lake of the Isles plus a Green Team sponsored Family Composting Event!

**\*WANTED:** East Isles residents interested in joining the EIRA Board. If you would like to participate and learn more about your neighborhood, contact Monica Smith at [nrp@eastisles.org](mailto:nrp@eastisles.org) or 612-821-0131.



Margaret



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**EIRA**

Green Family Fun Saturday, March 31, 2-3:30 p.m.  
 Kenwood Community Center  
 Art from trash? Fleece from plastic? Food into compost? Explore ways to protect our planet with fun games and crafts! For kids (5-11) and parents. Snacks included. Free. Sponsored by the East Isles Green Team. RSVP by March 25 to Monica Smith at [nrp@eastisles.org](mailto:nrp@eastisles.org) or 612-821-0131.

**CIDNA**

Due to publication deadlines, the minutes from the March 14th CIDNA Board meeting will be published in the April 20 edition of the Hill and Lake Press. The March minutes will be posted on [www.cidna.org](http://www.cidna.org) on Monday, March 19.”



Brownie Lake Meeting

Photo by Dorothy Childers

**Community Bowling**

**Bryant-Lake Bowl**  
**Wednesdays**  
**12pm-2pm**

810 W Lake St.  
 Minneapolis, MN 55408

This is not a league or lesson, just fun, exercise and social time for people who are free in the middle of the day.  
 All ages - seniors - homeschoolers

\$2/game per person  
 Shoe rental: \$1.50/pair

No registration, just drop in!

**Park Board Updates**

By Anita Tabb

Our Minnesota winters rarely allow for construction, but at the Park Board, we've been busy advancing several projects throughout the system. I've highlighted a few below that are close to home for our neighborhoods – and provided an update on some of our favorite park happenings! If you ever need more information on these or any other park proposals, you can check the website at: [www.minneapolisparks.org](http://www.minneapolisparks.org) or email me at [atabb@minneapolisparks.org](mailto:atabb@minneapolisparks.org)

Many of you are aware that the Park Board had allowed First Avenue to hold one concert at the Parade this summer based on the support of the Lowry Hill Board. First Avenue realized they were getting started a bit late to book the perfect concert but hoped to be able to pull it off. Well, our summer will be a bit less fun because the timing just wasn't right. I received a very nice note from Dayna Frank, owner of First Avenue as follows:

Unfortunately, First Avenue did not have enough time to put together a worthy event for Parade by July 2012. Given our late December start date, we were attempting to book bands after they had already made summer plans. However we are bolstered by the collaborative spirit of the Minneapolis Park Board and LHNA, and the universally positive and enthusiastic response we received from our customers and the Minneapolis music community. We look forward to amending the contract and setting a date for 2013 as soon as possible, and, with plenty of lead time, beginning one year later with an unequivocally successful event.

So while many will be disappointed for 2012, I, for one, am delighted that First Avenue has the respect for our neighborhood to ensure they put on a first rate event that meets the standard they, and we, have set for the neighborhood.

**PARK UPDATES**

**Brownie Lake CAC (Citizens Advisory Committee)**

Brownie Lake is a hidden gem with a constituency of canoe and kayakers, walkers, cross country skiers, mountain bikers and nature enthusiasts who joined forces to gently update this cherished area. Our own Marty Broan chaired this appointed committee of residents from near and far whose recommendations include ways to better accommodate the many and varied users while maintaining the natural look and feel of this regional park. A public hearing to review and accept the recommendations will be held on at the March 14 Park Board meeting with a time certain of 6:30 pm. For details of specific recommendations, please check out the Park Board project website at: <http://www.minneapolisparks.org/default.asp?PageID=1296>

**Levin Triangle Park**

An enthusiastic group of neighbors spent considerable time guiding the decisions about the new play equipment slated for this beloved park. Great care was taken to design a play area with the feel of a community gathering place while updating equipment based on new safety standards. After the bid process, the Park Board selected the design and equipment manufacturer preferred by the neighbors. Assuming that the weather cooperates, construction of the new playground (which, sadly, always starts with a tear-down ☹) is scheduled to start by mid-April. And if the construction proceeds as expected, we'll have a grand opening by the time of the East isles Ice Cream Social!

**Volunteer for Earth Day Clean Up in your Park**

This year, Earth Day will take place on Saturday, April 21, from 9:30 am to noon. It's easy to get involved. No pre-registration is required! Arrive at any site between 9:30 a.m.-noon and check in at the registration table. Volunteers are encouraged to bring their own work gloves, though we will have thin cotton gloves available for volunteers who need them. Check in at the registration table to get a bag and instructions on where to pick-up and leave trash. You can volunteer at either Kenwood Park (2101 Franklin Avenue W) or Cedar Lake (Cedar Lake Parkway and 25<sup>th</sup> Street W).

**Parade Area Concert Update**

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 Minneapolis, MN 55408

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# sand upon the waters

By Tom H. Cook

We have met the enemy and he is us.

—Walt Kelly

For a long time I have been railing at friends, and even total strangers trapped in slow moving bank or grocery checkout lines, about the nearly universal use of ear buds. Without sounding too much like the late Andy Rooney, I was against them, almost to the point of producing spittle. I viewed the ubiquitous ivory colored plugs as more than a minor distraction or fashion statement, but an antisocial act. By choosing to seal ourselves in an audio bubble, we not only erect additional barriers with others, but we may stifle our own thoughts. A brimming haiku, a stinging letter to the editor, a snappy retort for the next tailgating yahoo in a monster truck...snuffed out by a medley of The Grass Roots Greatest Hits.

When I really got going I could verbally Evil Knievel the Snake River Canyon of logic and extrapolate a world of isolated Bee Gees listening zombies, anesthetized and ripe for totalitarian picking. We walk the lakes and hike the wilderness for the quiet and ambient sounds. Nature does not require a soundtrack. Thoreau cruising around Walden with an iPod? Blasphemy!

Profound alienation, a diss to the environment, issues of safety (distractibility and what that can entail), and the risk of hearing loss to the wearer. That was my platform, shared with anyone who would listen, and a few that merely turned up the volume to mute my diatribe. I now see these views as more than a tad extreme, but not without merit. Nonetheless I have done almost a complete 180 degree turn. I still do not know what others were listening to, but I always assumed it was music. I enjoy music, but I do not need it piped over a loudspeaker in a mega mall (another topic) or in my ears.

Podcasts are another story. I can go for a walk with Ira Glass (This American Life) and not need to hold up my end of the conversation. I do not watch sports very often, but I am hooked on the soap opera which is Peyton Manning, Jeremy Lin, and Ryan Braun. Dan Patrick, Colin Cowherd, Mike and Mike, are my podcast pals that make going to the post office or to buying gas (ouch) more interesting.

I have the zeal of a convert. Do I want to invite a friend on a walk or for tea, and risk a possibly tearful/angst ridden/ intimate/messy/galvanizing/soul baring/cathartic/breakthrough/bonding/heartfelt exploration of the preciousness of life, the impossible pain of unrequited love, the existential barrenness of possessions, and the hollowness of unfulfilled dreams? Or do I want to go out alone, but with the voice of Keith Olbermann updating me on the latest hijinks of fools in high places?

Tom H. Cook is a very longtime writer for this paper, which is not an excuse, but perhaps an explanation. He will probably return next month unless someone tells him to stop.

## Metropolitan Council – Public Information Open House Calhoun-Isles Area Sewer Improvements

Metropolitan Council Environmental Services (MCES), operator of the metro-area wastewater collection and treatment system, is starting work this spring on the Calhoun-Isles Area Sewer Improvements, which will replace a portion of a regional sewer through the Cedar, Dean, and East Isles neighborhoods. This is part of a larger project to rehabilitate or replace a regional sanitary sewer that provides service to Hopkins and portions of St. Louis Park and Minneapolis. The Calhoun-Isles Area Sewer Improvements segment to be completed in 2012 encompasses an area between Dean Parkway and East Calhoun Parkway. A public information open house is scheduled to discuss the work that will begin this spring and how the work will affect businesses, property owners, and park users.

### Public Information Open House Details:

**Time/Date: 6:30 to 8:30 p.m. on Tuesday, April 10, 2012**

**Location: Jones-Harrison Residence, located at 3700 Cedar Lake Avenue, Minneapolis**

Format: Staff from MCES and its construction contractor, S. J. Louis Construction, will provide information about the sewer construction project and answer your questions.

### Why Does the Sewer Need to be Replaced?

The existing concrete sewer force main is approximately 40 years old, and is showing signs of corrosion. The replacement sewer force main will be constructed from corrosion-resistant piping. In addition, the sewer will be constructed as a double-pipe system to offer greater protection to the environment.

### Where and When Will the Work Take Place?

The replacement sewer generally parallels the existing sewer and the Midtown Greenway between Dean and East Calhoun parkways (see Project map). Preliminary construction work begins this February with tree removals and site preparation. Temporary wastewater conveyance piping and recreational trail detours will be constructed later this spring, with the sewer excavation work beginning in June. Construction of the new sewer under the lagoon will start in September, with excavation and paving work to be completed in October. Tree planting and any remaining restoration work will be completed in spring 2013.

### How Will the Work Be Done?

MCES began planning the new sewer construction three years ago with review by the Minneapolis Park and Recreation Board and the Hennepin County Regional Railroad Authority in an effort to minimize impacts to the park, recreation, and trail users. The existing sewer is located along the north side of the Midtown Greenway right-of-way through Lake of the Isles Park. This portion of the alignment will be relocated to the south between the Midtown Greenway and Lake Street to reduce the impact to the parkland and trees. Nevertheless, some tree removals are required along the

south side of the Midtown Greenway between Thomas Avenue South and East Calhoun Parkway, and along the north side of the Midtown Greenway between Dean Parkway and Thomas Avenue. Tree removals and post-construction tree planting and other landscape restoration will be coordinated with the Minneapolis Park and Recreation Board and the Hennepin County Regional Railroad Authority.

### MCES SEWER CONSTRUCTION NOTICE

Temporary piping to convey wastewater around the construction areas will be located on the service road along the south side of the Midtown Greenway. The work will involve paving temporary trails for detours and closing the Midtown Greenway trail connection ramp to Dean Parkway. The Midtown Greenway trail will remain open during the course of construction. Flaggers will coordinate pedestrian and bicycle traffic when construction vehicles need to cross the trail.

The new sewer will be installed in an excavated trench. The section of sewer crossing under the lagoon will be placed in a dredged trench. Piles will be driven in and near the lagoon to protect the lagoon walls. When the pipe trench is dredged into the lagoon, the sand deposits under the Lake Street Bridge will be removed to allow the Park Board's weed harvester access to Lake of the Isles from Lake Calhoun.

The old sewer will be cleaned and abandoned in-place by filling it with cement through much of the alignment to minimize disturbance. The Contractor will access the old sewer through the south side of the Lake of the Isles dog park. A temporary fence will separate the dog park from the construction area. The work will finish with tree planting and restoration throughout the entire construction area. MCES will plant a variety of trees at locations selected by the Park Board and County foresters. All trails will be restored to their current locations.

Metro sewer to page 14



*a welcome home*  
**Grace Hayden**  
Coldwell Banker Burnet  
612.250.9349  
gahayden@cbburnet.com 

### IT'S KIAA'S 50TH ANNIVERSARY!

Please save Sunday, May 6th, 5-7 p.m. for a neighborhood celebration:

Live music, free food, friends and fun are in the works for our annual meeting.

Check your neighborhood website: [kenwoodminneapolis.org](http://kenwoodminneapolis.org) for more information.

## What do you see? A glass half full or a leaky roof?

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# Hill & Lake Press

www.hillandlakepress.com

**Metro Sewer from pge 13**

**How Will the Work Affect Property Owners?**

During this construction, you may experience temporary inconveniences as the work takes place within your neighborhood. This will include street detours, trail detours, and some noise from generators and other construction equipment. Detour information will be sent to property owners and posted regularly on the Metropolitan Council website (see below).

The temporary wastewater conveyance piping installed along the Midtown Greenway service road will serve as active pressurized sewers: If you notice any vandalism to these pipes or other construction equipment, please report it to the police.

**Who Pays for the Work?**

The cost of this project is not assessed to adjacent property owners. It is spread out among all MCES sewer customers in the metro area.

**Safety Reminder:**

**TO ENSURE YOUR SAFETY, WE ARE ASKING THAT YOU AND YOUR CHILDREN AND PETS PLEASE STAY AWAY FROM ALL CONSTRUCTION AREAS.**

**For More Information:**

MCES staff are available to review this project with you and answer your questions in person or by phone or e-mail. Please contact:

- Adam Gordon, Project Manager, 651-602-4508 or adam.gordon@metc.state.mn.us
- Tim O'Donnell, Project Citizens Liaison, at 651-602-1269 or tim.odonnell@metc.state.mn.us

Additional information is available on the Metropolitan Council website at:

- www.metrocouncil.org/sewerconstructionupdates



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Jean Deatrck: 612-377-7353  
*Managing Editor*  
 1821 Dupont Avenue South,  
 Minneapolis, MN55403;  
 hillandlakepress@bitstream.net

John Gridley *Business Manager:*  
 hillandlakepress@bitstream.net  
 612-377-5785

Dorothy Childers *Photographer:*  
 dpcondrew@aol.com  
 612-927-8989

Heidi Deatrck  
*Store Deliveries*  
 heidideatrck@aol.com

Alexa Johnson Drago  
*Webmaster* www.hillandlakepress.com

Lloyd Smith  
*Residential Deliveries:*  
 ndakotakid@aol.com

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Hill & Lake Press welcomes stories, poetry, articles, photos, and ideas. Please direct contributions and advertising queries to Jean Deatrck at 612-377-5785

Since March 1976, The Hill & Lake Press has served the community as a non-profit newspaper staffed by volunteers. Views expressed are not necessarily those of Hill & Lake Press.

Please be patient when calling or emailing. We promise to get back to you.

And please remember to patronize our advertisers!

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HILL LAKE PRESS Real Estate Sales February 2012											
STREET ADDRESS	ORIGINAL PRICE	Seller Contrib	DAYS MKT	SALE PRICE	TYPE	BED BATH	SQ FT	TAX VALUE	PROP TAX	YR BLT	
1901 Emerson S #402	\$ 175,000	\$	321	\$ 112,000	C	2/1	1063	\$ 184,000	\$ 2,860	1964	
52 Groveland Terr A311	134,900	4,075	154	135,000	C	1/1	745	154,900	2,592	1967	
2317 Humboldt S #4	304,900		65	268,000	C	4/2	2,656	304,000	4,969	1911	
701 Kenwood Pkwy	374,900		190	320,000	H	3/2	2,473	469,000	7,912	1913	
2709 Irving S	649,000		198	565,000	H	3/2	2,580	587,000	10,103	1900	
2736 Chowen S	624,900		13	587,000	H	4/2	2,990	548,000	9,310	1916	
2105 Irving S	845,000		271	729,000	H	4/6	3,500	921,500	16,895	1910	
2133 Kenwood Pkwy	1,295,000	15,000	829	690,000	H	5/5	4,905	994,000	18,366	1903	
2416 Humboldt S	830,000		92	747,000	H	4/3	4,020	790,500	14,292	1900	
1932 Humboldt S	1,195,000	5,392	423	865,000	H	5/4	5,533	1,175,000	22,225	1909	
18 Park Lane	2,495,000		536	1,440,000	H	4/6	6,133	2,025,000	39,302	1937	
2720 Kenilworth Place	1,840,000		1	1,840,000	H	4/3	2,516	1,043,000	19,362	1923	
Sources: Harvey Ettinger - Steve Havig					Home	H					
Broker Reciprocity Websites / Hennepin County					Townhouse	TWN	(Go to mpisrealtor.com for additional info)				

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- Green Mill
- The Corner Balloon Shop
- Walker Library
- Hennepin Lake Liquor
- Lowry Hill Liquor

**Support Hill & Lake Press**

Our goal is to make our neighborhoods stronger and better by providing information about the residents and the issues that are important to the residents. Read our website at www.hillandlakepress.com. Perhaps you can support our newspaper with a contribution of \$10, \$25, \$50, or \$100 or more. Make checks payable to Hill & Lake Press, c/o John Gridley, Business Manager, 1821 Dupont Ave S. Minneapolis, MN 55403. Please include name, address, and Email/Phone. Thank you.

And don't forget to patronize our advertisers and tell them where you saw their ad. We are grateful that so many advertisers have continued to support Hill and Lake Press during this economic downturn. We thank them. And we thank our four neighborhood associations for their support and contributions to Hill and Lake Press.

**Real Estate Market Update from Jimmy Fogel**

*Here is some very encouraging real estate news for our neighborhood!*

*Below is a comparison for the past 2 years:*

**Minneapolis-Calhoun Isles 2010 2011 January 2012**

**New Listings 747 700 61**

**Closed Sales 268 315 16**

**Average Sales Price \$315,000 \$267,261 \$281,500**

**Days on Market 182 181 236**

**Most Expensive Home Sold 2011: 2100 W Lake of the Isles \$2,610,000**

**Lease Expensive Home Sold 2011: 2621 Aldrich Ave S \$ 48,000**

The good news is the inventory supply has decreased from 236 to 196 homes, the percent of original list price has increased from 83.1% to 91.5%, and the average sales price has increased in January from \$267,261 to \$281,500. There are currently 45 pending sales in Calhoun-Isles and 25 contingent sales.

We have buyers looking for more homes to buy. If you have been considering selling your home the now is the time to take advantage of the increased activity.

Visit www.CalhounIslesHomes.com and click on your neighborhood to see what's happening in your area. Or call or text 612-889-2000 for a no obligation consultation on buying or selling your next home.

**Jimmy Fogel**

**"The House Doctor!"**

**612-889-2000**

**CalhounIslesHomes.com**





Office Hours: Monday thru Friday 9am-5pm  
 Visit us at [www.minneapolismn.gov/council/ward10](http://www.minneapolismn.gov/council/ward10)  
 March 2012

**Become a Block Leader!**

Being a block leader is as easy as 1) Attending a short, informal training, 2) Giving your email to the 5th Precinct Crime Prevention Specialists to receive alerts, and 3) Sending information to your neighbors. It's as simple as that! If you are interested in becoming a block leader, the 5th Precinct has a training coming up on Tuesday, March 6th from 11:00am-12:00pm at the 5th Precinct Community Room (3101 Nicollet Ave).

If you have any questions, feel free to contact either of the 5th Precinct Crime Prevention Specialists:

CPS Amy Lavender ([amy.lavender@minneapolismn.gov](mailto:amy.lavender@minneapolismn.gov) / 612.673.5407) or

CPS Chelsea Adams ([chelsea.adams@minneapolismn.gov](mailto:chelsea.adams@minneapolismn.gov) / 612.673.2819)

**\$25 City Trees Program starts in March!**

It's that time of year again for the City Trees Program! Started in 2006, the City Trees program provides trees for \$25. Order your tree starting March 12, 2012! 1,500 trees will be offered for sale. Act quickly as the trees normally sell out within three weeks!

Minneapolis residents, businesses and nonprofits can order 8 foot trees in a variety of species, including a fruit tree, for only \$25, limit one per property. For a sneak peak at the tree species available this year, visit the Tree Trust webpage. Trees are available on a first come, first served basis – so order early for the best selection! You can pick up your tree on May 12th-14th at the Minneapolis Impound Lot. In the past five years 6,000 trees have been planted in Minneapolis through the City Trees program. Last year only 6% of the trees purchased through this program were planted in the 10th ward. Let's do better this year and boost the tree canopy in all of our neighborhoods!

If you are interested, you can also look at the City's tree canopy using an interactive map organized by neighborhood and individual parcel. Shown on the map are estimates of the amount of tree canopy currently present, as well the amount of canopy that could potentially be established.

**New Parking Meters coming to the Uptown/Lyn Lake Area**

The Uptown/Lyn Lake area has been selected to receive new parking meters, similar to the ones that have recently been installed Downtown. The boundaries of where the new parking meters will be located are: Northern boundary of 28th St W; Southern boundary of 31st St W; Western boundary of Thomas Ave S; and Eastern boundary of Blaisdell Ave S. The City's Parking and Traffic Services hopes to have the pay stations put in by the end of February with the numbered posts following a few weeks after. Please continue to pay the old meters until the new numbered posts are installed. Please note – installation of both the pay stations and the numbered posts is weather permitting! If we receive any snow during that time frame, the installations will have to be delayed until the snow has melted.

## Little Joys Redux

By Madeleine Lowry

In a recent *Withering Glance* column in the *Star Tribune*, where Rick Nelson (RN) and Claude Peck (CP) dispense unasked-for advice, the discussion was about the little joys in life.

Like having your car washed.

Or, the bittersweet chocolate cookies at Rustica.

*Withering Glance* is a column in the *Sunday Variety* section that I read with a small smile on my face. It's one of those whimsical, stream-of-consciousness pieces of writing that is akin to overhearing a really interesting conversation in public. You know, one of those quirky exchanges between real characters.

So, I read this particular column with interest.

I could relate to the Little Joys in life concept. Had I not just written a whole column about the joys of Princess Torte cakes?

And I can really relate to the mood enhancing, feeling-like-a-million-bucks experience of having layers of salt and dirt washed from your car in mid-winter. Not to mention having the cracker crumbs and dog hair vacuumed from your upholstery. And if this all can occur without the untoward consequence of having both sliding doors on your minivan freeze shut, or the wiper blades fuse to your windshield, all the better.

But as I read further down their list, they lost me. While their point was clear to me, I have to admit to doing a little translating in my own minivan-driving, mother-of-three mind.

So, I mentally inserted myself into their conversation. And I think the overall content and tone now gives their discussion greater all-around appeal. See what you think:

RN: It's the little things, Claude.

CP: I know... [like] when I recently entered an agnes b. shop...on the last day of their 70-percent-off sale [and] found a couple of items that fit...it was as if I'd hit the trifecta at Pimlico.

ML: agnes b.? Who's agnes b.? Oh wait, now don't

There will be two additional changes going along with the installation of the new meters. Both of these changes will go into effect when the new meters are operational. First, the enforcement time will change to Monday through Saturday 8:00 a.m. to 12 a.m. (midnight). Currently the meters only go until 10 p.m. Second, the rates per hour will change to: \$1 per hour during the day (daytime hours are from 8 a.m. to 6 p.m.); \$2 per hour during the evening (evening hours are from 6 p.m. to 12 a.m.). The time limit will stay the same of 2 hour time limit during the day (8 a.m. to 6 p.m.) and 4 hours during the evening (6 p.m. to 12 a.m.).

Sponsor a Parking Meter Post to be a Bike Rack as well!

As part of the meter conversion project, the City is upgrading a limited number of the new meter signs to also become bike racks. Until April 1st, you can choose a location for one or more of these bike racks for only \$50 each (approximately half the cost). Installation will be done at no cost to you by the City. There is no limit on how many you can sponsor. These racks can only be

Meg Tuthill to page 16

they make ridiculously expensive sweatshirts that at their full price could keep a family of five in food for a week? Mmm. I know the feeling though, Claude, I have it every time I walk into Michael's and find that the art supplies are 40-percent off. Joy.

RN: I hear you. I felt reborn after actually finding my size and a great color at the Brooks Brothers 50-percent-off cashmere sweater sale. It was enough to make me believe in the presence of a higher power.

ML: That is a lovely thought. And one that I have when I find that we still have tartar sauce in the house on a night when I am serving fish.

CP: Or, flying coach next to an empty seat. It's my idea of winning the lottery. A quiet joyousness ensues.

ML: When flying with kids, I never have the pleasure of an adjacent empty seat. Instead I have the full-time job of keeping them occupied and fed and preventing them from anyone else. But, I do understand that feeling of quiet joy. It comes over me whenever the house is still with perfect silence of three kids sleeping.

RN: ...Aren't you going to mention the transformative power of massage?

CP: That goes without saying. To those who aren't having their shoulders kneaded on a regular basis, I have only to ask: "What are you waiting for?"

ML: I believe you are speaking directly to me. Professional massages are painful. But, I did receive a coupon for a Spa Day from my twelve-year old son. He's promised to do a hot stone treatment, a foot massage and it looks like some snacks will be provided too. Can't beat that.

RN: ...[Claude] I imagine your frequent cut-and-colors are the equivalent of an ahh-inducing spa treatment.

CP: True enough. I never walk out of the beauty parlor—errr, the Men's Dept.—without feeling like a pig in clover.

ML: That is truly poetic, Claude. In my world, the day I get all three kids and myself through a trip to Great Clips, I feel like I have accomplished great things. Not to mention—three haircuts for 50 bucks! Who can beat it?

Joy. As you said, Rick, it's the little things.

\*\*\*

*Excerpts from the Withering Glance, as published in the Star Tribune, February 11, 2012.*



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please contact Susan at [mplsbikeracks@yahoo.com](mailto:mplsbikeracks@yahoo.com) or 612-568-6227.

**Lunch with Leslie!**

Due to a conflict in my schedule, the next Meet with Meg will become Lunch with Leslie! Please join Leslie Foreman, our 10th Ward Policy Aide, on Tuesday, March 13th, 2012 from 12-1pm at the 5th Precinct's Community Room (3101 Nicollet Ave S). Lunch with Leslie will be a chance to talk with my policy aide, ask her questions, and voice any concerns you may have. Bring your sack lunch! Cookies and lemonade are provided! Meet with Meg is held the second Tuesday of every month.

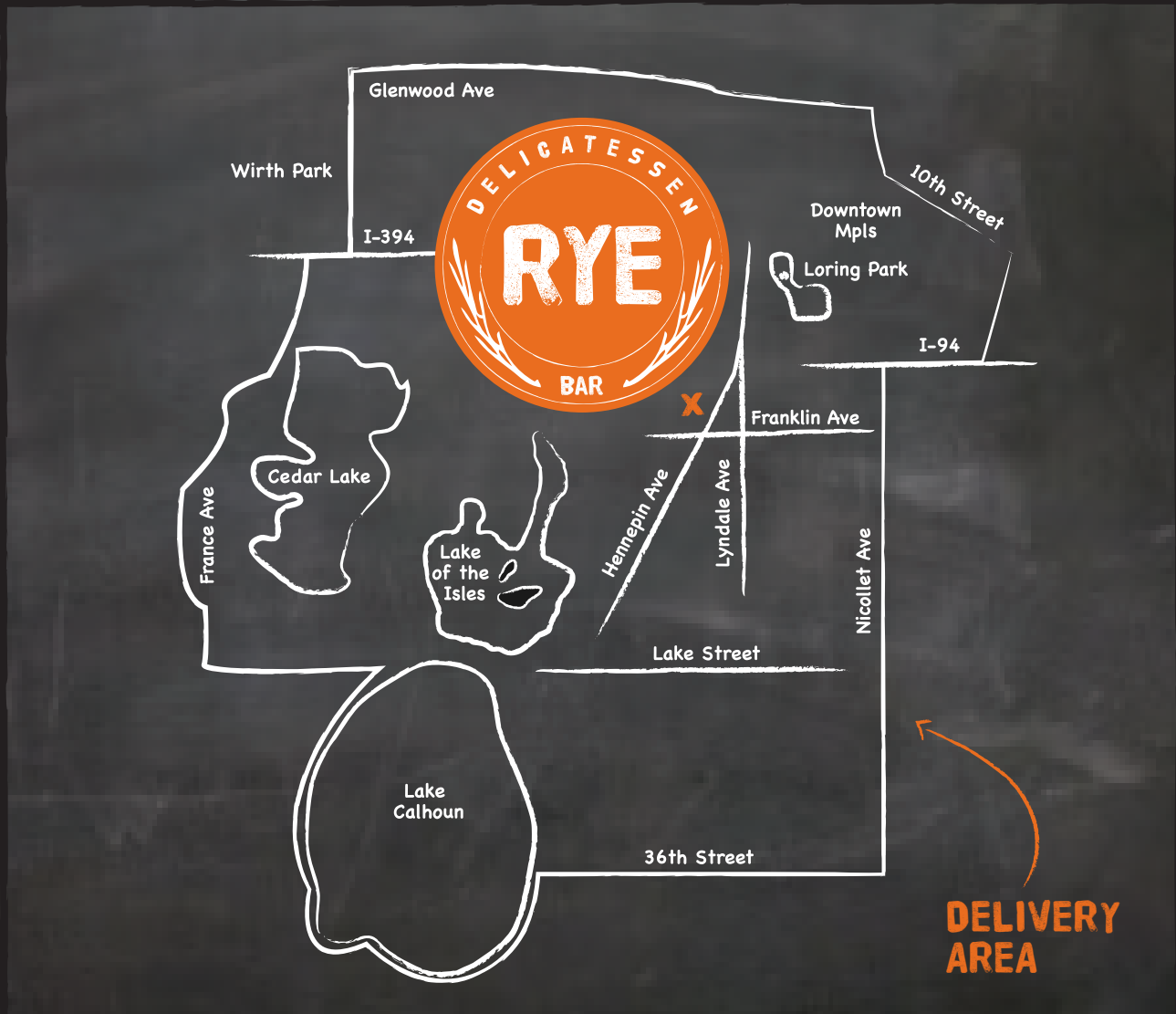
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